



Girls on the Run Tri County SC Alumni Scholarship

Mission of Girls on the Run:

We inspire girls to be joyful, healthy and confident using a fun, experience-based curriculum which creatively integrates running.

Girls on the Run Tri County SC began offering programs in 2003 at various elementary and middle schools. This scholarship program is a way for our organization to give back and support our alumni. We have established three \$1500 scholarships for girls who participated in a Girls on the Run (Grades 3-5) or Heart & Sole (Grades 6-8) program. One scholarship will be awarded for each county our program represents- York, Chester and Lancaster.

Eligibility Criteria:

Any girl who participated in a Girls on the Run (grades 3-5) or Heart & Sole program (grades 6-8) in York, Chester or Lancaster Counties and will enter college in the fall of 2025 is eligible to apply for a Girls on the Run Tri County SC scholarship.

Scholarship Guidelines:

The scholarship will be administered according to the following guidelines:

1. Girls on the Run Tri County SC will administer this scholarship by utilizing a scholarship committee, which will consist of at least three members of the Board of Directors.
2. The scholarship will be awarded for \$1,500 and shall be payable to the recipient and the college that the recipient is planning to attend. The recipient will provide a copy of their college invoice to the Girls on the Run Tri County SC Board of Directors, and a check will be written jointly to the recipient and the college. The \$1,500 scholarship will be a one-time payment.
3. Only girls who formerly participated in a Girls on the Run or Heart & Sole program in York, Chester and Lancaster Counties will be eligible for the scholarship.
4. Only girls who are seniors in a York, Chester or Lancaster County high school are eligible for this scholarship.
5. Scholarship recipients must enroll as a full-time college student in the fall semester following the award of the Girls on the Run Tri County SC scholarship.
6. The recipient of the scholarship must:
 - a. Have a minimum GPA of 3.0 (weighted)
 - b. Exhibit the ideals from the Girls on the Run Vision and Values of being joyful, optimistic, grateful, and nurturing of one's health.

- c. Respond to the open-ended/essay responses on the 2nd page of this application
 - d. Submit two letters of character reference (one from a teacher and one from another person of one's choosing such as a coach, advisor, or employer). The reference letters should focus on how you exhibit the traits described in item (b) above.
 - e. Complete a community service project within the academic school year. A one page summary of the community service project with signature from the project coordinator also needs to be submitted.
 - f. Submit a current high school transcript
- 7. The Scholarship Committee reserves the right to interview all candidates or only the top finalists, at the committee's discretion.
 - 8. The Scholarship recipients will be notified of their selection by the Girls on the Run Tri County SC Scholarship Committee and will be recognized during the student's school awards program or as the school administration deems appropriate.
 - 9. Decisions of the Girls on the Run Tri County SC Scholarship Committee are final.

**Girls on the Run Tri County SC
2025 Scholarship**

Respond to the short answer questions below by attaching a separate document. The document should not exceed two typed pages, single-spaced.

*Your name and high school should be clearly indicated at the top of your document.

*Please attach a current copy of your transcript and your two letters of reference.

- I. Provide the year and location of your Girls on the Run or Girls on Heart & Sole program participation in York, Chester or Lancaster County, along with your reflections on that experience, including the culminating 5K.
- II. List the activities that you have participated in during high school, along with honors received or offices held.
- III. The Girls on the Run program is designed to help girls recognize and honor their individual strengths and talents and to celebrate their inner selves. Describe your inner strengths and talents as you see them, and describe your perspective of what it means to “celebrate your inner self”.
- IV. Describe your future plans, along with your view of how you will maintain your physical, emotional and social well-being as you transition to college and adulthood. How can you help inspire and support others to do the same?

***Please submit these documents to the address/contact information below by Friday April 18, 2025. Applications may be mailed or emailed but must be received by date above.**

Girls on the Run Tri County SC
Attn: Scholarship Committee
2431 Cherry Road
Rock Hill, SC 29732
Lindy.morris@girlsontherun.org