

Hello KHS Families!

With food prices on a steady increase and the impacts of various changes and needs in our lives, it can be difficult to fill cabinets from week to week. To help with that, we have a “weekend food bag” program at our schools in SAU#9 and SAU#13.



Information about the program and how it works:

- This free and confidential program is offered to all students but bags are only sent home to those who are signed up for the program.
- Each Friday, participating students will receive a weekend food bag with non-perishable breakfast, lunch, and dinner type items. For example: cereal, crackers, fruit cups, tuna, peanut butter, jelly, soup, canned ravioli, and ramen noodles.
- Gift cards to local grocery stores will also be intermittently sent home to supplement additional needs (produce, fresh meats, etc.) that might not be included in the bags.
- You can enroll or un-enroll at any time, you'll just need to contact me at the phone number or email listed below to do so.
- The enrollment process is super easy! Just send “End 68 YES” to the following email: a_farley@sau9.org
 - Your “YES” will indicate that you would like to participate in the program.

It is not a one-time opportunity to enroll. Please feel free to contact me at any time throughout the school year if you would like to participate in the weekend supplemental food bag program.

Also, a reminder to please fill out the Free and Reduced Lunch application. It is a quick process and can be completed online by going to the following link: <https://secure.ezmealapp.com/ApplicationScreen.aspx>

If you would prefer to complete a paper application, please reach out to me or contact the main office.

IMPORTANT NOTE: Any student already receiving free and reduced meal benefits will need to reapply as coverage only carries over annually and will expire on October 15, 2025.

Please email or call me with any questions.

Alex Farley {KHS Family Liaison} / Phone: (603) 356-4343, ext. 3328 / Email: a_farley@sau9.org