

Carpel Tunnel Release (Open)
Dr David Sun

Indication:	CTS
Position:	Supine with operating hand on hand table (no need of tourniquet)
Anae:	none
Disinfection:	Aqueous Hibitane, Betadine
LA infiltration	✓ 1% xylocaine with adrenaline 1:400,000 ✓ 10ml syringe x 1, 23G needle
Instruments	T003
Supple Instruments:	12cm Bipolar forceps with cable MacDonald dissector Retractor, Heiss
Consumables	Blade No.10, No.15 1@ 20ml syringe x 1
Sutures	4/0 nylon (Skin closure)
Dressing	(Boxing Glove) Sofra-telle Cosmopore 'S' x 1 Planin gauze Velband 10cm x 2 Crepe bandage 75cm x 1