

Awesome Kidz 3

Unit 2 Lesson 17



Aim: Students will learn and recognize common health vocabulary words (fever, toothache, stomachache, flu, sore throat) and associate them with corresponding symptoms.

Time: 45-60 minutes

Materials:

- Toy medical kits or simple props like band-aids, a thermometer, and a stethoscope. If these are not available you can make them out of cardboard.
- Flashcards (flu, fever, toothache, stomachache, sore throat)
- AK Sickneses Song

Tip: Make sure to emphasize kindness when students role-play as the doctor. Encourage them to “take care” of their friends, promoting empathy. Real-life connections: If possible, connect the lesson to students’ real experiences with health (without focusing too much on any traumatic experiences) to build deeper understanding and comfort with the topic.

Engage:

Doctor’s Office Role Play

Set up a pretend doctor’s office in the classroom. Have toy medical tools (like stethoscopes, thermometers, and bandages).

Role-play with the students where one is the doctor and the others are patients. As each “patient” enters, they explain how they feel using the target vocabulary (e.g., "I have a fever" or "I have a stomachache").

The doctor can respond by pretending to give the patient advice (e.g., "Drink water," "Rest," etc.).

Explore & Practice:

Symptom Matching

Show the page from the book, where each image corresponds to a health issue (fever, toothache, flu, etc.).

Discuss each symptom and ask students if they’ve ever experienced it. For example, ask, “Have you ever had a fever? How did it feel?”

Ask students to trace the words below each picture (e.g., fever, toothache). As they trace, say each word aloud and ask them to repeat after you.

Feel Better Actions

Use movement to reinforce the vocabulary. For each health issue:

- Fever: Students can act like they’re hot by fanning their faces.

- Toothache: They hold their cheeks as if in pain.
- Stomachache: They gently hold their bellies.
- Flu: They pretend to sneeze.
- Sore Throat: They rub their throats as if it's hard to speak.
- After acting out each symptom, ask them what they would do to feel better. For example, "What do you do if you have a sore throat?" (Drink water, rest, etc.)

Closing:

Healthy Habits Circle

- Sit in a circle with the students. Ask them to share one thing they do to stay healthy, like brushing their teeth, eating fruits, or washing their hands. You can prompt them by saying, "How can we stay healthy and avoid a fever?"
- Discuss the importance of healthy habits to prevent common illnesses.
- End by encouraging students to take care of their health at home by practicing what they've learned.

Note: After this lesson, students can do **Fun Book** page 59.