

**Exercise: write about yourself**

My name's Emily White and I live with my parents in a small house in Cardiff. I'm seventeen years old and I've got two brothers and one sister.

I've got long blonde hair and brown eyes. I'm not very tall but I'm fit because I like going to the gym. My favourite school subject is maths, I'm really good with numbers. I don't like history because I don't have a photographic memory.

In my free time, I visit my best friend and we sometimes watch films together. I usually wear jeans and a T-shirt with white trainers.

**Exercise: write about your friend**

My best friend's name is Jess. She's fourteen years old and she's really pretty. She's got long black hair and blue eyes.

She usually wears make-up, she's so stylish. She's a good student and always does her homework. Sometimes we study together in the library. She's smart, responsible and good-tempered.

She doesn't go to the gym, but she likes playing darts with me at one of the local cafés. At the weekend, we get together to talk about our things.

**Exercise: write about your house**

I live with my parents and my sister in a two-story house near my school. My house is in Kingsland, Ireland.

On the first floor, there's a big kitchen, a nice living room and a bathroom. In the living room there's a large flat screen TV, there are three armchairs and two paintings on the wall.

On the second floor, there are two bedrooms and one bathroom. There's also a balcony in my parents' bedroom. My favourite room is my bedroom because I've got all my things there. I've got some posters on the wall, a nice wooden desk and a large wardrobe for my clothes.

In summer, I usually spend a lot of time in the backyard playing cards with my grandparents.

**Exercise: write about your daily routine**

On school days I always get up at 7.30 am. I have a shower and get dressed. I usually have breakfast at home. I like having a bowl of cereal with milk. After breakfast, my mum drives me to school.

I have classes all morning and then I have lunch at the canteen with all my classmates. In the afternoon, I go back home on foot.

When I get home, I do my homework and then I watch something on Netflix. On Tuesdays and Thursdays I go swimming at the sports centre.

At the weekend, I help my mother with the housework. After that, we often go to the supermarket to buy some food for a few days.

**Exercise: write about your likes and dislikes**

My name's Laura Johnson, I'm ten years old and I live in a small flat with my parents.

I'm an only child, so my parents sign me up for a lot of extracurricular activities. On Mondays and Wednesdays I like going to the sports centre to play tennis. I love sports, I'm very sporty. On Tuesdays and Thursdays I go to French classes. I don't like the language very much but I have some cousins living in France.

I can't stand music classes because I'm not musical at all, at school I have to play the recorder. I enjoy listening to my playlists on YouTube. I don't mind reading the classics, I love reading novels. Maybe one day I'll write one.

**Exercise: write about what you did yesterday**

Yesterday morning I got up at 7.25 am. I put on my school uniform and had a glass of milk and a muffin for breakfast. After breakfast,

I went to school by bus. Classes finished at 2.15 pm so I got back home at 2.35 pm.

In the afternoon I did my homework and listened to music. I didn't take the dog for a walk because it was raining heavily. My parents arrived around 6 pm. They ordered a pizza and we watched the news and a film on HBO. It was an action film with lots of special effects. I loved it.

I had a shower and went to bed at 9.50 pm. I scrolled through my Instagram and liked some posts. I fell asleep after watching some videos.