

Millionaire Morning: (HSO)

SL: How 15 mins a day changed my life

Hey {First Name},

Normally I don't talk much about myself, so that the people don't think I'm bragging.

But it is very important that I talk today.

Because when I tell someone that I came from the same situation that they are in right now, they ignore it.

I used to wake up at 4 am every day just to get ready for my job as a personal trainer in a gym for the richest families in the city.

I used to work **60+ hours a week**, just to make ends meet.

When I used to come home at 7 pm, I had no energy.

I couldn't make my own dinner; I didn't even have the energy to talk to my wife and children.

The only energy I had was for watching TV while sitting on the couch.

The fact that I couldn't spend time with my family strained our relations, obviously.

I always complained to others that I hated my job and despite putting in all the effort, I could barely survive.

I had big goals which I wanted to achieve but I couldn't because I didn't know what to do.

Are you feeling the same?

Don't worry, It's not your fault.

Nobody taught us how to actually succeed in life, they all wanted us to be slaves working for them.

We work our asses off for them so that they can make money and we rot to make our ends meet.

I read all the self-help books but didn't dare to change. Until I came across this quote from **THE ROCK**;

“One Day, or Day One.”

I realized that I was wasting my life working for others and that this is my moment to change.

When I turned towards my Mentor Mark Ford for advice, he said that all I needed to do was to get my first objective done for the day

Even if it was for **15 minutes**, It was like a lightbulb went off.

I acted on his advice and gave my first 15 minutes of the day towards my online business.

And in **6 months** I was not only able to leave my tiring job, but also got my own house.

I was able to finally spend time with my friends and family and establish a great relationship with them.

If you want to break free from this cycle of rat race, working long hours just to make ends meet.

All you need to do is to [download](#) my **FREE E-Book** and implement what it says into your life.

And if you stay true to your values, it will take you a matter of months to change your life.

I'm waiting for you at the top,

{My Name}