

John Parker presents...

the BMX-Class

Positive Thoughts into Purposeful Action!

A 4-8 part motivational reading program..



by John Parker

Whaddya Want?

Communication solves problems and builds community ...SHARE!.

Week 1: Introduce the BMX-Class and book, "Whaddya Want?"

"Whaddya Want?" is the first in a series of books written by pro BMX rider John Parker. He had a long career of traveling around the world competing and performing in action sports events. He competed at the X Games for over ten years, won the M-TV Sports and Music Festival twice, took Gold at the Gravity Games best trick contest and many others. He is best known for pushing the limits of his sport by doing tricks never thought of or thought to be impossible. He shares with us his story of discovery and growing up. His story is meant to open student's minds to the world around them and turn Positive Thoughts into Purposeful Action!

These books explore the **Body**, **Mind**, and **X-factor**.

The **Body** is your active side; the things you do, play, participate in, your health. This book and class will focus on keeping you safe, fit, and physically aware.

Action -- You are in control!

The **Mind** is your control center. You are in control of your mind and your actions. Be aware of your thoughts and feelings. How you project them affects you and everyone around you.

Positive Thoughts -- You are powerful!

The **X-factor** is you, your experiences, your skills, talents, hopes, dreams, and attitude that you bring to every situation.

Purpose -- You are unique!

*** Show StuntMasters video to students.**

**There will be a personal online introduction by author / rider John Parker.

***Discuss Goals:**

1. Get students to read and discuss an engaging book about character building, friendship, awareness, learning, and to feel connected as students, kids, and humans.
2. Reading retention and understanding.
3. Communicate. Collaborate. Connect.
4. Attendance. Participation.

Activity #1: Have students anonymously write what they would like to discuss or hope to get out of this book in one paragraph or less. What do they expect?

Whaddya Want?

Discussion Questions / Activities

These lessons and discussions are best when the whole class is involved. For each student to get the most out of discussions and activities we suggest the class works together in groups of 5 or less.

These questions are formed to start **open** discussions about school, family, and character. It is recommended that the book be split into weekly reading segments (Chapter 1-4, 5-8, 9-12, 13-16, 17-20) and discussed in small groups with teacher supervision.

Week 2

Chapter 1.

- What characters are introduced in Chapter 1? Which can you relate to and how?
- In what ways is Levi's dream similar to his reality in school?
- Why does Levi feel a "little sorry" for his teacher?
- Who asks Levi to play cards? How does Levi feel about this character?
- What event happens at the bus stop after school? How does it affect Levi?

Chapter 2.

- Why is Levi's mom upset with him? What else might be bothering her?
- What is Levi's relationship with his sister like? Can you relate?
- What is Levi excited about? What hobbies, sports, activities excite you?
- Who comes to Levi's house after his mom leaves for work? What does Levi learn about her?
- Do we learn anything about her personality from their talk?

Chapter 3

- What does Levi normally do on weekends? What does he do on this Saturday?
- What is a normal weekend like for you?
- How does Levi hurt himself in the garage? How does it make him feel?
- What activity makes you happy? In control?

Chapter 4

- What unusual character does Levi take comfort in talking to?
- Why do you think it is easy for him to talk to this character?
- Who do you find it easy to talk to? Why? Are you ever the listener?

Activity # 2 Listening: Pairs of students take turns talking and listening. One student plays "Buddy" and the other talks about himself / herself for 3 minutes. Likes? Dislikes? Sports? Favorite subjects? Family? After, each "Buddy" tells the other student what they have in common with each other.

Week 3

Chapter 5

Who is coming to pick up Levi? What is their relationship like? Where do they go?
What happens that makes Levi feel alive and important?

Chapter 6

How does Levi feel on Monday? Why? Do you ever feel this way?
What problems does Levi face before leaving for the bus? Sound familiar?
Who does Levi talk to on the bus? How does Levi feel toward him before and after they talk?
What is written on this person's shoe?
What does Levi learn from him?

Chapter 7

What are Levi and his friends trying to find out?
What changes do you see in Levi?
What is Levi's science teacher's name? What is he like?
What do Levi and his science teacher talk about after class?

Chapter 8

What is Penny upset about?
How does Levi try to cheer her up?
Do you think Levi learns anything from Penny?

Activity #2 Essay question: Each student is to write a 3-5 paragraph essay about how their outlook on school, life, and friendship has changed over the years. How do they expect that it will have changed by the time they have finished school?

Week 4

Chapter 9

After fixing his bike what does Levi do?
Are you surprised at his confidence?
Who jumps right behind Levi? What advice does she give him?

Chapter 10

Why was Levi anxious to get to school?
Who does he sit next on the bus?
What is Levi's bus mate like?

Chapter 11

What does Levi have to do on Monday in PE class? How does he feel about it? Why?
What is the PE teacher's name? What is he like?
Why does Levi run so hard? What does he learn?

Chapter 12

What does Levi spend the day looking at? What things does he learn?
Who overhears him talking to Tony in science class?
What effect does his story have on them?
What does Mr. Masters surprise the class with? Do you find that odd?
How does Levi find Mr. Masters connected to Duarte and Tyson? What do they have in common?

Activity # 4 What are you an expert in? You can learn a lot from riding a bike!
We are all experts at something! What have you learned from playing a sport?
Reading a book? Traveling? Can you create a lesson plan and share with your group? Be creative!

***Alternate Activity # 4 Physical Science:** Mr. Masters uses his skateboard to explain physical science. Use *BMX in Motion* for a Physical Science Lesson!

Whaddya Want?

Week 5

Chapter 43...yes 43!

What does Levi do in the crowded park? Why?

What does Meghan bring him? What problem does she seem to have?

Who encourages Levi to try 360's? How does Levi's feelings about this character change?

Chapter 14

What is "hump" day? What does Levi's father say about it?

What happens during the hoop competition? How does Levi handle it?

Is life a team sport? What do you think?

Chapter 15

What does Levi write about when his English teacher leaves the room?

How have you dealt with big changes in your life?

Levi is learning a lot from paying attention to the world around him. Name some things he has discovered.

What have you learned as you change schools and classmates?

Levi had _____ thoughts and turned them into _____. Why do you think this is important? How do your feelings affect the way you act?

What is significant about the person giving Levi bike parts? Does your neighborhood feel like strangers? What do you think Levi is realizing about community?

Chapter 16

What plan does Levi come up with to discover the stunt rider's identity? How is he transforming as a person? Have you noticed changes in yourself or others?

What does Levi suggest the class write about with Ms. French being absent?

Who does Levi recruit to join the team? How does Levi feel about this character?

Activity #5 Essay: What does your shoe say about you? Write a paragraph on what someone could learn about you from looking at your shoes. Be descriptive! Volunteers to read / explain to class.

***Alternate Activity #5:** Have students all write about what a shoe that teacher brings into class says about the person that wears it.

Week 6

Chapter 17

Why can't Levi sleep? Do you ever have this problem? What do you do to fix it?
What is Mr. Masters doing in Levi's dream? What words does he write on the spokes?
How does the big hub and wheel make Levi feel? Do you feel connected like a hub? How?
What has Ms. French decided to do? What does she have to say about books and writing?
How do you feel connected to the world around you?

Chapter 18

What things have made Levi realize the world wasn't "so black and white or cool and lame?"
What do you think Levi means by picturing everyone he saw with a "thread coming out their back?"
Who is Stunt? Does this begin to explain a mystery?
What does Levi decide the purpose of life is? Do you agree?
What did Mr. Masters find that he loved more than skating?
What do you love to do? Can you see that changing?

Chapter 19

What does Levi do that he "never does?" Do you think it unusual for someone to show emotions? Why would someone hide their happiness?
Coach Hunt asks if it mattered who the stuntmaster is. Does it? Why was the search important to the story?

Chapter 20

Do you think Levi has learned any lessons in the past week? What?
What do you think Meghan has learned?
What have you learned from others at school? From Levi?
Why do you think the masked rider looked like Levi?

Activity #6 Spokes of Character: What would your Word be? Students are to draw a wheel with themselves at the hub (no names in hub, yet!) and 5-8 spokes with words that describe themselves. The papers are collected and passed out at random. Students try to guess whose wheel is whose.

Week 7 AR Test

Whaddya Want? AR Test

1. Why were kids in school wearing costumes?
 - a. Halloween
 - b. School Play
 - c. Founders Day
 - d. Spirit Week
2. Where did Levi first see the BMX Rider?
 - a. Park
 - b. Bus Stop
 - c. School Track
 - d. In Front of His House
3. 3. Who does Levi sit with and befriend on the bus?
 - a. Gregory
 - b. Meg
 - c. Tony
 - d. Allison
4. What did Coach Hunt yell after shooting hoops in gym class?
 - a. Life is a Team Sport
 - b. Life Takes Work
 - c. There is No "I" in Team
 - d. Life is What You Make It
5. What is Coach Hunt's nickname?
 - a. Tricks
 - b. Stunt
 - c. Skater
 - d. Kicks
6. In what class did Levi wake up?
 - a. 8th Grade History
 - b. 6th Grade Math
 - c. 7th Grade Science
 - d. 9th Grade English

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7. What word was on the toe of Duarte's Shoe?
 - a. "Patience"
 - b. "Party"
 - c. "Parker"
 - d. "Purpose"
8. What word is wrapped around the sole of Mr. Mike's shoe?
 - a. "Purpose"
 - b. "Driven"
 - c. "Action"
 - d. "Strength"
9. What trick does Mr. Mike perform for the class?
 - a. Goofyfoot
 - b. Crooked Grind
 - c. Kickflip Ollie
 - d. Mongo-Foot
10. Who gave Levi trick advice at the park?
 - a. Tony
 - b. Greg
 - c. Meg
 - d. Duarte



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Week 8 -- The ***BMX Impact Motivational Assembly!***

The StuntMasters perform with high flying stunts and incredible maneuvers on the ground. This fun, interactive, and engaging assembly rewards students for working hard, participating, reading, learning, and sharing! Students are encouraged to bring along their books for an autograph and a fun display of Positive Thoughts turning into Purposeful Action.

This reward assembly sets up in a paved area of 40' x 120' that is accessible by vehicle. Basketball courts, play yards, or parking lots are idea. We can set up inside gyms with our smaller ramp as well.

The team shows up at least one hour before show time to set up. The show is 45 minutes long --30 minutes of riding and discussion with time after for trivia, prizes, and meet the team / autographs.