Re:Minds Courses

	Summer Term 1		Summer Term 2		Autumn Term 1		Autumn Term 2	
	Venue	Start Date	Venue	Start Date	Venue	Start Date	Venue	Start Date
EarlyBird+ Autism course for parent/carers of 5-10 year olds			Lordshill Community Centre	5/6/26 (Friday AM)	Cranbury Community Centre	10/9/26 (Thursday AM)		
Teen Life Autism course for parents/carers of 10-16 year olds	St James Methodist Church	16/4/26 (Monday AM)			Totton & Eling Masonic Centre	9/9/26 (Wednesday AM)		

Venue Address	**Venue Address**
Lordshill Community Centre, Cromarty Road, Lordshill, Southampton, SO16 8LX	St James Methodist Church, St James Road, Shirley, Southampton, SO15 5HE
Totton & Eling Masonic Centre, Lexby Road, Totton, Southampton, SO40 9HD	Cranbury Community Centre, Cranbury Road, Eastleigh, SO50 5HH

All venues and dates are subject to change

Re:Minds Courses

	Summer Term 1		Spring Term 2		Autumn Term 1		Autumn Term 2	
	Venue	Start Date	Venue	Start Date	Venue	Start Date	Venue	Start Date
NFPP ADHD course for parent/carers of 3-11 year olds	Virtual	14/4/26 (Tuesday evening)						
	Totton and Eling Community Centre	15/4/26 (Wednesday AM)						
Teen NFPP ADHD course for parents/carers of 11-16 year olds			Virtual	1/6/26 (Monday evening)				
			Cranbury Community Centre	4/6/26 (Thursday AM)				

Venue Address	**Venue Address**
Totton and Eling Community Centre, Civic Centre Buildings Library Road, Totton, SO40 3RS	Cranbury Community Centre, Cranbury Road, Eastleigh, SO50 5HH

All venues and dates are subject to change