

Person Centred

Client Centred Therapy: Its Current Practice, Implications and Theory - See more at:

https://www.amazon.co.uk/Client-Centred-Therapy-Practice-Implications/dp/1841198404/ref=pd_sim_14_3?encoding=UTF8&pd_rd_i=1841198404&pd_rd_r=4d75b4a7-7abc-11e8-ab87-4fddd0aceb00&pd_rd_w=OAXOY&pd_rd_wg=UKaO4&pf_rd_i=desktop-dp-sims&pf_rd_m=A3P5ROKL5A1OLE&pf_rd_p=3274180622111699416&pf_rd_r=2H1D0AWY4QACZVEFBQHC&pf_rd_s=desktop-dp-sims&pf_rd_t=40701&psc=1&refRID=2H1D0AWY4QACZVEFBQHC

A Way of Being - See more at:

https://www.amazon.co.uk/Way-Being-Carl-R-Rogers/dp/0395755301/ref=sr_1_1?s=books&ie=UTF8&qid=1530181179&sr=1-1&keywords=a+way+of+being

Next Steps in Counselling Practice (2nd edn): A students' companion for degrees, HE diplomas and vocational courses - See more at:

<http://www.pccs-books.co.uk/products/next-steps-in-counselling-practice-2nd-edn-a-students-companion-for-degrees#.V1SujPkrJhE>

Standards and Ethics for Counselling in Action FOURTH EDITION - See more at:

<https://uk.sagepub.com/en-gb/eur/standards-and-ethics-for-counselling-in-action/book241188>

The Tribes of the Person-Centred Nation, 2nd Edition: an introduction to the schools of therapy related to the person-centred approach - See more at <http://www.pccs-books.co.uk/products/tribes#.V1SsffkrJhE>

To Lead an Honorable Life: Invitations to think about client-centered therapy and the person-centered approach - See more at:

<http://www.pccs-books.co.uk/products/to-lead-an-honorable-life-invitations-to-think-about-client-centered-therap#.V1SyOPkrJhE>

Learning and Being in Person-Centred Counselling (2nd edition) - See more at:

<http://www.pccs-books.co.uk/products/learning-and-being-in-person-centred-counselling-2nd-edition/#.V1SyifkrE>

Working at Relational Depth in Counselling and Psychotherapy

<https://www.amazon.co.uk/Working-Relational-Depth-Counselling-Psychotherapy/dp/0761944583>

Transactional Analysis

TA Today. See more at:

<http://www.lifespacebooks.com/TATmain.htm>

The Games People Play See more at:

<https://www.penguin.co.uk/books/4596/games-people-play/>

Cognitive Behavioural Therapy

An Introduction to Cognitive Behaviour Therapy: Skills and Applications - See more at:
<https://www.amazon.co.uk/Introduction-Cognitive-Behaviour-Therapy-Applications/dp/1473962587>

Cognitive Behavioural Counselling in Action Third Edition - See more at:
<https://www.amazon.co.uk/Cognitive-Behavioural-Counselling-Action-Third/dp/1473913691>

Integrative Therapy

The Therapeutic Relationship - See more at:
https://www.amazon.co.uk/Therapeutic-Relationship-Petruska-Clarkson/dp/1861563817/ref=sr_1_sc_1?s=books&ie=UTF8&qid=1530180516&sr=1-1-spell&keywords=the+therputic+reationship

Integrative Therapy: 100 Key Points and Techniques - See more at: [Integrative Therapy \(100 Key Points\)](#) by Maria Gilbert (2010-11-17)

Gestalt Therapy

Gestalt Counselling in Action - See more at:
https://www.amazon.co.uk/Gestalt-Counselling-Action/dp/1446211282/ref=sr_1_4?s=books&ie=UTF8&qid=1530180819&sr=1-4&keywords=gestalt+Therapy

Transcultural counselling

Transcultural Counselling in Action - See more at:
https://www.amazon.co.uk/Transcultural-Counselling-Action/dp/0761963154/ref=sr_1_2?s=books&ie=UTF8&qid=1530180972&sr=1-2&keywords=transcultural+counselling

Counselling in a Multicultural Society - See more at:
https://www.amazon.co.uk/Counselling-Multicultural-Society-Paperback/dp/0761950656/ref=sr_1_7?s=books&ie=UTF8&qid=1530181460&sr=1-7&keywords=transcultural+counselling

Essential Supplementary Reading

Counselling, Class and Politics: Undeclared influences in therapy - See more at:
<http://www.pccs-books.co.uk/products/counselling-class-and-politics-undeclared-influences-in-therapy#.V1StcPkrJhE>

Counselling For Toads:- See more at:
<https://www.routledge.com/Counselling-for-Toads-A-Psychological-Adventure/Board/p/book/9780415174299>

John Bowlby and Attachment Theory - See more at:
https://www.amazon.co.uk/Counselling-Multicultural-Society-Paperback/dp/0761950656/ref=sr_1_7?s=books&ie=UTF8&qid=1530181460&sr=1-7&keywords=transcultural+counselling

Attachment, Trauma and Resilience - See more at:

https://www.amazon.co.uk/Counselling-Multicultural-Society-Paperback/dp/0761950656/ref=sr_1_7?s=books&ie=UTF8&qid=1530181460&sr=1-7&keywords=transcultural+counselling

Children's Therapy

Why Love Matters - See more at:

<https://www.routledge.com/Why-Love-Matters-How-affection-shapes-a-babys-brain-2nd-Edition/Gerhardt/p/book/9780415870535>

The Body Remembers - See more at:

<http://books.wwnorton.com/books/The-Body-Remembers-Casebook/>

Dibs in Search of Self: Personality Development in Play Therapy -See more at:

https://www.amazon.co.uk/Dibs-Search-Self-Personality-Development/dp/014013459X/ref=sr_1_1?s=books&ie=UTF8&qid=1530179248&sr=1-1&keywords=in+search+of+self

Supervision

Passionate Supervision -See more at:

https://www.amazon.co.uk/Passionate-Supervision-Robin-Shohet/dp/184310556X/ref=sr_1_3?s=books&ie=UTF8&qid=1530179927&sr=1-3&keywords=counselling+supervision

Supervision In The Helping Professions (Supervision in Context)

https://www.amazon.co.uk/Supervision-Helping-Professions-Context/dp/0335243118/ref=sr_1_1?s=books&ie=UTF8&qid=1530180117&sr=1-1&keywords=supervision