

Breastfeeding & Pregnancy Book List of Must Reads!

By [Tanessa Toten](#) on Thursday, May 30, 2013 at 12:53am

Breastfeeding Books:

Ina May's Guide To Breastfeeding by Ina May Gaskin.

Breastfeeding Made Simple by Nancy Mohrbacher & Kathleen Kendall-Tackett.

The Womanly Art Of Breastfeeding by Diane Wiessinger, Diana West and Teresa Pitman.

Mothering Your Nurisng Toddler by Norma Jane Bumgarner

Breastfeeding Naturally by Hannah Lothrop

Pregnancy & Childbirth Books:

The Natural Pregnancy Book by Aviva Jill Romm(Herb,s Nutrition, And Other Holistic Choices).

Ina May's Guide To Childbirth by Ina May Gaskin.

Birth Matters : A Midwife's Manifesta by Ina May Gaskin.

The Doula Guide To Birth by Ananda Lowe & Rachel Zimmerman.

Spiritual Midwifery by Ina May Gaskin.

The Complete Book Of Pregnancy & Childbirth by Sheila Kitzinger.

Gentle Birth Choices by Barbara Harper R.N.

Silent Knife : Cesarean Prevention And Vagianl Birth After Cesarean (VBAC) by Nancy Wainer Cohen & Lois J. Estner.

After The Baby's Birth, A Woman's Way To Wellness by Robin Lim.

The Business Of Baby by Jennifer Margulis.