Athlete Code of Conduct

Triathlon Inverness

Triathlon Inverness is dedicated to creating an environment that nurtures the enjoyment and enthusiasm of every athlete within our club/sport, through a safe, positive environment. We want to empower our athletes to conduct themselves with a sense of personal integrity based on the acceptance of rules, fairness, equality, respect for others and a sense of what is right; where unethical behaviour, rule breaking, drug taking or violence is automatically rejected as being irrelevant to the true purpose of Triathlon.

I agree to:

For Myself

- Always strive to show the best of myself and refrain from inappropriate conduct towards others including physical, verbal, written or emotional, in person or through use of social media; not bring myself or Triathlon Inverness into disrepute
- Not smoke, consume alcohol or drugs of any kind, during the duration of formal club sports activities, regardless of my age
- Set a good example at all times in aspects of dress, punctuality, language, behaviour and respect of equipment and others, attending all required meetings and briefings
- Conduct myself in a manner that takes all reasonable measures to protect my own safety and the safety of others
- Report inappropriate behaviour or risky situations to a member of the club committee or a coach

My Equipment

- Ensure both my equipment and attire is safe, well maintained and fit for purpose in training and competition
- Ensure that all my equipment and sport specific clothing complies with any competition/event rules guidelines

For Others

- Practice and participate fairly and be trustworthy, respecting other club members at all times and not behave in a manner which could be detrimental to their preparation or performance in any way
- Respect the rights, dignity and worth of all participants regardless of age, gender, ability, race, cultural background or religious beliefs or sexual identity
- Behave with respect to others including coaches, venue staff, officials, other athletes, parents, team managers and spectators etc
- Respect the personal space of others

Triathlon Inverness recognises that to create a supportive atmosphere which allows everyone to participate and compete to the best of their abilities, it is important for athletes to know that while we have high expectations of their behaviour, that they can expect the same from us.

You have the right to:

1. Enjoy Triathlon in a safe, enjoyable and protective environment
2. Be respected, treated fairly and participate on an equal basis, appropriate to your ability
3. Ask for help
4. Be listened to
5. Be believed
6. Be protected from abuse by other attendees or outside sources
7. Be referred to professional help if needed

Breaches of the Athletes Code of Conduct will be dealt with in accordance with the Triathlon Inverness disciplinary procedures.

By signing this code of conduct I agree to abide by the code outlined below. I understand that failure to abide by the code of conduct may result in any/all of the following actions may be taken:

1. Be required to apologise formally
2. Receive a warning; verbal or written
3. Be dropped or substituted or removed from certain events/competitions
4. Suspended for a period of time
5. Be required to leave the club

I have read and understood the above Code of Conduct and I agree to be bound by it:

Athlete Signed ……

Name (print) …….…….…… Date……..

Signed ……. Parent/Carer (required for U18s)

Name (print) …….…….…… Date……