



Competitive Team Dress Code

A Professional Image Produces Professional Results!

Students are expected to meet all dress code requirements.

Students are expected to dress properly and come prepared for all of their classes.

*Students who are not adequately prepared for class **will not be permitted to participate** (at the discretion of the teacher). If it is cold in the classrooms before warm-up students are permitted to wear their SADS teamwear. All warm-up items must be removed after the warm-up has finished.*

PLEASE CLEARLY LABEL ALL ITEMS. SADS IS NOT RESPONSIBLE FOR LOST OR STOLEN, SHOES, TIGHTS ETC. LEAVE VALUABLES AT HOME. DO NOT WEAR JEWELRY/SMART WATCHES TO DANCE

Shoe Requirements by Level

DO NOT BUY YOUR SHOES TOO BIG ESPECIALLY FOR TAP. DANCE SHOES MUST FIT PROPERLY FOR SAFETY AND QUALITY TECHNIQUE. SHOES SHOULD FIT SNUGLY AND IF POSSIBLE BE FITTED BY A PROFESSIONAL. THEY ARE MEANT TO ACT AS A FOUNDATION TO REDUCE INJURY AND SUPPORT YOUR CHILD'S GROWING BODY.

TEAM	Ballet/ Pointe	Tap	Jazz/ Musical Theatre	Acro/ Tumbling	Hip Hop	Contemp/Lyrical
PT JUNIOR	SO DANCA BLISS - SD16 STRETCH CANVAS SPLIT SOLE BALLET SHOE	Capezio CG19 Cadence Tap Shoe - Black	Bloch Neo-Flex Slip On Leather Jazz Shoes S0495L - Black	Bare Feet	Clean indoor Runners *shoes will be advised closer to competition and will be selected according to costume	Bloch Neo-Flex Slip On Leather Jazz Shoes S0495L - Tan
PT INTER	SO DANCA BLISS - SD16 STRETCH CANVAS SPLIT SOLE BALLET SHOE	Capezio CG19 Cadence Tap Shoe - Black	Bloch Neo-Flex Slip On Leather Jazz Shoes S0495L - Black *Tan may ALSO be required later in the season depending on costuming	Bare Feet	Clean indoor Runners *shoes will be advised closer to competition and will be selected according to costume	Bare Feet/Dance Paws - to match skin tone
PT TEEN PT SENIOR	SO DANCA BLISS - SD16 STRETCH CANVAS SPLIT	Capezio CG19 Cadence Tap Shoe - Black	Bloch Neo-Flex Slip On Leather Jazz Shoes S0495L - Black	Bare Feet	Clean indoor Runners *shoes will be	Bare Feet/Dance Paws - to match skin tone

	SOLE BALLET SHOE		<i>*Tan may ALSO be required depending on costuming</i>		<i>advised closer to competition and will be selected according to costume</i>	
IGNITE IGNITE PLUS	SANSHA STAR CANVAS FULL SOLE BALLET SLIPPERS - 14C	Capezio Mary Jane 3800 Tap Shoe - Caramel	Bloch Neo-Flex Slip On Leather Jazz Shoes S0495L - Black <i>*Tan may ALSO be required later in the season depending on costuming</i>	Bare Feet	Clean indoor Runners <i>*shoes will be advised closer to competition and will be selected according to costume</i>	NA
FT JUNIOR	SANSHA STAR CANVAS FULL SOLE BALLET SLIPPERS - 14C	Capezio CG19 Cadence Tap Shoe - Black	Bloch Neo-Flex Slip On Leather Jazz Shoes S0495L - Tan <i>*Black may ALSO be required depending on costuming</i>	Bare Feet	Clean indoor Runners <i>*shoes will be advised closer to competition and will be selected according to costume</i>	NA
FT INTER FT TEEN FT SENIOR	Sansha Pro Canvas Split Sole Ballet Shoe PRO1C <i>*Flat shoes to be worn for prep for pointe. Dancers</i>	Capezio CG19 Cadence Tap Shoe - Black OR BETTER*	Bloch Neo-Flex Slip On Leather Jazz Shoes S0495L - Tan <i>*Black may ALSO be required later in</i>	Bare Feet	Clean indoor Runners <i>*shoes will be advised closer to competition and will be selected according to</i>	Bare feet, Dance Paws or Contemporary Socks

	<i>are also asked to bring white ankle socks for class</i> <i>*Pointe shoes should be fit by a professional and will be unique to each dancer</i>		<i>the season depending on costuming</i>		<i>costume</i>	
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**If you would like to purchase higher quality tap shoes please speak to Ms. Sandra for recommendations to suit your feet.*

Attire & Hair Requirements by Level

DANCERS ARE EXPECTED TO STRICTLY ADHERE TO THE GUIDELINES BELOW. ANY STUDENT FOUND TO BE IMPROPERLY DRESSED MAY BE ASKED TO OBSERVE CLASS.

NO DANGLING EARRINGS, NO NECKLACES & OTHER JEWELRY, NO SMART/FITNESS WATCHES.

Team	Ballet	Jazz / Lyrical / Tap / Musical Theatre	Acro	Hip Hop	Guest Classes / Workshops / Conventions
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IGNITE	Black tank bodysuit; pink/skin-tone tights; matching ballet shoes;				
IGNITE PLUS	Black crop top & black shorts.	Black half top & black shorts.	Black bodysuit/close-fitting shirt; sweatpants, joggers or leggings;	Dress to impress in different colours/styles; professional appearance; corresponding shoes;	
PT JUNIOR	slick bun	slick bun/ponytail	slick bun/ponytail	slick bun/ponytail	well-groomed hair
FT JUNIOR	<i>*skin tone tights & shoes must match to create a streamlined leg line</i>				

Team	Ballet / Prep for Pointe / Pointe	Jazz / KJT / Lyrical	Contemp	Tap	Acro	Hip Hop	Guest Classes / Workshops / Conventions
PT INTER	Black tank bodysuit;					Black bodysuit,	Dress to
FT INTER	pink/skin-tone tights;	Black crop top;	Black crop top	Black	Black crop top;	crop top or	impress in
PT TEEN	matching ballet shoes	and black shorts/leggings	and black studio pants	bodysuit/crop top; black shorts/leggings /studio pants	black shorts	close-fitting shirt;	different colours/styles;
FT TEEN						sweatpants, joggers, studio pants or leggings;	professional appearance;
PT SENIOR	slick bun	slick bun/ponytail	slick bun/ponytail	slick bun/ponytail	slick bun/ponytail		corresponding shoes;
FT SENIOR	<i>*skin tone tights & shoes must match to create a</i>					slick bun/ponytail	well-groomed hair

	streamlined leg line						
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	Ballet	Jazz / KJT / Lyrical / Tap / Contemp / Acro	Hip Hop	Guest Classes / Workshops / Conventions
BOYS	Black tricot fitted tights/shorts; white dance socks; black Capezio Hanami ballet shoes	Black jazz pants; hip-length white T-shirt; appropriate footwear	Black sweatpants; white tank top/T-shirt;	Professional class-appropriate attire and footwear

Dancewear/shoes can be purchased at...

- Second Skin Fashions 8100 Yonge Street (905) 731-2629;
- Dance Essentials 80 Bass Pro Mills Drive (905) 731-9957;
- On The Dance Floor Boutique 10235 Yonge Street (905) 237-5056;
- Gabbies Boutique Newmarket; (905) 830-1420

Some of these stores offer discounts for Sandra Amodeo Dance Studio students.

**SADS SEASON 51 TEAMWEAR ORDER FORM –
coming soon**