



Adult Learning

- ★ [CASEL Competencies](#)
- ★ [Dallas ISD Environmental Scan](#)
- ★ Visit us at www.dallasisd.org/sel

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Explicit Skills

Educator Resources

- Classroom Explicit Skills Lessons

[Quarter 1 Flier](#)

[Quarter 2 Flier](#)

[Quarter 3 Flier](#)

[Quarter 4 Flier](#)

Register for an account:

- Elementary: Harmonysel.org/registration
- Middle School: [Random Acts of Kindness](#)
- High School: [7Mindsets](#)

Family Engagement

Family Resources

- [Social and Emotional Learning Resources for Parents and Caregivers](#)
- Sign up for the SEL Family Newsletter ([English](#) / [Spanish](#))
- www.dallasisd.org/selfamilies

Content Integration

Educator Resources

- [Dallas ISD SEL Standards](#)
- [Instructional Strategies that Promote SEL](#)
- [Academic Mindsets Classroom Posters](#)
- [Academic Mindsets Handout](#)

Climate and Culture

Calming Area Resources

- [Article: Actionable Strategies](#)
- [Calming Area Overview and Ideas](#)
- [Calming Area Posters](#)
- [OST - Calming Area Guidance](#)
- [Steps to Handling Big Emotions](#) (.jpg)
- [Calming Area Expectations](#)

Mood Meter Resources

- [Pre-K - 2nd \(Eng/Sp\)](#) \ [Student Copy](#)
- [Grades 3 and up \(Eng/Sp\)](#) \ [Student Copy](#)
- [Self Regulation](#) Strategies for the Strategy Board

Shared Agreements

- [Harmony Goals \(K-2\) / Treatment Agreements \(3-5\)](#)
- [Harmony Goals Guidance](#)

Signature Practices

- [Warm Welcoming](#) (Educators)
 - [Greeting at Threshold](#)
- Engaging Practices
 - [PureEdge Brain Break Cards](#)
 - [Dallas ISD Collection \(All Grades\)](#)
- [Optimistic Closings](#)

Partnering Organizations

Big Thought **CASEL.org** **PureEdgeInc.org** **RHITHM.app**