Title: Why Should I Get A Breast Revision?

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#### **Blog**



So, you've had breast surgery before, but something feels off, or maybe you just want a change. Fortunately, breast surgery doesn't have to be "one and done" if you're dissatisfied. Breast revision surgery at <a href="BEAUTY by BUFORD">BEAUTY by BUFORD</a> is a second chance to refine or correct your previous breast enhancement outcomes. Whether tweaking the size, adjusting the placement, or a complete do-over, breast revision is all about aligning your body with your current aesthetic or health goals.

## Why Breast Revision Surgery?

Deciding to undergo a <u>breast revision</u> can stem from a variety of reasons, and each one is just as valid as the other! Let's check out some of the motivations behind breast revision surgery:

#### Physical Health & Comfort

Sometimes, the outcome of a breast surgery might leave you dealing with discomfort or even chronic pain. Conditions like breast implant rupture, implant leakage, or capsular contracture, where scar tissue forms around the implant, causing it to harden, are uncomfortable and can pose health risks. A breast revision can resolve these issues, improving your comfort and overall well-being. Plus, advancements in surgical techniques or newer, safer implant materials might also prompt a revision, allowing you to benefit from the latest innovations in cosmetic surgery.

#### Aesthetics

Over time, your cosmetic preferences can change. What seemed ideal ten years ago might not align with your current taste or the proportions of your body today. A breast revision can keep your body in harmony with your evolving sense of self and your mind satisfied with your body image.

#### Lifestyle Changes

Major life events like pregnancy, weight loss, or aging can change your body in significant ways, affecting how your breasts look and feel. A breast revision may be necessary to adapt to these new body dynamics, ensuring that your breasts complement your current lifestyle and body shape.

Each reason for considering breast revision surgery emphasizes the unique and evolving nature of our personal and physical aspirations. Recognizing when and why to opt for a revision is the first step toward feeling happiness with your body again.



### What Are The Different Types Of Breast Revision Surgeries?

Just like how breast surgery is not "one-size-fits-all" and requires personalization based on your needs, wants, anatomy, and goals, so does breast revision surgery! Whether it's adjusting what you already have or going for a whole new look, we've got you covered.

The types of personalized revisions available at **BEAUTY** by **BUFORD** are:

#### Implant-Related Revisions

With <u>breast revision</u>, you can switch from saline to the softer, more natural feel of silicone or adjust the size to better suit your current lifestyle. Dr. Buford can also reposition your implants for better symmetry and comfort. In-office breast implant removal is also an option if you'd prefer to go back to being *au naturel*. We just want to make sure you feel just as good as you look by aligning your body with your latest personal aesthetic goals!

### **Breast Shape & Size Corrections**

Changes in your body require adjustments to maintain balance and beauty. Whether you're seeking a breast lift to restore a youthful contour post-pregnancy or a reduction for comfort and proportionality, we tailor these procedures to your specific needs. Breast shape and size corrections are not merely cosmetic—they can help reduce back,

shoulder, and neck pain and improve mental health if your ideal body image doesn't match your current look. These procedures aim to create a silhouette that feels right for you, blending natural beauty with personal comfort.

#### Nipple & Areola Adjustments

At BEAUTY by BUFORD, we believe the details matter. It's one of the reasons we provide award-winning care! Even the littlest of details can have a huge impact on how you look and feel in your own skin. That's why we proudly offer nipple and areola adjustments. Reducing the size of or repositioning the areola or nipple can significantly improve the overall aesthetics of your breasts, especially when combined with other revisions. These procedures are subtle but powerful and critical for many seeking a refined, balanced look in their chest.

#### Gynecomastia Touch-Ups

Men's breast revision surgeries often focus on refining the results of previous gynecomastia (male breast reduction) surgery. Our revisions aim to enhance or restore a more masculine chest contour, correcting any irregularities or imbalances that have developed over time. This procedure is about precision and subtlety, ensuring the changes are effective yet indistinguishable, maintaining a natural and aesthetically pleasing male profile.



# Achieve Your Goals With BEAUTY by BUFORD!

Board-certified <u>Dr. Buford and his team</u> understand that your aesthetic goals, body, and health change—and that's okay! We are here for you every step of the way. <u>Contact us</u> today and schedule a consultation with us in <u>Lone Tree, Colorado</u>, to discover how we can help you feel confident, happier, and beautiful (or handsome)!