



**GHSA STATE TRACK & FIELD STATE
CHAMPIONSHIPS
2A, 7A GIRLS' & BOYS'
McEachern HS, Powder Springs, GA
May 11-13, 2023**



Thursday, May 11, 2023 – Session I - Field Events / 4x200 Prelims, 4x800 Finals

12:00 Noon	Discus Throw – 7A Boys, 7A Girls High Jump – 2A Boys, 7A Girls Long Jump – 2A Girls, 7A Boys Pole Vault – 2A Girls, 7A Boys Shot Put – 2A Boys, 2A Girls Triple Jump – 7A Girls
2:00 pm	Discus Throw – 2A Girls, 2A Boys High Jump – 2A Girls, 7A Boys Long Jump – 2A Boys, 7A Girls Shot Put – 7A Girls, 7A Boys Triple Jump – 7A Boys
3:00 pm	Pole Vault – 2A Boys, 7A Girls
4:00 pm	Triple Jump – 2A Boys, 2A Girls
6:00 pm	4x200 Relay Prelims (2A/7A Girls, then Boys)
7:00 pm	4x800 Relay Final (2A/7A Girls, then Boys) (Dual-Alley Start)

Friday, May 12, 2023 – Session II

Qualifying Heats for Running Events and 1600 Meter Run Finals, 3200 Meter Run Finals

The running order in all Prelims will be 2A/7A Girls, followed by 2A/7A Boys

12:00 pm	100 Meter Hurdles / 110 Meter Hurdles Prelims
12:40 pm	100 Meter Dash Prelims
1:20 pm	1600 Meter Run Final (2A Girls/Boys)
1:40 pm	4x100 Meter Relay Prelims
2:20 pm	400 Meter Dash Prelims
3:00 pm	300 Meter Hurdles Prelims
3:40 pm	800 Meter Run Prelims (one-turn stagger)
4:20 pm	200 Meter Dash Prelims
5:00 pm	3,200 Meter Run Final (7A Girls/Boys)
5:50 pm	4x400 Meter Relay Prelims

Saturday, May 13, 2023 – Session III - Finals for Running Events

The running order in all races will be 2A/7A Girls, followed by 2A/7A Boys

12:00 pm	100 Meter Hurdles / 110 Meter Hurdles
12:30 pm	100 Meter Dash
12:50 pm	4x200 Meter Relay
1:20 pm	1600 Meter Run (7A Girls/Boys)
1:50 pm	4x100 Meter Relay
2:20 pm	400 Meter Dash
2:50 pm	300 Meter Hurdles
3:20 pm	800 Meter Run (one-turn stagger)
3:40 pm	200 Meter Dash
4:00 pm	3,200 Meter Run (2A Girls/Boys)
4:30 pm	4x400 Meter Relay
5:10 pm	Presentation of Trophies

2023 STATE MEET VERTICAL OPENING HEIGHTS/PROGRESSIONS

BOYS POLE VAULT- 9'6"- 10'6"- 11'6"- 12'0"- 12'6"...

GIRLS POLE VAULT- 7'- 8'- 9'- 9'6"- 10'0"...

BOYS HIGH JUMP- 5'8"- 6'- 6'2"- 6'4"...

GIRLS HIGH JUMP- 4'6"- 4'10"- 5'- 5'2"...

GAMES COMMITTEE AND EVENT OFFICIALS SHOULD USE JUDGMENT WITH REGARDS TO ADJUSTING DUE TO WEATHER OR FIELD TALENT FOR EACH GROUP WITH THE UNDERSTANDING THAT THESE CHANGES WERE IMPLEMENTED TO HELP MOVE THE EVENT ALONG AND NOT PRECLUDE ATHLETES FROM BEING ABLE TO COMPETE.