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Author Biography

2-Line Bio

Kristi Saare Duarte is an internationally renowned spiritual channel, healer, and award-winning author of inspirational fiction

Short Bio

Kristi Saare Duarte is a spiritual channel and award-winning author of inspirational novels THE TRANSMIGRANT and THE HOLY CONSPIRACY. She developed her expertise on the lives of Jesus and his disciples by studying ancient scrolls, historical scriptures, and research by biblical scholars. She currently lives in New York City.

Medium Bio

Kristi Saare Duarte is a spiritual channel, healer, and award-winning author of inspirational novels THE TRANSMIGRANT and THE HOLY CONSPIRACY. She is currently working on a cozy mystery series. She developed her expertise on Jesus and the disciples by studying ancient scrolls and historical scriptures, including the Nag Hammadi Library and Josephus Flavius's Antiquities of the Jews. A true cosmopolitan, while currently a New Yorker, Kristi is Estonian by origin, Swedish by birth, has lived in six countries on three continents, and has visited more than 80 countries. She believes in equal rights and inherent oneness with God for all, and that all religions stem from the same universal message: love your neighbor and be kind to all.

Long Bio

Kristi Saare Duarte is the award-winning author of spiritual novels THE TRANSMIGRANT and THE HOLY CONSPIRACY. She developed her expertise on Jesus and the disciples by studying ancient scrolls and historical scriptures, including the Nag Hammadi Library, the Dead Sea Scrolls, and Josephus Flavius's Antiquities of the Jews.

A true cosmopolitan and modern day nomad, Kristi grew up in Sweden, raised by Estonian refugee parents, and has lived in six countries across three continents. For the last 23 years, she has made New York City her home, but is always ready to move somewhere else. When not working, she has visited more than 80 countries across the world.

Kristi's life changed forever in 1994, when her parents died in a ferry accident. This triggered her spiritual development and search for her true self. A few years later, in New York, she met the renowned spiritual channel Alex Murray, who taught her channeling. She is also a certified Reiki healer and Soul Realignment practitioner, which has greatly influenced her writing.

Her parents' sudden passing taught her to live each day as if it were the last. Get out there and explore. Taste that deep fried cricket in the Chiang Rai market—maybe it's good (it was!). Hang on to your seat in that steaming hot, rusty Ethiopian bus for eighteen hours, because meeting a tribe of Mursi women with ceramic plates in their lips will be amazing. Visit the desert village of Agadez in Niger, even though there's a threat of terrorism. Be brave. Take Risks. Live.

Although Kristi has been writing since she was a child, she didn't publish any works until 2017. The time wasn't right until she could combine her three passions: world travel, spiritual work, and writing. Her first novel, *THE TRANSMIGRANT*, is a what-if story about the Lost Years of Jesus, exploring the possibility of his travelling through Asia and studying Hinduism and Buddhism. Her second novel, *THE HOLY CONSPIRACY*, tells the story about how Jesus's disciples fought the Apostle Paul in trying to preserve Jesus's message. Both books aim to highlight how all religions are linked, and that they all stem from the same root: love your neighbor as yourself, treat others like you want to be treated, and be kind.

She is currently working on a psychic cozy mystery series.

Seven Fun Facts About Me

1. I once drove a bike rickshaw through Jaipur in India, with the rickshaw driver in the passenger seat.
2. I have a huge collection of David Bowie LPs and singles, all in vinyl. More than 100 LPs and 50 singles, many of them rare bootlegs and small edition presses.
3. I'm a Liverpool Football Club supporter, and include the title of their theme song, *You'll Never Walk Alone*, in all my books.
4. My lunch choices always start with an "S": sushi, salad, or soup.
5. I speak 4 languages fluently. But I'm also great at faking languages, and can make myself understood in languages like Italian by speaking Spanish with an Italian accent, or Thai by speaking a few words of Thai and compensate with smiles and nods.
6. I have visited 79 countries on six continents.
7. One thing on my bucket list is to see wild penguins in Antarctica. But I'm afraid it will always stay on the bucket list, because I really don't like the cold (but I adore penguins).

Author Photos

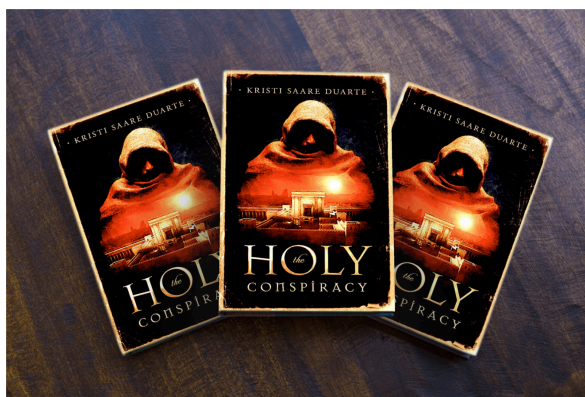
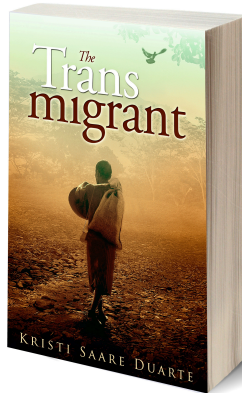
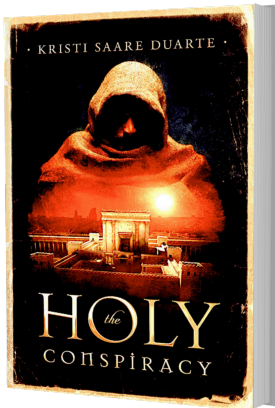


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Book Images



The Holy Conspiracy

Product Details

Title: **The Holy Conspiracy**

Page count: **292**

Genre: **Spiritual Fiction, Historical Fiction, New Age**

Publisher: **Conspicuum Press**

Publication date: **September 16, 2020**

ISBN: **978-0-9971807-4-9**

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Available formats: **Paperback, ebook**

Where to buy: **Ingram, Overdrive, Baker & Taylor, Bibliotheca, Amazon, Barnes & Noble, Kobo, Apple Books, Scribd, 24 Symbols, Hoopla, Tolino, Vivlio.**

Comparable Titles

The Gospel According to Lazarus (978-0-7206206-3-4)

Mary Magdalene: A Novel (978-0-8007204-8-3)

How Jesus Became God (978-0-0617781-9-3)

Zealot: The Life and Times of Jesus of Nazareth (978-0-8129814-8-3)

Paul and Jesus: How the Apostle Transformed Christianity (978-1-4391233-2-4)

Book Description

Two Line Description

Erased and Forgotten: The story about how Jesus's brother James fought the Apostle Paul in a bitter battle of faith, and how this changed the message of Christ forever.

Medium Description

After the brutal execution of Jesus, his disciples gather in Jerusalem to continue spreading his teachings of oneness with God. One day, a stranger named Paul approaches them with a wild tale of

Jesus risen from death as the Savior and Messiah. The disciples object: their teacher was just a humble man, not a divine being. When Paul insists, a bitter battle of faith ensues. But how can these poor, uneducated disciples keep Jesus's legacy alive in a world of treachery and deceit, where the rich and powerful always win?

Reviews & Endorsements

"This intriguing reinterpretation of the New Testament makes for **an enjoyable unraveling of the traditional narrative of the Gospels**. Mesu Andrews fans will want to take a look."

--Publishers Weekly

"Wow! A truly thought-provoking and satisfying read." --Grant Leishman, Readers' Favorite

"Fascinating and illuminating. [This] remarkable work [provides] a far better understanding of just what was at stake." --Barrie Wilson, PhD, Professor Emeritus, Religious Studies, York University, Toronto. Author of *How Jesus Became Christian*; *Searching for Messiah*.

"Inherently fascinating and attention absorbing ... the kind of narrative storytelling style that will completely engage the reader's attention from first page to last. " -- MidWest Book Review

"Kristi Saare Duarte has a way of bringing history alive and reimagined. I can't brag enough about this novel. **The Holy Conspiracy is a must read.**" -- Urban Book Reviews

"The characters' words are never banal, they vibrate in the air, caress your face, or hit you hard like stones. Kristi Saare Duarte will go a long way, because **her works exude pure and luminous energy.**" -- Crono News, Italy

"This is an absolute 5-star read for me. **I am mind blown.**" -- Biblioanalytic.com

The Transmigrant

Product Details

Title: **The Transmigrant**

Page count: **312**

Genre: **Spiritual Fiction, Historical Fiction, Inspirational**

Publisher: **Conspicuum Press**

Publication date: **July 13, 2017**

ISBN (paperback): **978-0-9971807-0-1**

ISBN (hardback): **978-0-9971807-7-0**

eISBN: **978-0-9971807-1-8**

Audio ISBN: **978-0-9971807-2-5**

Available formats: **Paperback, hardback, ebook, audiobook**

Where to buy: **Ingram, Overdrive, Baker & Taylor, Bibliotheca, Amazon, Barnes & Noble, Kobo, Apple Books, Scribd, 24 Symbols, Hoopla, Tolino, Vivlio.**

Comparable Titles

Siddhartha (978-0-5532088-4-9)

The Prophet (978-1-9478449-3-3)

The Alchemist (978-0-0611224-1-5)

LAMB: The Gospel According to Biff, Christ's Childhood Pal (978-0-3808138-1-0)

Zealot: The Life and Times of Jesus of Nazareth (978-0-8129814-8-3)

Book Descriptions

Short Description

In AD 8, a young carpenter named Yeshua dreams of the one thing a layman cannot achieve: to become a priest. All seems lost until a Buddhist monk invites him along on a journey across the Silk Road. But can this pilgrimage be the answer to his prayers? The Transmigrant is an inspirational novel about Jesus's travels through India based on Tibetan scrolls unearthed in 1880.

Long Description

What if Jesus was once just an ordinary boy seeking enlightenment? This inspirational novel about Jesus's lost years will make you believe universal harmony is possible.

The charismatic young carpenter Yeshua thrills his audience at the Jerusalem Temple when God seems to communicate through him. While his listeners gush, the priests scoff and say that no poor boy, however wise, can ever enter their holy ranks. Humiliated and robbed of his imagined destiny, Yeshua resigns to a dreary life as a simple laborer. Until one day, a Buddhist pilgrim asks Yeshua to join him on a journey across the Silk Road to a place where anyone can become a monk. Torn between duty and following his bliss, Yeshua must now decide if chasing his dreams of serving God is worth the price of bringing everlasting shame upon his family.

Enlightening, and deeply moving, The Transmigrant is a vivid story about Jesus's lost years that will fascinate you and stay with you forever. It will appeal to readers of spiritual fiction like Siddhartha, The Celestine Prophecy, or The Alchemist.

Reviews & Endorsements

*The author artfully concocts a less self-possessed Jesus, still grasping for a sense of his life's mission. She delves into his youthful worldly longings, and the romantic experiences he has before his ministry. **Captivating and powerfully related** account of Jesus' early years. - [Kirkus Reviews](#)*

*An account that is very human and divine in nature, in **moving language that provokes both conversation and meditation**. Well-researched, focused, credible and inspirational historical fiction! -[Historical Novel Society](#)*

*A beautiful story, **deeply touching and very inspirational**. Filled with vivid descriptions and emotionally charged passages; the author fills the senses of readers with sounds, sights, and smells. It will transport readers to endearing spiritual climates. - [Readers Favorite](#)*

***Brilliant in its simplicity of style**, an inspired narrative that humanizes Jesus in a sensitive and delicate way, which we have not seen since Hermann Hesse's tale of the Buddha, Siddhartha, or Kahlil Gibran's The Prophet. A detailed alternative history for the open-minded reader. - Paul Davids, Writer / Producer / Director of "Jesus in India" from NBCUniversal*

*A vivid narrative[that] deploys the methods of fiction to get at a truth about Jesus that history too often ignores. Jesus felt, explored, and articulated connections between humanity and the divine, and among human beings, in a way that has never been matched. The Transmigrant **uncovers the emotional***

substratum of religious genius. - Bruce Chilton, Professor of Religion at Bard College and Author of "Rabbi Jesus: An Intimate Biography"

Engaging, well-developed, and **stunning**, makes this **one of the best reads yet.** - Urban Book Reviews

The Transmigrant will transport you to that ancient cosmos of biblical times with such searing vividness, you will swear the story is unfolding before your very eyes. The journey of **this unforgettable story truly satisfies** the reader on both a physical as well as spiritual level. - Luis Gonzalez, Author of Luz

An excellent coming-of-age novel, imbued with great mysticism... There are many adventures, twists, almost deadly episodes, not to mention the threads of spiritual intuitions that the author weaves into the plot. - Crono News. Italy

Duarte invites you to **see the story of Jesus in a different light.** Duarte's telling of the story of Yeshua flows smoothly, weaving naturally in with stories from the Bible and history and reported experiences of Jesus - WordsAPlenty

There are **plenty of adventures, twists and turns, near-death episodes**, not to mention the threads of spiritual insights which the author weaves into the plot. A very worthwhile read and recommended. - International Writers Inspiring Change

Sample Interview Questions

Did you always want to be an author? I've been writing since I was a small child, but writing didn't become my main passion until I was in my thirties. I wrote my first story, *My Dog*, at the age of five, and my second book at 15. At that time, writing there were so many other things that competed for my attention: boys, parties, acting, painting, singing... Writing got pushed to the background, although it continued to play a significant part of my life. I constantly wrote poems, lyrics, etc. I would be having drinks at a bar, and if the writing urge came upon me, I would grab a pen and write free flow on a napkin for ten minutes. I must have been an annoying date.

Why do you write spiritual fiction? I want to bring something positive to the world, and enhance the understanding between people, across religions and cultures. The best way to do this, in my opinion, is through telling stories. I don't want to push my point of view on people, just offer it up as a possibility.

How did you end up writing about Jesus? I'm not religious at all, so when I first started writing *The Transmigrant*, all my friends and family were surprised. But on my first trip to India in 2005, I saw a book called "Jesus in India," and it piqued my interest. It's based on a book by Russian explorer Nicolas Notovitch, who travelled in India in the 1880s and ended up in a Tibetan monastery in Kashmir. The monks showed him scrolls that spoke about Jesus's "lost years," including his sojourn to India where he studies Buddhism and Hinduism. When I read the book, I knew this was the perfect subject for me. A way to tie all religions together and show that at the core, they are all about love and compassion. Before that, I had often wondered why Jesus, if he was meant to be of God, was portrayed as a kind of bully; "Believe in me or you'll go to hell" and "You must believe only in me, not in others." I wanted to write a book that shows how the man-made rules of religions have distorted their original message and have put priests and rabbis and gurus in charge, and they are free to preach according to their own values and their need to control others. Honoring God—pleasing God—should be as easy as honoring your neighbor. It doesn't have to be more complicated than that.

What's the story behind *The Holy Conspiracy*? It continues the storyline of *The Transmigrant*, where I feel that Jesus's message of "we are all one" and "we are all one with God" got lost. This book attempts to explain how it happened, and where "the Jesus people" disappeared. While doing my research, especially when reading the New Testament, two things stood out: 1) the Apostle Paul did not get along with Jesus's followers and had a completely different opinion about Jesus and what he had taught, and 2) Jesus's brother James was his chosen successor and the leader of the so-called Jesus People after the crucifixion. This book is about Yakov (James), hoping to give him the credit he deserves and has not been given thus far.

Do you really believe Jesus's brother James was the leader of the first church? Yes. Definitely. This is one of those truths that are hidden in plain sight, but no one pays attention to it. James is mentioned several times in the New Testament as the leader of the disciples, and also in the first century Romano-Jewish historian Josephus Flavius's books, as well as the Gnostic Gospels, early Christian chroniclers Hegesippus and Epiphanius. Unfortunately, when the New Testament books were assembled into the Bible in the fourth century, Apostle Paul's stories took precedence over those of the disciples, and James was erased from history.

You're not a historian, what makes you an expert of the subject? Why should people believe you?

I'm a healer and spiritual channel, and although I'm not religious, I believe in God as the source of love. I grew up in Sweden, a Protestant country, where few people ever go to church. I haven't been indoctrinated with religion, but I'm also not an atheist. I don't have anything to prove. But I'm curious and open minded. In my research for both *The Transmigrant* (about Jesus's lost years) and *The Holy Conspiracy* (about Jesus's brother James and his war of faith against the Apostle Paul), I read more than eighty books on the subject written by historians and theologians, I spent seven years studying sources from all angles. I didn't follow anyone else's lead or believe any one teacher or writer completely. This, combined with my desire to portray everyone from love and compassion, has made me uniquely suited to write these books.

Do you view yourself as a Christian or an Atheist? Neither. In fact, through writing these books, Jesus became a *non*-Christian for me. Let me explain. The more I dug into the research, the deeper I delved into the New Testament and dozens of other books, the more I understood that Jesus never viewed himself as God or Christ. The Apostle Paul, a man who never met Jesus, formed Christianity based on his own Roman-influenced thought structure, and so I believe that the Christian religion is a far cry from what Jesus taught his disciples.

What is the message of your books? Why do you feel this is important? In this era of white supremacy, terrorism, and war mongering, where everyone blames their misfortunes on strangers, it feels important to show the similarities between us all, instead of emphasizing our differences.

In *The Holy Conspiracy*, you often have Yakov (James) say, "Nothing real can be threatened, nothing unreal exists." What does it mean? This phrase is from *A Course In Miracles*, a channeled work believed to be the words of Jesus. It has been my guiding principle in writing my books. If all we see around us is created by our minds, and only love is real, then nothing real can be threatened. Your soul, your self, God... These things cannot be killed or damaged. Only the material things that you have created in your mind can be damaged, but these do not really exist. Therein lies the peace of God.

In *The Transmigrant*, Yeshua (Jesus) travels through Asia. Do you believe this happened? Yes, I do. When you look at the timeline in Nicolas Notovitch's *The Unknown Life of Jesus Christ* [scrolls found in Northern India in 1880] and compare it to the eighteen missing years of the bible, it does make sense that Jesus can have traveled through Asia and studied Hinduism and Buddhism. Several of my readers have also pointed out how plausible I make it seem in *The Transmigrant*. When you start connecting the dots, the picture becomes clear. Jesus's message is similar, sometimes even identical, to the Sama Veda, Bhagavad Gita, and the sayings of the Lord Buddha. The more you compare them, and the closer you look at the timeline of his life, the more you will be convinced that it happened exactly that way. To top it off, there are several places along the presumed route that were named after Saint Issa (Jesus): *Yuz-Marg*, the meadow of Jesus, *Aish Muga* near Srinagar, etc.

Do you really believe Jesus and the disciples meditated? Meditating is like prayer. You silence your mind to communicate with God. I do believe he meditated in rivers (holy water) at sunrise (the holy hour) like any other guru (teacher). Where else would baptism come from? In the Bible, Jesus doesn't baptize, it's something that the Apostle Paul initiates. Jesus's disciples bathed in rivers, like hindus, and also like John the Baptist. All world religions have a close relationship with ritual washing or bathing before prayer or meditation. I believe Jesus studied Buddhism and I do believe he meditated, not prayed in the manner we do today.

How have your readers reacted to the sex scenes in *The Transmigrant*? The consensus among Christians is that Jesus remained a virgin throughout his life. In order to write my story, I had to show Yeshua (Jesus) as a human being who ultimately grew into a spiritual leader. As such, he must have had the same urges as other men, especially during his adolescence. Of course, I could have simply insinuated that he had sex, but I wanted to get under Yeshua's skin and make the scenes alive. So far, none of my readers has complained. Again, Jesus's assumed virginity is something that stems from the Apostle Paul. He was the one who preached celibacy, not Jesus. In the first century, Jews were strongly opposed to celibacy and the ruling Romans actually enforced penalties against it.

Who are your gurus? I believe our higher self is our best teacher. We are all humans with flaws, and no single person has all the knowledge. Having said that, there are many people whom I admire and who inspire me to be a better person: the Dalai Lama, Oprah Winfrey, Marianne Williamson, Shirley McLaine, Louise Hay, among many others. I admire kindness and wisdom.

What are you working on next? I'm currently working on a more commercial cozy mystery series, but I have also outlined the sequel to *The Holy Conspiracy*, a story about Mary Magdalene in France.

When you're not writing, how do you spend your time? I like to read, but I also like to go out to bars and listen to live bands. Living in Harlem makes it very easy, there are plenty of low-key jazz bars and music places where different bands (jazz, world music, rock, folk) perform every hour. It's a great way of discovering new music. But whenever I can, I travel. You don't need to be rich to travel, just curious, and of course willing to give up some comforts. There's no place in the world that I'm not interested in visiting.

Who are your favorite authors? I like specific books more than specific authors. I read 50-60 books a year, and tend to gravitate towards books set in other cultures and spiritual books. My favorites include *Shantaram* by Gregory David Roberts, *Twenty* by Debra Landwehr Engle, *Norwegian Wood* by Haruki Murakami, *A Fine Balance* by Rohinton Mistry, and many others.

How do you discover the books you read? I like to browse bookstores for stress-relief. There's a Barnes & Noble five minutes' walk from the office where I go during lunch when I'm having a bad day. I pick up any book that seems interesting and I read different genres for different purposes. Some of my favorites are books I've received as gifts.

Do you read mostly ebooks or print? Both. I love the feel of a real book in my hands. But ebooks are extremely convenient. I read books on my Kindle before going to sleep, on my iPhone on the subway to work, and when travelling.

What would you do if you weren't an author? If I couldn't write, I would paint. I studied art in college in London, and later painting at the Escuela de Bellas Artes in Lima, Peru.

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