

## Memphis Resources for Families

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| <a href="#"><u><b>TN TANF Emergency Cash Assistance for those impacted by COVID-19</b></u></a><br>Provides up to two months of cash assistance for employees who, since March 11, 2020, have lost at least 50 percent of their earned income as a result of the pandemic and whose home includes a child under the age of 18 or a pregnant woman. Please refer to the eligibility guidelines on the website. | <a href="#"><u><b>Memphis Food Industry Worker Assistance</b></u></a><br>For Memphis service industry workers affected by the COVID-19 crisis.                                                                                                                                               |
| <a href="#"><u><b>National Domestic Workers Alliance - Coronavirus Care Fund</b></u></a><br>Support for home care workers, babysitters and household cleaners during the COVID-19 pandemic. Qualified applicants who are experiencing financial difficulties due to the pandemic can receive \$400 in emergency assistance from the fund.                                                                    | <a href="#"><u><b>PenFed COVID-19 Emergency Financial Relief Program</b></u></a><br>Grant relief for one month's pay (up to \$1,500) for rent, mortgage, auto payments or utilities. Available to eligible veterans and current active duty, reserve and National Guard members.             |
| <a href="#"><u><b>MIFA Emergency</b></u></a><br>Provides assistance with bill payments and rentals for low-income households, as well as up to \$600 until funds are exhausted.<br>Phone: 901-527-0208<br>Address: 910 Vance Ave, Memphis, TN 38126                                                                                                                                                          | <a href="#"><u><b>Mid-South Food Bank</b></u></a><br>Distribute food through a mobile food pantry to those experiencing food insecurity.                                                                                                                                                     |
| <a href="#"><u><b>Memphis, Light, Gas &amp; Water (MLGW)</b></u></a><br>It offers payment and assistance programs, as well as extension policies.<br>Phone: 901-544-6549<br>Address: 220 South Main St, Memphis, TN 38103                                                                                                                                                                                    | <a href="#"><u><b>Shelby County Community Services Agency</b></u></a><br>Provides assistance with bill payments and rentals for low-income households, as well as up to \$600 until funds are exhausted.<br>Phone: 901-222-4315<br>Address: 3772 S Hickory Ridge Mall #516 Memphis, TN 38115 |
| <a href="#"><u><b>Christ Community Health Services</b></u></a><br>COVID-19 Free Trial at Hickory Hill.                                                                                                                                                                                                                                                                                                       | <a href="#"><u><b>Neighborhood Christian Centers Memphis</b></u></a><br>Christ Community Neighborhood Christian Center<br>Phone: 901-881-6013<br>Address: 785 Jackson Ave, Memphis, TN 38107                                                                                                 |
| <a href="#"><u><b>MLGW COVID Assistance</b></u></a><br>Public service assistance.                                                                                                                                                                                                                                                                                                                            | <a href="#"><u><b>School Meal Finder</b></u></a><br>Find free meals near you.                                                                                                                                                                                                                |
| <a href="#"><u><b>YMCA Childcare</b></u></a><br>Free childcare for essential workers.                                                                                                                                                                                                                                                                                                                        | <a href="#"><u><b>Mental Health America</b></u></a><br>Free mental health screenings.                                                                                                                                                                                                        |
| <a href="#"><u><b>National Lifeline for Suicide Prevention</b></u></a><br>1-800-273-8255                                                                                                                                                                                                                                                                                                                     | <a href="#"><u><b>TN Labor and Workforce Development</b></u></a><br>Job placement and employment services.                                                                                                                                                                                   |