March 2026

MORRIS KNOLLS
OUTDOOR TRACK & FIELD

"Nothing is given. Everything is earned."

*Calendar subject to changes *Practice times may vary based on weather and events*

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4 Early Dismissal	5	6	7
8	9 First Day of Spring Track & Field Practice 2:45pm-5:00pm	10 Practice 2:45pm-5:00pm	11 Practice 2:45pm-5:00pm	12 Practice 2:45pm-5:00pm	13 Practice 2:45pm-5:00pm	14 SATs Practice TBA
15	16 Practice 2:45pm-5:00pm	17 Practice 2:45pm-5:00pm	18 Practice 2:45pm-5:00pm	19 Practice 2:45pm-5:00pm	20 Practice 2:45pm-5:00pm	21 Practice TBA
22	23 Practice 2:45pm-5:00pm	24 Practice 2:45pm-5:00pm	25 Practice 2:45pm-5:00pm Senior Banner Pictures 2:45pm Parent Meeting 4:30pm @ Concession Stand	26 Practice 2:45pm-5:00pm	27 Practice 2:45pm-5:00pm	28 Practice TBA
29	30 Practice 9:00-11:00AM					

April 2026

MORRIS KNOLLS OUTDOOR TRACK & FIELD

"Consistency is key!"

*Calendar subject to changes *Practice times may vary based on weather and events*

Sun	Mon	Tue	Wed	Thu	Fri	Sat
AWAY DUAL MEETS IN GOLD HOME DUAL MEETS IN GREEN RELAYS IN RED FROSH/SOPH RELAYS IN PINK		DUAL MEET WMC @ WEST MORRIS HS 4:00PM	1 Practice TBD by Events	2 Practice 9:00-11:00AM	3 Good Friday Practice TBD by Events	4
5	6 Practice 2:45pm-5:00pm	7 DOUBLE DUAL MEET RANDOLPH/PAR HILLS @ MORRIS KNOLLS HS 4:00PM	8 Early Dismissal Practice 2:45pm-5:00pm	9 Practice 2:45pm-5:00pm	10 Practice 2:45pm-5:00pm	11 ACTs DODGERTOWN RELAYS @ MADISON HS 8:30 AM
12	13 Practice 2:45pm-5:00pm TEAM SPIRIT WEEK	14 Practice 2:45pm-5:00pm	15 Practice 2:45pm-5:00pm	16 ~~MC FR/SO RELAYS~~ ~~@ RANDOLPH HS~~ ~~4:30PM~~ (CANCELED)	17 Practice 2:45pm-5:00pm	18 MORRIS HILLS RELAYS @ MORRIS HILLS HS 9:00AM
19 UNIFIED GAME DAY 10:00AM-1:00PM	20 No School Practice TBA	21 DUAL MEET ROXBURY @ MORRIS KNOLLS HS 4:00PM SENIOR DAY	22 Practice 2:45pm-5:00pm	23 PENN RELAYS Practice 2:45pm-5:00pm	24 Practice 2:45pm-5:00pm	25 RANDOLPH RELAYS @ RANDOLPH HS 9:00AM
26	27 Practice 2:45pm-5:00pm	28 Practice 2:45pm-5:00pm	29 MC RELAYS @ RANDOLPH HS 4:30PM	30 Practice 2:45pm-5:00pm		

May 2026

MORRIS KNOLLS OUTDOOR TRACK & FIELD

"Champions think, look, act, and behave like champions."

*Calendar subject to changes *Practice times may vary based on weather and events*

Sun	Mon	Tue	Wed	Thu	Fri	Sat
CHAMPIONSHIP MEETS IN PURPLE					1 Practice 2:45pm-5:00pm	2 SATs Practice TBA
3	4 Practice 2:45pm-5:00pm	5 NJAC CHAMPS @ MORRIS HILLS DAY 1 4:30PM	6 NJAC CHAMPS @ MORRIS HILLS DAY 2 4:30PM	7 Practice 2:45pm-5:00pm	8 GIRLS FR/SO CHAMPS @ MADISON HS 4:00PM	9 BOYS FR/SO CHAMPS @ MADISON HS 9:00AM
10	11 Practice 2:45pm-5:00pm	12 Practice 2:45pm-5:00pm	13 Practice 2:45pm-5:00pm	14 Practice 2:45pm-5:00pm	15 N1 GROUP 3 SECTIONAL CHAMPS @ VERNON HS DAY 1 4:00PM Junior Prom	16 N1 GROUP 3 SECTIONAL CHAMPS @ VERNON HS DAY 2 9:30AM
17	18 Practice 2:45pm-5:00pm	19 MC CHAMPS @ BOONTON HS DAY 1 4:00PM	20 Postponed	21 MC CHAMPS @ BOONTON HS DAY 2 4:00PM	22 NO SCHOOL Practice TBA	23 Practice TBA
24	25 NO SCHOOL Practice TBA	26 NO SCHOOL TBA	27 Practice 2:45pm-5:00pm	28 Practice 2:45pm-5:00pm Senior Prom	29 GROUP 3 CHAMPS @ NORTH BURLINGTON HS DAY 1 2:00PM	30 GROUP 3 CHAMPS @ NORTH BURLINGTON HS DAY 2 10:30AM

June 2026

MORRIS KNOLLS
OUTDOOR TRACK & FIELD

“Hard work beats talent when talent doesn't work hard."

*Calendar subject to changes *Practice times may vary based on weather and events*

Sun	Mon	Tue	Wed	Thu	Fri	Sat
31	1 EOS Banquet 6pm at Gardner Field Pavillion	2 Practice 2:45pm-5:00pm	3 MEET OF CHAMPIONS @ PENNSAUKEN HS 2pm	4	5	6 SATs
7	8 Early Dismissal	9 Early Dismissal	10 Early Dismissal	11 Early Dismissal	12 Early Dismissal	13 ACTs
14	15 Early Dismissal Last Day for Students	16 GRADUATION	17	18	19	20
21	22	23	24	25	26	27
28	29	30				