

**Kambala Junior School
2026 Term 1 Saturday Sport Choice**

Saturday sport is conducted under the auspices of the Independent Primary School Heads of Australia (IPSHA). In order for Kambala to plan ahead, girls are asked to select the sport they intend to participate in Term 1 2026. Please read the following information carefully before completing the online permission form [here](#) by **4pm 11 November 2025**.

Please note: Current Kambala students who submit late applications for Term 1 Sport 2026 will be placed on a waiting list and there is no guarantee that they will be placed in a team as entries must be lodged this year. We will endeavour to accommodate all 'new girls' where possible.

GENERAL INFORMATION

Travel Arrangements: Girls are required to make their own way to all fixtures/games on a Saturday and training sessions.

Commitment: Once an undertaking has been made to a team, students are expected to attend **all training sessions and fixture games**. If a girl is away ill, then an email to the Junior School Sports Department is required. Please remember girls are asked to arrive 30 minutes prior to the scheduled start of a game in order to warm up appropriately. It is important to notify the Junior School Sports Department well ahead if there is a prior engagement that causes concern in fulfilling a girl's sport commitment.

Confirmation: A list confirming team allocation will be placed on Sundial prior to the competition start for girls to check.

Game Venues: IPSHA venues are located throughout the Sydney Metropolitan area. Please be aware that your daughter must be available to play in the timeslot of the team she is selected in. Matches are played between 8am and 12 noon.

Option 1. IPSHA SOCCER – Years 4 - 6

Uniform: School 'K' logo black PE shorts with blue and yellow stripes are to be worn with white polo shirt neatly tucked in, long yellow socks, sports shoes or soccer boots. **Shin pads are mandatory** for training and games.

Trials: To place your daughter on a team according to experience and level of ability, trials will be run during training as per information below and on Saturday **7 February (Details and times will be posted on Sundial prior to the trial date)**.

Training: Held at Lyne Park on the following days and times, starting on Monday 2 February, 2026 per the following schedule.

Monday: Year 5 3.45pm-5.00pm

Tuesday: Year 4 3.45pm-4.45pm

Wednesday: Year 6 3.45pm-5.00pm

Competition Dates: From Saturday 14th February to Saturday 28 March 2026 (7 Weeks)

Venues: IPSHA Schools or parks in the greater metropolitan area of Sydney

Click on the online sports choice permission [here](#) **Please complete by 4pm, 11 November 2025.**

Option 2. Netball Clinics – Years 4 - 6

As an alternative to Soccer and Sailing, we will offer Netball coaching clinics each Saturday morning in preparation for the Term 2 IPSHA Netball Competition. The Netball Clinics will be conducted by Brigitte Athas and qualified Netball coaches from the Senior School. **Please note there are no mid-week training sessions for Netball clinics.**

The Clinics will be held at Moore Park Netball courts each Saturday.

Dates: Netball clinics will take place from Saturday 14 February - Saturday 28th March 2026 (7 Weeks)

The netball clinic times will be advised when numbers have been finalised.

Please note: There is a fee of \$70 for the netball clinics and once registrations are finalised the

link for payment will be available.

The clinic payment link will be sent once numbers are confirmed.

Girls are asked to wear their PE uniform (or netball uniform), hat and sandshoes and must bring a water bottle. Any child who is asthmatic or requires an EpiPen must bring these to each session. In the event of wet weather, a notice will be posted Sundial.

Click on the online sports choice permission [here](#) . **Please complete by 4pm 11 November 2025.**

Option 3. Learn to Sail – YEARS 4 - 6
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Learn to sail at the Vaucluse Sailing Club (has relocated to the ex Pilot Station at Gibson's Beach on Marine Parade, Watsons Bay). Experienced and qualified coaches conduct sailing lessons.

Dates: Saturday 14th February to Saturday 28th March 2026

The program will be split into 2 sessions.

Session 1 - 7:45-9:15 (Year 4/5)

Session 2 - 9:30-11:00 (Year 6)

Please note: Session times are subject to change; this is a guide only. It will be dependent on how many students are registered in each year group.

Cost: Please note: There is a lesson fee for the 7 weeks (Humanitix link) plus \$50 Club Membership fee (note if you paid the Club Membership fee in 2025 term 4 you won't need to pay it in 2026 term 1) for the Sailing Program. Please check the Sailing tile on the Junior School Sport Sundial Page for all information regarding sailing. If you haven't signed up to these Sundial pages yet please do so by following these steps [here](#).

Please note that the payment link and the club membership form will be sent when dates and program details are confirmed.

Uniform: Girls are asked to wear a wetsuit or rash shirt, hat, water shoes and sunscreen and will need to provide their own PFD (Personal Floatation Device). Any child requiring an asthma spray or an EpiPen must bring this with them.

Inclement weather: Please check Sundial (under the Sailing tile on the Junior School Sports page) to confirm if weather and wind conditions on the water are appropriate for sailing to go ahead.

Click on the online sports choice permission [here](#) . **Please complete by 4pm 11 November 2025.**

Thursday Track Club

After Kambala's very successful year of Athletics we are going to introduce Thursday Track Club to Junior School in Term 1 2026. This will be held at ES Marks on Thursday 4-5.15pm. Thursday Track Club sessions are aimed at girls who want to increase their speed for sport and participate in sprint events. There will be a focus on developing the girls relay skills, starts etc. The Track Club Squad will train at ES Marks 4-5.15pm and will be bussed to and from the venue. Parents may collect their daughters from ES Marks at 5.15pm if they prefer. Please note we will need a minimum of eight students for Thursday Track Club to proceed.

Skiing and Snowboarding at Kambala

Kambala also participates in the Sydney Division Interschools Skiing and Snowboarding Championships. These races will be held during the last week of the July school holidays. The Championships are open to any student from Kindergarten to Year 12. Girls compete in teams in Year group divisions and may compete in Alpine, Moguls, Skier Cross, Cross Country Skiing, Snowboard GS and Snowboard Cross. Please email kath_sambell@kambala.nsw.edu.au if you would like to receive information in Term 1 about Interschools Skiing and Snowboarding. Information can also be found on www.interschools.org.au.

CO AND EXTRACURRICULAR ACTIVITIES

Risk Warning under Section 5M of the Civil Liability Act 2002 issued on behalf of Kambala, AHIGS & IPSHA

SPORTING ACTIVITIES

Kambala organises many individual and team sporting activities during the course of a year. Some of these are organised in conjunction with the Association of Heads of Independent Girls' Schools NSW (AHIGS) and some with the Independent Primary School Heads' Association of Australia NSW (IPSHA). Students participating in these sporting activities take part in practice and in competitions. Kambala, AHIGS and IPSHA expect students to take responsibility for their own safety by wearing compulsory safety equipment, by thinking carefully about the use of safety equipment that is highly recommended and by behaving in a safe and responsible manner towards team members, opponents, spectators, officials, property and grounds. While Kambala, AHIGS and IPSHA take measures to make the sporting activities as safe as possible for participants, there is a risk that students can be injured and suffer loss (including financial loss) and damage as a result of their participation in these sporting activities, whether at training or in actual events. Injury can occur while the student is engaging in or watching a sporting activity, or travelling to and from the event. The injury may result from a student's actions, the actions of others, the state of the premises or equipment failure. On some occasions, an injury can be serious (such as torn ligaments, dislocations, back injuries, concussion or broken bones). In very rare cases an injury can be life-threatening or result in permanent disability. If a student has a pre-existing injury, participating in a sporting activity could result in an exacerbation of that injury. Students could also suffer loss as a result of their personal property being lost, stolen, damaged or destroyed.

Click on the online sports choice permission [here](#) . **Please complete by 4pm 11 November 2025.**



No late entries will be accepted.

If you have any further questions please contact the Junior School Sports Coordinator Tim Doyle on 0439 104 483 or alternatively on the email: juniorsport@kambala.nsw.edu.au