Counselor's Corner

Classroom Lessons:

During the month of March I will be teaching lessons in the classrooms on a variety of topics including active listening and responsible decision making.

Teacher/Parent Partnership:

Family Partnership:

Here are some great frames of thought for you to use as you help your child grow their ability to use self control.

TIPS FOR A GREAT ADULT-CHILD PLAYTIME

- Give the child your full attention. Turn off your phone and the TV. Tell the child how long you will play. You can set a timer to help keep track of time.
- Let the child choose the activity; then let them lead. Do what the child does. They may say, "I'm building a castle with my blocks." Respond by saying, "I will build a castle, too!"
- Show the child that you enjoy playtime. Smile and laugh.
- Praise the child for using new skills or trying to use new skills. For example, you could say, "I like how high you hit the ball into the air!"
- Let the child know when there is one minute of playtime left. This will help prevent sadness when playtime ends.
- When playtime is done, help the child transition. Give choices. For example: "Do you want to help me wash the dishes? Or do you want to continue playing with your blocks?"

Contact:

If your family or student needs help in a way that I can offer, please fill out this form for me to visit with them! This form will also be made accessible to you by your student's teacher.