

List of Teen Summer Programs:

1. **ViviendasLeón:** Travel abroad with their summer program for high school students in Leon, Nicaragua. [More information here.](#)
2. **JFCS (SF):** Geneva Rust-Orta <genevar@jfcs.org> Program Coordinator for Jewish Family and Children's Services has a summer internship for entering 10th, 11th, and 12th graders taking place in June and July each year. [More information here.](#)
3. **Life Moves (SF):** Caitlin Esparza <cesparza@lifemoves.org> & Lisa Brasile <lbrasil@lifemoves.org> have summer internships and youth volunteer opportunities. [Youth Volunteer Opportunities.](#) Please look for the application that will go live on our website in late Feb/early March for Summer Camp. [Summer Internships.](#)
4. **JFCS Summer Impact Camp (Marin):** offers extensive service-learning opportunities for b'nai mitzvah preteens (those entering **6th, 7th, and 8th grades**). Alli Darrow <AlliD@jfcs.org>, Program Coordinator or call her at 415-419-3641.
5. **Summer Internships with JFCS:** JFCS offers six-week summer internships to qualified students entering grade 10, 11, and 12 in the fall. Our internship program is a great opportunity for teens to learn valuable on-the-job skills and gain real work experience. Teens receive a generous stipend at the end of the program. Teens are placed at one worksite for the summer, where they are assigned an on-site supervisor. They spend 20 hours/week within one of JFCS' offices (San Francisco, San Mateo, Palo Alto, and San Rafael) or with businesses and organizations in the community. [More information here.](#)
6. **Volunteer with the SF Zoo:** Zoo Crew (**Ages 11-14**) restore wildlife habitat at Lake Merced and Mountain Lake in San Francisco. Nature Trailers (**Ages 12-14**) teach guests about adaptations and conservation. Talk on the Wild Side (**Ages 14 - 17**) Learn to handle amazing animals like livestock and arthropods while giving informational talks to Zoo visitors. Zoo Teacher Assistant (**Ages 14-17**) Help kids explore the world of animals through zoo tours, crafts, games and assist Zoo Camp teachers with activities. [More information here.](#)
7. **WildCare (San Rafael):** Teen Community Service Volunteer Opportunities for middle school and high school students **ages 12-18** in San Rafael WildCare's Young Adult and Community Service Volunteer Programs enable young people to be proactive in environmental endeavors. Summer Nature Camp Assistant Volunteers (ages 14 – 18), Young Adult Community Service Volunteers (ages 12 – 14), Teen Wildlife Hospital Volunteers (ages 15 – 17), and Teen Support Volunteers (ages 15 – 17). [Find more information here.](#)
9. **Urban Adamah CIT Teen Leadership Institute:** Join a select group of rising 8th-10th graders to participate in our newly reimagined CIT program: the Teen Leadership Institute. The CIT journey – community building, educator training, mindfulness practice,

farming, and leadership development – includes two overnight weekend retreats in the spring and fall at the farm, and a three- or six-week stint as a CIT at Camp Urban Adamah this summer. [More information here.](#)

10. **ME to WE's summer Take Action Overnight Camp (Ontario):** Take Action Camp is a leadership camp that brings together everything awesome about overnight summer camp (think new friends, new experiences and exciting challenges) and combines it with a unique experience that gives you the inspiration and skills to make a difference in the world around you. [More information here.](#)
11. **ME to WE's Youth Volunteer Trips:** It's about people, connections and self-discovery—all working together to change the world. It's about being part of something bigger than yourself. It's called 'travelling with purpose.' Youth trips are for ages 13-18 years old [More information here.](#) They also have [special experience trips](#) for 15-20 year-olds.
12. **ME to WE's Family Volunteer Trips:** We've always believed in the power of youth to become the catalyst for change in the world. To support them on their path to making a difference, why not travel together on a ME to WE Family Trip? [More information here.](#)

List of Teen Volunteer Opportunities in the summer or throughout the year:

1. **Help a Child Become a Better Reader: Be a FOG Readers Tutor:** High schoolers, age 15 and older, are welcome to apply to become tutors but we ask for the same six-month commitment starting from the time you get paired with a student. Find out more and sign up [here](#).
2. **City Hope (SF):** a wonderful community-based organization that provides restaurant-style meals to unhoused and food insecure individuals. You must be 10 or older. [Sign up here](#). Email ashlea@cityhopesf.org if you have any questions.
3. **Gubbio Project (SF):** John Brett <johnb@thegubbioproject.org> site coordinator would welcome volunteers at specified times during service hours this coming summer.
4. **IsraAID (Palo Alto):** Email Sarith Honigstein shonigstein@israaid.org
5. **Alma Via (SF):** Illona Root-Chang <IRoot-Chang@eldercarealliance.org> at Alma Via if you would like to volunteer, there is an application to fill out (that can be picked up at Alma Via). You must be 15 or older.
6. **SF Campus for Jewish Living:** Keyatta Shade <volunteer@jhsf.org>, Director of Volunteer Services, 415.469.2229
7. **826 Valencia (SF):** Kiley McLaughlin <kiley@826valencia.org> is in charge of coordinating high school and college volunteers.

8. **Kimochi (SF):** Sakura Suzuki <ssuzuki@kimochi-inc.org> We have a lunch service called Home Delivery Meal program to deliver lunch to homebound seniors, and two (three) drivers to deliver food to clients who live in the Sunset and Richmond Area, but for those who reside in the walking distance, we count on volunteers to bring lunches to the seniors. **It's 4 hours minimum per day** (like 10am-2pm, Monday through Friday). Also, our Assisted Living Facility, Kimochi Home runs an Adult Daycare Program and I know they always appreciate young volunteers to assist participants making paper crafts, playing bingo games and other fun stuff. **This is also 4 hours per day.**
9. **Homeless Prenatal Program (SF):** Fill out [this form](#) then email Sharon Bechtol <sharonbechtol@homelessprenatal.org> and let her know that Dr. Bloom sent you
10. **Raphael House (SF):** Kellen Sarver <ksarver@raphaelhouse.org> is the Volunteer and Administrative Coordinator at the Raphael House
11. **NCJW (SF):** Antonia Balkanska Lavine <antoniasb@hotmail.com> and Teddi Silverman <tgsilverman@gmail.com> have several ideas for summer volunteer opportunities associated with either office activities or programing in our main areas of work.
12. **Make A Wish (East Bay, North Bay, South Bay):** Jennifer Wilson <JWilson@sf.wish.org> volunteers could help with clerical projects in the office, or help set up for our Walk For Wishes events in the late summer.
13. **Glide (SF):** Tori Pinto <vpinto@glide.org> email her directly so we can discuss what would work best for their interests and schedules
14. **Home and Hope (in Burlingame):** Email Lily Shen lily.shen@homeandhope.net or check out the volunteer opportunities [here](#).
15. **Compass Care (SF):** Email Nancy Nguyen nnguyen@compass-sf.org – looking for help with Sunday dinners (4:30-6pm 2-4 people to serve dinners to the families at shelter). Summer internship opportunities (range based on time would volunteer - can be teaching a yoga/sewing class, administration work, tutoring). Fill out [this form](#) & Nancy will contact you with current opportunities.
16. **Halleck Creek Ranch (Marin):** There are monthly volunteer trainings to help with their Saturday rides. [More information here](#).
17. **Peninsula Humane Society and SPCA (San Mateo):** Youth ages 13 and older can become junior volunteers to care for cats and dogs, wildlife and work in the kitten nursery or thrift store two hours a week for at least six months. Parent volunteers must accompany ages 13-15. [More information here](#).
18. **The SPCA (SF):** The SPCA has many fun ways for kids of all ages to get involved. Check out their [Humane Heroes program](#), for kids aged 4-18, which helps children learn how to

find community service opportunities for animal advocates in their area. For kids in 6-12th grades, you can check out the [Community Service Days Program](#), where you get to spend time entertaining the animals while they await their forever home, plus earn some volunteer hours.

19. **Habitat for Humanity:** At our park and community garden beautifications: Volunteers must be **at least 14 years old** to work at our park beautifications. Minors must be accompanied by a chaperone. [Check out the volunteer calendar here.](#)

Leadership Opportunities and Fellowships:

20. **350 Bay Area Youth Mobilizing Team:** If you are interested and want to do about the climate crisis, I encourage you to join the team using [this link](#). [More information here.](#)
21. **The Make A Wish Youth Board:** is a philanthropy and leadership program open to students ages 13 to 18. You can apply each spring for the following school year. [More information here.](#)
22. **Jewish Teen Foundations:** is open to local, Jewish, rising 9-11th graders. Offering Jewish teens the opportunity to explore Jewish values and ideas, develop leadership skills, and practice philanthropy. Approximately 18 new teens may join the board of each Teen Foundation each year. Applications will be available online starting April 1st. [More information here.](#)
23. **Jewish Youth For Community Action (one in Foster City and one in Piedmont):** is a youth-led organization that empowers Jewish youth in high school to take action for social justice through innovative leadership development, community organizing and education. [More information here](#) (FAQ & Application).
24. **Keshet teen leaders** work closely with each other and with Keshet staff to craft programs and set the tone for the Shabbaton. Teens across the country collaborate through a series of online meetings and leadership development seminars led by members of the Keshet teen programming staff, which they then can use in planning their own programs for the Shabbaton and beyond. Contact Justin Rosen Smolen <justin@keshetonline.org>, Keshet's National Director of Youth Programs. [More information here.](#)
25. **Diller Teen Fellow:** a 12-month leadership development program for Jewish teens in 11th grade (apply the spring before entering 11th grade). Teens participate in educational workshops and weekend retreats, and create and implement social service projects. [More information here.](#)

26. **Friendship Circle Teen Mentor:** The Friendship Circle keeps teens connected and engaged in Jewish life with a unique and meaningful direct service program. If you are interested, please email Chaya@bayareaafc.org.
27. **The SF Parks & Rec Greenager Program:** The Greenager Program's mission is to empower youth from the Southeast and Northeast sector of San Francisco to become community and environmental youth leaders through civic engagement, park stewardship and outdoor recreation opportunities. The Greenager Program is an 8-month weekend based program. To apply online click [here](#).
28. **TEEM:** Marin Headlands Institute TEEM (Teen Environmental Educational Mentorship) is a paid environmental education internship and leadership program for San Francisco and Marin high school students. TEEM interns gain first-hand knowledge about the field of environmental education through field trips, one-on-one mentorships with our professional educators, and by leading interactive activities with our elementary school participants. [More information here](#) or email TEEM Manager, Karli Cowman, at kcowman@naturebridge.org.
29. **The Marine Mammal Center Youth Crew:** Be a high school student between the ages of 15-18. Commit to a weekly 4-8 hours shift in Sausalito every week from January–August. [More information here](#).
30. **The Next Chapter (grades 9-12):** In collaboration with JFCS, high school students develop profound connections to the Holocaust. Over the course of the five-month program, teens hear from several Holocaust survivors; participate in monthly seminars on the history of the Holocaust; and create a personal reflection project. [More information here](#).
31. **Impact Year:** Run by JFCS, for teens who really want to shape their own service learning experience and build new leadership skills, becoming an Impact Year Leader is an excellent one-of-a-kind opportunity. This committed group of teens plans and executes service and advocacy projects throughout the school year (Oct. – May) as they lead, learn, grow and build community together! [More information here](#). To become a leader [apply here](#). To become a participant [apply here](#).
32. **Manovill Holocaust History Fellowship (grades 11-12):** In collaboration with JFCS, students study the Holocaust and patterns of genocide at an advanced level. Eight fellows are selected to conduct in-depth research into the nature of the Holocaust and patterns of genocide; hear from local Holocaust survivors; participate in seminars; teach their peers; and participate in community events. [More information here](#).
33. **ISRAAID Humanitarian Fellows:** The IsraAID Humanitarian Fellowship program offers an opportunity to learn first-hand about humanitarian aid and disaster response, while making a real contribution to populations recovering from humanitarian crises and

develop professionally in the field. The Fellowship commences with practical and professional preparation towards a 2-month summer immersive field work opportunity in one of IsraAID's ongoing international field projects. Applicants must be: Enrolled in an American University, Rising Sophomore or Juniors (Exceptions made for exceptional Freshman), Proven interest and/or experience in the field of social justice, public and global health, international development or humanitarian aid. Related work/experience in one of the sectors of our projects. [More information here.](#)

34. **Leaders for The Q: Queer Jewish Teen Group at the JCC:** The Q is a fun and inclusive peer-led group that encourages teens, grades 8 - 12, to explore LGBTQ+ themes through a Jewish lens. The Q is currently seeking self-motivated LGBTQ+ high school students to be group leaders. This role is perfect for teens who are passionate about creating safe, inclusive social spaces for their peers. [More information here.](#)
35. **Tivnu: Building Justice Gap Year:** 17-to-20-year-old participants connect Jewish life and social justice through individualized internships, discover the Pacific Northwest, and create a pluralistic Jewish home together here in Portland, Oregon. Whether you spend your year teaching, advocating for immigrants' rights, growing food with kids, building tiny houses or cooking for houseless Portlanders, you'll know you made a difference. [More information here.](#)
36. **Teen Art Connect (TAC) Anti-bias Leaders Fellowship** (from April to April): The Contemporary Jewish Museum (The CJM) is thrilled to announce the Teen Art Connect (TAC) Anti-bias Leaders Fellowship, a new year-long program open to Bay Area high school freshman and sophomores that seeks to empower teen leaders with the training and tools to further anti-bias activism in their schools and communities. The fellowship is open to Bay Area teens from all backgrounds who are **currently in 9th or 10th grade.** [More information here.](#)