


# ETES Resource Choice Board

Choose 2 boxes per day!

<p><b>Steam</b></p> <p>Spin Art Machine! On the Ettrick Stay Home Page, Ms. Dance has a video on building your very own spin art machine from scratch! Check it out!</p>	<p><b>Art</b></p> <p>Have you made a nature mandala yet? If not, watch Ms. Cummings' video on the Resource Ettrick stay home page, and see what you can make. Take a picture and share with me through Class Djo message or email!</p>	<p><b>Library</b></p> <p>What does it mean to take care of the earth? Click <a href="#">here</a> to listen to a story!</p>	<p><b>Music</b></p> <p>Write a song about your favorite teacher! Ask someone to send it to Mrs. Slagle so she can share it with them!</p>	<p><b>P.E.</b></p> <p>Flip it Fitness On the Ettrick stay home page, Mr. Shook has a video on how to stay active with just a coin! Check it out.</p>
<p><b>Art</b></p> <p>Mask design-if you were in charge of designing masks for kids to wear to stay healthy, what would you think of? An animal design? Alien? Abstract (just a design, doesn't look like a particular object or thing). Draw and color your mask.</p>	<p><b>Music</b></p> <p>Review the rhythms that you know and teach them to someone in your family!</p>	<p><b>Library</b></p> <p>Upcycle your toilet paper rolls and craft them into something fun! Click <a href="#">here</a> for some ideas! Be sure to take a picture of what you make and send it to me!</p>	<p><b>P.E.</b></p> <p>Plank Day Do at least 4 different planks throughout the day. Try and hold it for 15-30 seconds every time. If you can go for longer, go for longer!</p>	<p><b>Steam</b></p> <p>Build a boat that can float on water for at least 10 seconds using tin foil! Now try to make your boat hold 100 pennies without sinking!</p>
<p><b>Music</b></p> <p>Listen to a song that you like. Come up with some body percussion to do on repeated words (EXAMPLE: clap when you hear the word happy)</p>	<p><b>Library</b></p> <p>Did you know that back in 1987 there was a New York garbage barge that had more than 3,100 TONS of garbage and had no where to put it? Click <a href="#">HERE</a> to listen to a story about it!</p>		<p><b>Steam</b></p> <p>Make a glitter sensory jar using 6oz clear glue, 1 Tablespoon of glitter, 1/4 cup warm water and some food coloring!</p>	<p><b>Art</b></p> <p>Theme parks like Kings Dominion would be opening soon. Think about how you might design a rollercoaster which is "social distancing" safe. How would you do this? What would the coaster look like? Draw the coaster then make up a new theme park ride of your own! Draw it and name it! I'd love to see your designs!</p>

## P.E.

Dance challenge  
What is your favorite song? Does that song have a dance that goes with it? Do the dance, or make up your own!

## Art

Find an empty tp roll and/or an empty paper towel roll or two. What can you make with them?  
Be looking for a video this week in the art folder on a sculpture you can make!

## Steam

Make a "rubber" egg!  
Put a raw shelled egg in a jar and **cover with vinegar** for 24 hrs.

The next day, empty the jar and cover the egg with new vinegar. **Leave out on the counter** for 7 days.

**On day 7, take out the egg** and record the results!

## Library

Write a story about a farmer who plants some magical seeds. What grows? Illustrate your story and send to me at **Elizabeth\_Kyser@ccpsnet.net**

## Music

Find three things in your house that can be used as instruments. Play along with a song that you like OR sing a song you know from music class and play along with that!

## Library

What book did you enjoy reading lately?  
Write a letter to the author telling why you liked his or her book!

## Music

Listen to a piece of classical music. Write a short story that includes an animal as the main character.

## P.E.

Take a walk!  
The weather has been awesome outside recently. Go for a walk outside and get some sunshine and fresh air!.

## Steam

Color a coffee filter with markers, then spray it with water to make rainbow tie dye flowers!

Scrunch up when dry and use tape or pipe cleaners to make stems!

## Art

On the internet, watch <https://youtube/zlqql4ThieA>

This video is a reading of Tar Beach by Faith Ringgold. Where would you fly if you could own anything you fly over? Draw a picture to show me and email or send through Class Dojo!