

Obstacle Course

Obstacle courses are great fun and can be an inside or outside activity. Have a look around your home and find items you could use to create an obstacle course.

You could use buckets, rope, sticks, toys, cushions, chalk, etc.



Sharing your work

Please remember to photograph your work as you go and share it with your teachers via email. You might also like to share what you have done with others in your home, in an email or skype with family.

Literacy

Draw a plan of what your course will look like and label which object or objects you will need to make each section.

Make a list of all the objects you need and tick them off as you find them.

Write a set of instructions on how to use the course. This can then be read to or by anyone who wants to have a turn.

Numeracy

Measure the distance of the course. You might use a ruler, tape measure or even your own feet.

Measure the height of any jumps. You might use a ruler, tape measure or hand height.

Time how long it takes to complete the course. You could use a timer or count out loud.

Keep a tally of how many times someone in your family completes the course. Who completed it the greatest number of times or the fewest number of times?

Other curriculum areas

Physical Education

Completing the course will be great for your fitness. If you can, you might like to leave it up for a few days and see if you can get faster.

You might like to add a challenge to the course to make it harder.

Could you make any changes so that someone using a wheelchair could complete the course?

Art - Photography

Are you able to take an action shot of someone using the course? Think about angles, light and what would look the most exciting in a photo.