2026 Winter Sports Information





March 2026

Winter Sport at Mosman Prep in 2026

Dear Parents,

I would like to thank all parents for their ongoing support of Sport at Mosman Prep. The winter season will certainly be an action packed one, and we look forward to seeing large numbers of parents coming out to cheer on the boys on Saturday mornings and at other sporting events. Your support is greatly appreciated by the staff and students alike.

Please find below important information regarding Winter Sport at Mosman Prep. There are three main components to Sport: Friday afternoon Sport Training, Midweek After-School Training and Saturday Fixtures. This information outlines expectations regarding attire, punctuality and behaviour, as well as scheduled arrangements for practice and games.

Midweek After-School Training

After-School sports training will commence in Week 9 of Term 1 for all Senior Primary boys and then recommence in Week 1 of Term 2. Please note the following comments on dress and participation at Saturday Sport.

Sport	Venue	Training Day	Age Groups	Commencing	Concluding	Time*
Football & Rugby	Balmoral Oval	Wednesday	9/10 Years (Year 3/4)	Term 1- 25 March	Term 1- 25 March	3:00pm-4:30pm
				Term 2- 22 April	Term 2 - 24 June	
				Term 3 - 22 July	Term 3 - 12 August	
		Thursday	11/12 Years (Year 5/6)	Term 1- 26 March	Term 1- 26 March	
				Term 2- 23 April	Term 2 - 25 June	
				Term 3 - 23 July	Term 3 - 13 August	

*Boys are to be collected from training venue at 4:30pm. Boys not collected by parents at this time will be returned to School/After School Care on the School bus.

Friday Afternoon Sport Training (1:45pm-2:45pm)

Sport	Venue	Year	Weeks	Commencing	Pick Up
Football & Rugby	Georges Heights Oval	Year 3/4	Odd- Wks 1, 3, 5, 7, 9 & 11	Term 1- Friday 13 March Term 2- Friday 24 April Term 3- Friday 24 July	Georges Heights by 2:45pm or School by 3:00pm
		Year 5/6	Even- Wks 2, 4, 6, 8 & 10	Term 1- Friday 6 March Term 2- Friday 1 May Term 3- Friday 31 July	Georges Heights by 2:45pm or School by 3:10pm

At all Friday training sessions boys are required to wear their sports uniform (navy polo). Boys DO NOT require their boots, shin pads (football), mouth guard (rugby) etc when they have Friday Sport.

For training at Georges Heights, boys will travel by school bus to practice on their respective Friday, and may be picked up from Georges Heights at 2:45pm. Alternatively they will be returned to school for a pick up at 3:00pm (Year 3/4) or 3:10pm (Year 5/6).

Saturday Sport

It is the expectation of the School that all boys in Years 3-6 play Saturday sport for the School. School sport is always to take precedence over club sport and allowances will not be made to play club games.

Byes

Should your son be unable to play on a particular day, a request must be made in writing to the Director of Sport (sriddett@mosmanprep.nsw.edu.au) in the previous week. Please note, exemption will not automatically be given as the team is the first priority.

Sickness on a Saturday Morning

In the event of sickness on a Saturday morning, parents must contact a parent of another member of their son's team to pass the message on to the team coach. Although appreciated, an email to the Director of Sport or coach is not acceptable on its own.

Punctuality

For Saturday fixtures, boys need to be at the venue thirty (30) minutes prior to the start of their game, and ready to warm up twenty (20) minutes before the start of the game.

Please note: ***Late arrival to a fixture will most likely result in reduced participation in the respective game. For example, boys concerned will start the game as a substitute or risk reduced game time, if they arrive late.***

Sports Attire

All boys are required to wear the correct sports uniform for all after–school training sessions and Saturday fixtures. For Friday Sport boys are to wear the sports uniform and do not need to bring shin pads (football) and mouth guards (rugby).

Tracksuit- The School tracksuit is compulsory for all boys in Years 3-6. These tracksuits are to be worn in place of the school fleece on all Saturday mornings in the Winter Season (Term 2 and 3) and as notified in Terms 1 and 4. The Year 6 jersey is NOT to be worn for Saturday fixtures.

Football (Soccer)

All boys must wear the Prep training shirt (training sessions) OR football jersey (Saturday fixtures), football shorts (same as basketball and athletics) and long socks. These can be purchased from our uniform supplier, Midford, and/or Uniform Shop.

Boots: predominantly BLACK in colour with moulded sole or screw-in metal studs. These can be purchased from sport stores.

Shin guards/pads are compulsory for all football players for both training and games. These can be purchased from sport stores. Mouth guards are highly recommended for football.

Rugby

All boys must wear the Prep training shirt (training sessions) OR rugby jersey (Saturday fixtures) and rugby shorts (same as PE shorts). These can be purchased from our uniform supplier, Midford, and/or Uniform Shop.

Boots: predominantly BLACK in colour with moulded sole or screw-in metal studs which can be purchased from sport stores.

It is compulsory for all boys playing rugby to wear a mouth guard both at after-school training and Saturday games. It is highly recommended that mouth guards are fitted by a dentist. Head gear is recommended and needs to be navy blue or black in colour.

Note: Rugby and football boots must have either moulded or screw-in metal studs. Nylon, plastic or aluminium-tipped screw-in studs are not permitted. Moulded soles are fine for both winter sports.

Please note: ***Correct uniform is an important part of respect and responsibility in representing the School and its wonderful history. Boys who do not have the correct uniform for sport will receive communication from the Director of Sport and the Headmaster. This includes both training sessions and Saturday fixtures.***

IPSHA Saturday Fixtures for Term 2 & 3, 2026 will shortly be available on the School's website. Round 1 commences on Saturday, 2 May.

Weekly Team Selection and Notification

All our sporting teams are selected on a weekly basis, with teams being completely fluid and coaches encouraged to move boys between teams as they deem appropriate. Our teams are graded in line with the IPSHA draws that are provided to us. Grading boys allows them to play at a level where they are best suited, thus fostering greater skill development and enjoyment.

Team lists (with finalised venues and times) will be placed on the Sports Notice Board for the boys to view at school, sent via the School App, and also placed on the School Website for parents to check on Thursday of each week. Go to www.mosmanprep.nsw.edu.au , click on 'Sport', then 'Sports Fixtures and Training'.

It is imperative that parents check the times and venues on the weekly team lists, as these can change from the times advertised on the fixture list at the beginning of term/season.

MCEPS Information Line Number- 9990 9196

Saturdays- On Saturdays the MCEPS Information Line will be updated between 6:30am and 7:00am. This number has the most up-to-date information the School can provide regarding matters of sport and excursions. Parents are to call this number and not the School Office. After heavy rain, Mosman Council often closes its grounds, so please check with this number for all school sport and excursion cancellations.

Weekdays- In case of inclement weather, please ring the Prep Information Line, which will be updated from 1.00 p.m. Ovals might be closed by Mosman Council on fine days if the preceding days have been wet, so it is advised that parents should ring the School's Information Line on training days, if there has been rain.

PLEASE NOTE: If the message has not been updated, sport is on as scheduled.