

“Five from Fifty”

(Exercise taken from The Renaissance Soul by Margaret Lobenstine.)

What are your TOP FIVE (or fewer) values from this list that you want to treat as MOST important this year? (You can also write-in if you have an important value that doesn't quite fit here.)

Achievement

Affection

Appearance

Approval

Arts

Authority

Beauty

Career/Employment

Community

Creativity

Environment

Expertise

Fame

Family

Freedom (personal)

Freedom (political)

Generosity

Health (emotional)

Health (physical)

Home

Honesty

Integrity

Learning

Leisure

Love

Loyalty

Meaning

Money

Openness

Patriotism

Personal Growth

Pleasure

Popularity

Power

Privacy

Recognition

Relationships

Religion

Reputation

Respect

Risk Taking

Security

Social Acceptance

Socializing

Solitude

Spiritual Development

Status

Winning

Wisdom