

Marriage Coaching Package Options

I will help you make a final decision on which option is best for you during your consultation! [Schedule it here.](#)

For more details about Coaching 1:1 with Hannah (beyond the things you get, as listed below) [click here.](#)

UNLEASH YOUR LOVE 6 MONTH PACKAGE

~20 1:1 hour-long calls together over 6 months.

~Recordings of our sessions so you can revisit and deeply integrate your coaching.

~Your Set The Stage Kick-Start Module. Right away you'll get access to a whole module of videos, handouts, and exercises to get you prepared to make the very most of this program and set the stage for the most powerful shifts to happen. This way, you'll get super clear about what you are working towards and get fully committed to the incredible journey you are about to take, so you can finally have the loving supportive relationship that you've always wanted.

~Life-long access to the robust 4 Pillars of An Amazing Marriage Learning Site.

Learn what really leads to loving intimacy through deep teachings (broken down into easily digestible pieces) on the 4 steps to an amazing marriage, including a treasure trove of teaching videos, downloadable guided audios, booklets to help you master sensitive communication and self coaching, and exercises to support you in transforming your marriage from the inside out. All this so you can not only understand, but also get into your bones, what works for incredible love and connection.

~The 8-Week Better Marriage Jumpstart, a specially designed booster sequence of the most important things to *do* to start seeing positive change and more loving

connection in your relationship right away. When you implement these, within 8 weeks of signing up you will be thrilled by how much better things feel.

~Free access to bonus live group relationship skill-building workshops and practice labs

-Option to add on UYL Together (see below)

SEE FULL DETAILS [HERE](#)

UNLEASH YOUR LOVE 9 MONTH PACKAGE

(can include your *willing* partner)

Tell me you're interested in this package on our consult.

[Schedule it here.](#)

-30 hour long calls over 9 months. The first 15-20 are just for you.

-Flexible use of the remaining calls after the first 15-20 calls, (we will discuss if we think inviting your partner to use some of the remaining calls for himself would be a good step forward).

-2 90-minute bonus couples calls.

~Recordings of our sessions so you can revisit and deeply integrate your coaching.

~Your Set The Stage Kick-Start Module. Right away you'll get access to a whole module of videos, handouts, and exercises to get you prepared to make the very most of this program and set the stage for the most powerful shifts to happen. This way, you'll get super clear about what you are working towards and get fully committed to the

incredible journey you are about to take, so you can finally have the loving supportive relationship that you've always wanted.

~Life-long access (for both of you) to the robust 4 Pillars of An Amazing Marriage

Learning Site. Learn what really leads to loving intimacy through deep teachings (broken down into easily digestible pieces) on the 4 steps to an amazing marriage, including a treasure trove of teaching videos, downloadable guided audios, booklets to help you master sensitive communication and self coaching, and exercises to support you in transforming your marriage from the inside out. All this so you can not only understand, but also get into your bones, what works for incredible love and connection. *Includes abbreviated learning site plan for him.*

~The 8-Week Better Marriage Jumpstart, a specially designed booster sequence of the most important things to *do* to start seeing positive change and more loving connection in your relationship right away. When you implement these, within 8 weeks of signing up you will be thrilled by how much better things feel.

~~Free access to bonus live group relationship skill-building workshops and practice labs

-Option to add on UYL Together (see below)

Optional Add On for during or after your 6 or 9 month package: UYL Together

(Tell me you're interested in this package on our consult. [Schedule it here.](#))

~ 6 extra calls for your partner

~2 90 min couples sessions

~abbreviated learning site plan for him

TRYING TO DECIDE WHICH IS FOR YOU?

Here's a run down of the advantages of the options:

Advantages of 6 month Package:

- Does not include your partner, does not depend on his participation to make the changes you want.
- Is intensive and deep learning in a short time period.
- Has a good amount of direct 1:1 time.
- Is great for a more limited budget.

Advantages of 9 month package:

- More time with me to make and integrate sustained changes. My most successful clients take the time they need to truly make deep lasting changes. This package gives you that time.
- Your partner's active participation in improving your marriage— doing his part of the work, and being educated in this powerful approach to marriage improving, so you can be on the same page.
- Bonus couples sessions (at no fee) to promote better understanding, communication, and team supportiveness, and solve any sticky issues.
- The deepest commitment option—and deeper commitment always leads to deeper changes.
- The most value-packed option for your investment.

Advantages of UYL Together Add on:

- Great for down the road if your partner decides he wants to participate in the 6 month option, or you want to extend his work in the 9 month option.
- The disadvantage is the cost is more. If your partner is clear he wants to be involved now, I recommend the 9 month option. If not, keep this option in mind as you move through our time together.

If you still are unsure which is for you, I can help you decide on your consult! [Schedule it here.](#)