

APL Training camp for kids and adults Honolulu, Hawaii

More information TBD & coming soon!

April 7th-14th 2025



APL EXPERIENCE - HAWAII EDITION 2025

SCHEDULE*

Day, Location	Time	Activity	Description	Attendance
April 7 Monday	All day	Team APL arrival	Travel & adaptation day	Team APL, instructors
April 8 Tuesday	All day	All athletes arrival	Travel & adaptation day	Athletes
Rangoon Burmese kitchen 1131 Nuuanu Ave, Honolulu, HI 96817	6:00-7:30pm	Meet-and-great in the eve	Welcome Dinner & Icebreaker	Team APL, instructor, students
DAY 1 April 9 Wednesday PoleArity Studio 111 N King St. Suite 2B Honolulu, HI 96817	9:00am-10:40am	Pole Tricks & Combos with Kira Bucca	This class focuses on both pole tricks and acrobatic stunts, combining the best of Kira's signature moves and sequences	Kira, all students
PoleArity Studio 111 N King St. Suite 2B Honolulu, HI 96817	11:00am-12:30am	Pole Flow class with Pink Puma	Beautiful and flow pole transitions class with Pink Puma.	Pink Puma, all students
	12:30pm-1:30pm	Lunch break		
Meet point 1025 Ala Moana Blvd. Honolulu HI 96814 Pier A Slip O.	2:00pm-4:45pm	Locally inspired Catamaran Snorkel Tour**	Snorkel alongside rare green sea turtles in their natural habitat. Discover the underwater world of Turtle Canyon reef.	Full group
	5:00pm-6:00pm	Free / Beach time	Enjoy your time in Hawaii	Full group

Ala Moana Center 1450 Ala Moana Blvd. Honolulu HI 96814	6:00pm-7:00pm	Casual dinner at the food court Ala Moana Center	Explore traditional Hawaiian cuisine and culinary heritage together with Team APL	Full group
DAY 2 April 10 Thursday PoleArity Studio 111 N King St. Suite 2B Honolulu, HI 96817	9:00am-10:40am	Power Spins class with Kira Bucca	Step by step spins technique on static pole, incredible rotations and spinning stunts for all levels	Kira, all students
PoleArity Studio 111 N King St. Suite 2B Honolulu, HI 96817	11:00am-12:30am	Pole Art class with Pink Puma	Beautiful and flow artistic choreography class with Pink Puma	Pink Puma, all students
	12:30pm-1:30pm	Lunch break		
Waikiki Meeting point 2570 Kalakaua Ave #112, Honolulu, HI 96815	2:00pm-4:00pm	Locally inspired paddle boarding experience	Paddle through Waikiki's beauty and culture—an unforgettable way to connect with Hawaii	Full group
Waikiki Kuhio Beach Park	4:00pm-6:30pm	Free / Beach time	Enjoy your time in beautiful Hawaiian beaches	Full group
Maguro Spot 2441 Kūhiō Ave., Honolulu, HI 96815	6:30pm-7:30pm	Sightseeing activities	A tribute to Hawaiian beauty—meet for sunrise at Mogura Spot	Full group
DAY 3 April 11 Friday PoleArity Studio 111 N King St. Suite 2B Honolulu, HI 96817	9:00am-10:40am	Dynamic combos and acro tricks class with Kira Bucca	Swing, jump, rotate and fly around the pole together with Kira	Kira, all students
PoleArity Studio 111 N King St. Suite 2B Honolulu, HI 96817	11:00am-12:30am	Flexibility class with Pink Puma	Expand the limits of your back and splits flexibility with Pink Puma.	Pink Puma, all students
	12:30pm-1:30pm	Lunch break		
Hui O Kamaleinani Hula Studio 449 Kapahulu Ave. Suite 208 Honolulu, HI 96815 Hee Hing	2:00pm-3:00pm	Locally inspired Hula dance class	This class blends local traditions with graceful Hula movements	Local instructor, all students

Building. Look for sign "Hot Yoga Waikiki"				
Kahanamoku Beach 2005 Kalia Rd, Honolulu, HI 96815	4:00pm-5:30pm	Acro yoga class in a beach park	This class combines yoga flow with partner-based acrobatics, enjoyed outdoors with beautiful Hawaiian views.	Local instructor, all students
Hilton Hawaiian Village 2005 Kālia Rd, Honolulu, HI 96815	6:30pm-8:00pm	Fireworks viewing & picnic	Enjoy the famous 15-minute Waikiki fireworks show and picnic together with Team APL	Full group
DAY 4 April 12 Saturday PoleArity Studio 111 N King St. Suite 2B Honolulu, HI 96817	9:00am-10:40am	Signature pole tricks and combos with Pink Puma	Variety of signature tricks, transitions and combos from Pink Puma	Pink Puma, all students
PoleArity Studio 111 N King St. Suite 2B Honolulu, HI 96817	11:00am-12:30am	The Art of Pole with Kira Bucca	Explore your creativeness on and around the pole with Kira	Kira, all students
	12:30pm-1:30pm	Lunch break		
	1:30pm-3:00pm	Free / Beach time	Enjoy your time in Hawaii	Full group
	3:00pm-5:00pm	Prepare for photoshoot		Full group
Magic Island 1365 Ala Moana Blvd, Honolulu, HI 96814	5:00pm-7:30pm	Golden our photoshoot on a beach	Strike your best pole poses - it's shoot time!	Full group
DAY 5 April 13 Sunday Meet for healthy breakfast at Local Joe 110 Marin St, Honolulu, HI 96817	10:00am-8:00pm	Incredible road trip Island Tour around O'ahu's iconic spots with American Pole League: visiting Byodo-In Temple, Kaiona beach park, Makapu'u Lookout, Halona beach	Join us for an incredible all-day adventure around O'ahu. Our journey includes planned stops at the peaceful Byodo-In Temple, breathtaking Makapu'u Lookout, and the dramatic Halona Beach Cove. Along the way, we'll enjoy spontaneous	Full group

		Cove & photo/video pole shoot on Waimanalo Beach	detours, local snacks, and plenty of shared moments. A special highlight of the day will be an unforgettable pole photo and video shoot on the beautiful shores of Waimanalo Beach.	
April 14 Monday	All day	Departure	Travel day	All athletes, Team APL

* Please note that the schedule is subject to change.

** Additional payments can apply.

Stay in touch with Team APL | @AmeracanPoleLeague
www.AmericanPoleLeague.org