

January 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	No School	5 Lift 8:15 a.m. Positionals 9:15 a.m.	6 Speed & Agility 8:45 a.m. Positionals 9:30 a.m.	7 Lift 8:15 a.m. Positionals 9:15 a.m.	8 <i>Charactre Ed- Growth Mindset and Goal Setting</i>	9 January Classic (Flyers & TAV) 10
11 Recovery 8:45 a.m. 2 courts @ 9:30am (freshman & setters)	12 Lift 8:15 a.m. Positionals 9:15 a.m. 1 court @ 9:15am	13 Speed Work 8:45 a.m. Positionals 9:30 a.m. 2 courts @ 9am	14 Lift 8:15 a.m. Positionals 9:15 a.m. 2 courts @ 9:15am	15 Family Competition- Pickleball pt 1	16	17 Tour of Texas (Austin) Local TNT (Grapevine)
18 No School	19 Lift 8:15 a.m. Setters 9:15am	20 Speed Work 8:45 a.m. Freshman 9:30 a.m.	21 Lift 8:15 a.m. Returners 9:15 a.m.	22 <i>Character Ed- GBBall vs HP</i>	23	24 Rise Energy (Dallas)
25 Recovery Stations 8:45 a.m. Setters/Freshman Court Snow Day- No School	26 Lift 8:15 a.m. Positionals 9:15 a.m. Snow Day- No School	27 Speed Work 8:45 a.m. Returners 9:30 a.m. Snow Day- No School	28 Lift 8:15 a.m. Positionals 9:15 a.m. Snow Day- No School	29 Family Competition- Pickleball pt 2	30	31 NT Unity (Dallas?)

February 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
1 Recovery Stations 8:45 a.m. Freshman 9:30 a.m.	2 Lift 8:15 a.m. Study Hall 9:15 a.m. (No Court) Rachel's Challenge in Aux Gym	3 Speed Work 8:45 a.m. Everyone 9:30 a.m.	4 Lift 8:15 a.m. Returners 9:15 a.m.	5	6	7
8 Recovery Stations 8:45 a.m. Setters/Freshman Court	9 Lift 8:15 a.m. Positionals 9:15 a.m.	10 Speed Work 8:45 a.m. Returners 9:15 a.m. <i>Booster Board Meeting</i>	11	12 Lift 8:15 a.m. Positionals 9:15 a.m.	13 No School	14
15 No School	16 Lift 8:15 a.m. Positionals 9:15 a.m.	17 Speed Work 8:45 a.m. Returners 9:15 a.m.	18 Lift 8:15 a.m. Positionals 9:15 a.m. Pulse vs Ingite?	19	20	21
22 Recovery Stations 8:45 a.m. Setters/Freshman Court	23 Lift 8:15 a.m. Positionals 9:15 a.m. <i>Telpas Testing (Main Gym)</i>	24 Speed Work 8:45 a.m. Returners 9:15 a.m. <i>Telpas Testing (Main Gym)</i>	25 Lift 8:15 a.m. Positionals 9:15 a.m.	26	27	28 Sunshine Classic (Florida)

March 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
1	2 Recovery Stations 8:45 a.m. Setters/Freshman Court	3 Lift 8:15 a.m. Positionals 9:15 a.m.	4 Late Arrival	5 Lift 8:15 a.m. Positionals 9:15 a.m.	6	7
8	9 Recovery Stations 8:45 a.m. Setters/Freshman Court	10 Lift 8:15 a.m. Positionals 9:15 a.m.	11 Speed Work 8:45 a.m. Returners 9:15 a.m.	12 Lift 8:15 a.m. Positionals 9:15 a.m.	13 Pulse vs Fury?	14 Philly Tournament
15	16 Spring Break	17 Spring Break	18 Spring Break	19 Spring Break	20 Spring Break	21
22	23 Recovery Stations 8:45 a.m. Setters/Freshman Court	24 Lift 8:15 a.m. Positionals 9:15 a.m.	25 Speed Work 8:45 a.m. Returners 9:15 a.m.	26 Lift 8:15 a.m.	27	28
29	30	31				

April

2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Lift 8:15 a.m. Positionals 9:15 a.m.	Speed Work 8:45 a.m. Returners 9:15 a.m.	1 Lift 8:15 a.m. Positionals 9:15 a.m. (Hill)	2 No School	3 4
5 Bad-Weather Make-Up Day	6 Late Arrival	7	8 Fowler Talk FitnessGram & Mile	9 Lift 8:15 a.m. Positionals 9:15 a.m.	10	11
12 Recovery Stations 8:45 a.m. Freshman Court	13 Lift 8:15 a.m. Positionals 9:15 a.m.	14	15 Speed Work 8:45 a.m. Returners 9:15 a.m.	16 Lift 8:15 a.m. Positionals 9:15 a.m.	17	18
19 Recovery Stations 8:45 a.m. Freshman Court	20 Lift 8:15 a.m. Positionals 9:15 a.m.	21 Late Arrival	22 Lift 8:15 a.m. Positionals 9:15 a.m.	23	24	25
26 Recovery Stations 8:45 a.m. <i>Book Study Part 4 Presentation</i>	27 Lift 8:15 a.m. Positionals 9:15 a.m.	28	29 Speed Work 8:45 a.m. Returners 9:15 a.m.	30 Bad-Weather Make-Up Day		

May

2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					No School	1
3	4 Recovery Stations 8:45 a.m. Freshman Court AP Testing	5 Lift 8:15 a.m. Positionals 9:15 a.m. AP Testing NHS meeting (8:30am)	6 Speed Work 8:45 a.m. Returners 9:15 a.m. AP Testing	7 Lift 8:15 a.m. Positionals 9:15 a.m. AP Testing *MANDATORY SPRING PLAYER & PARENT MEETING 6:00 p.m.	8 AP Testing	9
10	11 Recovery Stations 8:45 a.m. Freshman Court AP Testing	12 Lift 8:15 a.m. Positionals 9:15 a.m. Gear Turn-in AP Testing	13 Speed Work 8:45 a.m. Returners 9:15 a.m. Impact Testing (incoming juniors) AP Testing	14 Lift 8:15 a.m. Positionals 9:15 a.m. End of Year Celebration/ Breakfast AP Testing	15 AP Testing	16
17	18 TBD Celebration of Learning	19 TBD Mass Physicals @ LSHS	20 TBD	21	Last Day of School	22
24	25 <i>Memorial Day</i>	26 OFF	27 OFF	28 OFF	29 OFF	30

ALL CALENDAR ITEMS ARE TENTATIVE - THIS IS A LIVE DOCUMENT, CHANGES OFTEN!!

June 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	PC Starts PC 9-10:30 a.m. CAMP: 3rd-8th 11am-1pm Incoming Freshmen 1-3pm	2	3	4	5	6
8	Skills 1: Freshman Skills 2: Returners	9	10	11	12	13
15	Skills 2 7:30-8:30 a.m. PC 9-10:30 a.m.	16	17	18	19	20
22	Skills 2 7:30-8:30 a.m. PC 9-10:30 a.m.	23	24	25	26	27
29	OFF	30				28

July 2065

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 OFF	2 OFF	3 OFF	4 OFF	5
6	7 Skills ALL 7:30-8:30 a.m. PC 9-10:30 a.m.	8 PC 9-10:30 a.m. Skills ALL 10:45-11:45 a.m.	9 Skills ALL 7:30-8:30 a.m. PC 9-10:30 a.m.	10 PC 9-10:30 a.m. Skills ALL 10:45-11:45 a.m.	11 OFF	12
13	14 Skills ALL 7:30-8:30 a.m. PC 9-10:30 a.m.	15 PC 9-10:30 a.m. Skills ALL 10:45-11:45 a.m.	16 Skills ALL 7:30-8:30 a.m. PC 9-10:30 a.m.	17 PC 9-10:30 a.m. Skills ALL 10:45-11:45 a.m.	18 OFF	19
20 THSCA Coaching School	21 THSCA Coaching School	22 TEAM CAMP 1-3:30 p.m. THSCA Coaching School	23 TEAM CAMP 1-3:30 p.m.	24 TEAM CAMP 1-3:30 p.m.	25 OFF	26
27	28 OFF Porch Visits	29 OFF	30 OFF	31 OFF Ranger Academy 4:30 p.m.		

August 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			.		1 TRYOUTS DAY 1	2 TRYOUTS DAY 2

							9th 8-10 am 10-12th 10 am - noon ALL 2-5 pm <i>Round 1 Conversations</i>	All 9-noon <i>Round 2 Conversations</i>
3 <i>*Practice Times Tentative due to Teacher PD schedule (plan for 2 a days all week)</i>	4 <i>Program-wide Pictures 9am-noon</i>	5 <i>Practice 2:30-5 p.m.</i>	6 <i>Practice 6-8 a.m. (aux only)</i> <i>Practice 3-5 p.m.</i>	7 <i>Practice 6-8 a.m.</i> <i>Practice 3-5 p.m.</i>	8 <i>Practice 11 a.m. - 1pm</i> <i>F/JV Scrimmage vs. Heath/Wylie East 5 p.m. @ LSHS</i> <i>V @ FHS (V leave 3:45pm)</i>	9 <i><u>V/JV Scrimmage at Keller and Fat Colleyville 9 a.m.</u></i> <i>(JV/V leave @ 7:30am, F leave @ 7:45am)</i>		
10 <i>Home Visits</i>	11 <i>Practice 7:30 a.m.</i>	12 <i>Practice 8 a.m.</i>	13 <i>Practice 7:30 a.m.</i>	14 <i>Practice 7:30 a.m.</i>	15 <i>F/JV Practice 8 a.m.</i> <i><u>V Garland Tournament</u></i> <i>Leave at 8 a.m.</i>	16 <i><u>V Garland Tournament</u></i>		
17	18 <i>Practice 7:30 a.m.</i>	19 <i>Practice 8 a.m.</i>	20 <i>Practice 7:30 a.m.</i>	21 <i>Practice 7:30 a.m.</i>	22 <i>F/JV Practice 8 a.m.</i> <i><u>V Allen Tournament</u></i>	23 <i><u>V Allen Tournament</u></i>		
24	25 <i>Practice 7:30 a.m.</i>	26 <i>Practice 8 a.m.</i>	27 <i>Practice 7:30 a.m.</i>	28 <i>Practice 7:30 a.m.</i>	29 <i>Practice 8 a.m.</i>	30 <i><u>V 5:30 F/JV 6:30 vs. Prosper</u></i>		

September 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	1	2	3	4	5	6

				Practice 7:30 a.m.	Practice 7:30 a.m.	Practice 8 a.m.	V practice/recovery 8:30-10 a.m.
	NO SCHOOL V Practice 1-3 p.m.	NO SCHOOL - Teacher PD. F/JV 5:30 V 6:30 @ Colleyville Heritage Leave at 3:30				V 5:30 F/JV 6:30 @ Walnut Grove Leave at 3:45pm	IV Dual @ PC Garland Freshman Tournament MS Tournament
7	Practice 7:30 a.m.	8	Practice 8 a.m. F/JV 5:30 V 6:30 Volleyball vs. Newman Smith	9	Practice 7:30 a.m. <i>Last day of UpTempo Fundraising!</i>	10	Practice 7:30 a.m.
						11	Practice 8 a.m. V 5:30 F/JV 6:30 Volleyball @ Highland Park V Leave at 3:15 F/JV leave 3:45
12						13	FISD Freshman & JV Tournament V practice/recovery 8:00-9:00am.
14	Practice 7:30 a.m.	15	Boals Boosterthon 7:25-7:50 Practice 8 a.m. F/JV 5:30 V 6:30 Volleyball vs. Creekview MS Night	16	Practice 7:30 a.m.	17	Practice 7:30 a.m.
						18	Practice 8 a.m. V 5:30 F/JV 6:30 Volleyball vs. Reedy
19						20	V practice/recovery 9-10:30 a.m.
21	Practice 7:30 a.m.	22	Practice 8 a.m. F/JV 5:30 V 6:30 Volleyball @ Turner Leave at 3:30	23	Practice 7:30 a.m.	24	Practice 7:30 a.m.
						25	<i>Team Dinner (per team)</i>
26						27	V practice/recovery 9-10:30 a.m.
28	Practice 7:30 a.m.	29	Practice 8 a.m. F/JV 5:30 V 6:30 Volleyball @ The Colony Leave at 4:00	30			

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October 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 PSAT (10th & 11th grade) No Practice	2 Practice 7:30 a.m.	3 Practice 8 a.m. V 5:30 F/JV 6:30 Volleyball @ Newman Smith Leave at 3:45	4
5 Practice 7:30 a.m.	6 Practice 8 a.m. F/JV 5:30 V 6:30 Volleyball vs. Highland Park Pink Out Night	7 Practice 7:30 a.m.	8 Practice 7:30 a.m.	9	10 NO SCHOOL V Walkthrough 2:45 p.m. V 5:30 F/JV 6:30 Volleyball @ Creekview Leave at 3:30	11
12 NO SCHOOL V Practice 8-10am	13 NO SCHOOL V Practice time 8-10am F/JV 5:30 V 6:30 Volleyball @ Reedy Leave at 4:00	14	15 Practice 7:30 a.m.	16 Practice 7:30 a.m.	17 Practice 8 a.m. V 5:30 F/JV 6:30 Volleyball vs. Turner Senior Night	18
19 Practice 7:30 a.m. <i>Team Dinner (per team)</i>	20 Practice 8 a.m. F/JV 5:30 V 6:30 Volleyball @ Wakeland Leave at 4:00	21 Practice 7:30 a.m.	22 Practice 7:30 a.m. <i>Start of Basketball Season</i> Trent vs Stafford @ LSHS	23 Practice 7:30 a.m. Halloween Practice	24 Practice 8 a.m. V 5:30 F/JV 6:30 Volleyball vs. The Colony	25 Homecoming Dance
26 V Practice 7:30 a.m. F/JV Gear Turn-In 9 a.m.	27 V Practice 8 a.m. WARMUP GAME TBD District Certification	28 V Practice 7:30 a.m.	29 V Practice 7:30 a.m.	30 V Practice 7:30 a.m. Bi-District	31 V Practice 8 a.m. Bi-District	

November 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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December 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Stretch 8:45 a.m.	2 Lift 8:45 a.m.	3 Speed Work 8:45 a.m.	4 Lift 8:45 a.m.	5	6
7 Volleyball Banquet	8 Stretch 8:45 a.m.	9 Lift 8:45 a.m.	10 Speed Work 8:45 a.m.	11 Lift 8:45 a.m.	12	13
14	15 Stretch 8:45 a.m.	16 Lift 8:45 a.m.	17 Speed Work 8:45 a.m.	18 Winter Break Program Breakfast	19	20
21	22 Winter Break	23 Winter Break	24 Winter Break	25 Winter Break	26 Winter Break	27
28	29 Winter Break	30 Winter Break	31 Winter Break		Winter Break	