

PSY 1000: Introduction to Psychology

CRN 32258 | Online (Asynchronous)

Course Description

This course is an introduction to the breadth of psychological science and research as a field. Topics include history of psychology, neurobiology, development, personality, social behavior, abnormal psychology, psychological therapies, and key psychological processes such as learning and memory.

This class satisfies General Education requirements in the Social Science Knowledge Area.

About Me



Hi, I am Instructor Lunge (she/her)! I am a PhD candidate and have been teaching at OU since 2018. My research investigates behavioral endocrinology (i.e., how human biology

influences psychology). Outside of academia, I work for [Bark Nation](#), a nonprofit with a mission to end dogfighting, animal cruelty, and neglect. My husband and I have 2 cats (Beau + Klondike) and 2 dogs (Laila + Rey).

Class Style

This is an online asynchronous course. Course materials are available on Moodle, including prerecorded lectures, readings, videos, study plans, homework, quizzes, study guides, and exams.

My teaching goals are to create a challenging but fair course, promote your knowledge + confidence of the content, and to leave you with some fun facts about human nature. I look forward to developing a safe and engaging learning community with you.

Contact

jmlunge@oakland.edu

Managing school, work, and life looks different for everyone. I send emails at times that work for me. Please respond at a time that works for you. I reply within 2 business days (usually sooner).

I will lead weekly virtual student hours to answer questions posted to the "Post a Question" discussion board on Moodle.

Individual meetings can be scheduled with me at <https://calendly.com/jlunge>

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General Education Student Learning Outcomes:

The Social Science area prepares students to demonstrate:

1. Knowledge of concepts, methods and theories designed to enhance understanding of human behavior and/or societies;
2. Application of concepts and theories to problems involving individuals, institutions, or nations

University Learning Outcomes (ULO) #1 Critical Thinking:

- Critical thinkers are capable of comprehensively exploring issues, ideas, artifacts, and events before accepting or formulating an opinion or conclusion.
- What will I learn?
 1. Analyze and evaluate relevant information, alternative points of view, inferences, and/or assumptions;
 2. Synthesize information to arrive at substantiated conclusions.

Course Objectives (derived from American Psychological Association guidelines):

1. To characterize the nature of psychology as a discipline.
2. To demonstrate knowledge and understanding representing appropriate breadth and depth in selected content areas of psychology: theory and research representing general domains, the history of psychology, relevant levels of analysis, overarching themes, and relevant ethical issues

Required Technology

This course requires using online resources.
You will need:

- Access to a **non-Apple iOS computer** with an updated web browser (Firefox or Chrome recommended)
- Reliable high-speed internet connection
- Headphones or working speakers connected to the computer
- In the event that your computer crashes or the internet goes down, it is recommended to have a backup plan. Any files you will need for the course should be saved to a cloud such as Google Drive.

Required Courseware

Lumen Waymaker courseware is embedded in Moodle. There are [two ways to purchase](#):

1. Moodle: Purchase with a credit card when you access your first quiz in Moodle. Definitely take advantage of the free trial period!
2. [Campus Bookstore](#): The bookstore price may differ. (*Students must purchase through the bookstore if using OU financial aid*).

Important: Waymaker is not compatible with Apple iOS devices including iPads and Macs. If you only have Apple devices, you will need to use a different device (e.g., borrow a friend's, use the library or Oakland Center) to complete some elements of this course (e.g., quizzes, study plans).

Course Resources



[Lumen Waymaker Support](#)

General courseware support for students.

[Submit a Request](#) for technical support.



[Moodle Help](#) if OUs learning management system is new to you.

[Submit a help ticket](#) for technical support.



[Research Participation](#) general information and instructions.

Contact [Dr. Virgil Zeigler-Hill](#) for support.

Student Success

Student Expectations

Students are expected to:

- Login to Moodle at least 3x per week
- Read Moodle announcements as soon as possible
- Follow the calendar and complete all readings and assignments by their deadline
- Respond to emails within 2 business days
- Be responsible for their own learning
- Communicate respectfully and professionally
- Apply feedback from instructor

Late Submissions

This course adheres to the [OU Excused Absence Policy](#). Communicate with me in advance to make arrangements.

For work not covered by this policy: Each Study Plan, Homework, and Quiz has an automatic 2-day extension. No need to ask permission, simply submit the work.

Your lowest Study Plan, Homework, and Quiz grade is dropped. This applies to submitted and missed work.

Make-up exams are only permitted for extreme and unavoidable circumstances if accompanied by verifiable documentation. Cases of bereavement must be processed through the Dean of Students office; this is non-negotiable.

Student Support

If you are entitled to official accommodations, I encourage you to visit [Disability Support Services](#).

There are many resources available on campus, including the [Academic Success Center](#), [Writing Center](#), [Veterans Support Services](#), [Gender and Sexuality Center](#), [Center for Multicultural Initiatives](#), [Academic Advising](#), and [OU Counseling Center](#).

You may receive "Faculty Feedback" if I identify areas of concern that may impede your success in this class. A "Faculty Feedback" email will specify the area(s) of concern and recommend action(s) you should take. Please remember to check your OU email account regularly as that is where it will appear.

Assessment

Exams, 55%

Exams test basic knowledge retention and application of information. Exam material is drawn from Waymaker reading assignments (Study Plans) and lecture videos. Exams are not proctored via a paid service (you do not need to pay a service to take your exams).

Exams (10% each) are 30 multiple choice questions (MCQ) and are completed on Moodle's Akindi platform. Exams are open over the span of 3 days to accommodate students' variable availability. Anti-cheating (i.e., detection) software is embedded within Moodle and Akindi. Students suspected of cheating on exams will be reported to the Dean of Students office .

Exams 1-3 are non-cumulative.

The final exam has 2 parts:

- Part 1 covers the recent modules since Exam 3 and is 30 MCQ worth 10% (non-cumulative).
- Part 2 is a department-required cumulative exam that assesses all the content learned this semester. It is 50 MCQ and worth 15% of your grade.

Quizzes, 20%

Untimed MCQ quizzes to practice knowledge retention and critical thinking skills are completed in Moodle. You have two attempts. Do NOT open the quiz unless you are ready to take it. Do NOT navigate away from the quiz before submitting.

Homework, 20%

To help you develop connections between different aspects of psychology, organize it all in a logical way, and build understanding of content, you will create a Concept Map each module. The grading rubric is on Moodle.

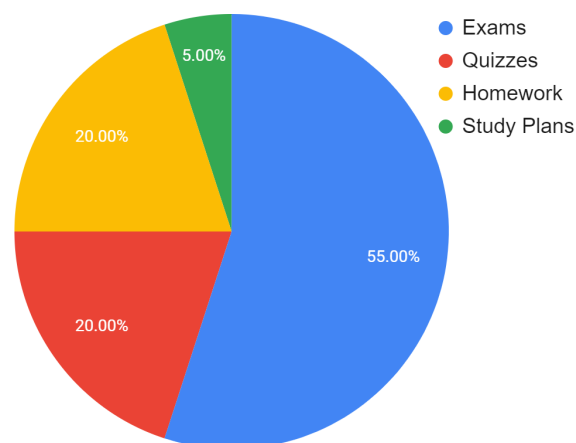
Study Plan Self Checks, 5%

Study Plans are recommended *before* quizzes. You will complete the Self Check quizzes within each module (~3-4 per module). Self Checks are graded on completion, not accuracy.

SONA, -10% to +5%

PSY 1000 students must earn 10 SONA credits through research participation. Grades are deducted 1% for each missing credit. Completing more than 10 is not required, but will allow you to earn up to 5% extra credit to your final grade (1% per 1 SONA credit). See [Course Resources](#) for info.

Grading Distribution



You EARN your grade in this class. Your up-to-date grade on Moodle reflects the weights of assessments as indicated.

Deadlines are posted on Moodle. All deadlines are in the Eastern Time Zone, and **all assessments are due at 11:59 pm.**

Each Study Plan, Homework, and Quiz has an automatic 2-day extension. The lowest Study Plan, Homework, *and* Quiz grade is dropped. This applies to submitted and missed work.

Grading Scale

93 – 100%	A
90 – 92%	A-
87 – 89%	B+
83 – 86%	B
80 – 82%	B-
77 – 79%	C+
73 – 76%	C
70 – 72%	C-
67 – 69%	D+
60-66%	D
≤59%	F

Grades are rounded to the tenth place based on the number in the hundredth position. For example, 87.46% is equal to 87.5% and receives an OU grade of B+.

Prerequisite Requirements

You must earn at least 73% in this course to satisfy prerequisite requirements. If you do not earn at least 73%, you will be required to retake the course before enrolling in courses that require PSY 1000 as a prerequisite

Department of Psychology Policies

- The Cumulative Final Exam and SONA Research participation are requirements for PSY 1000 students from the Department of Psychology, not your instructor. The cumulative final must be worth no less than 15% of students' final grade.
- SONA Research Participation. Students are required to participate in research or complete alternative assignments through [SONA](#). If you earn fewer than 10 SONA credits after the SONA deadline has passed, I am required to reduce your grade by 1% per missing credit. There is absolutely nothing I can do to prevent this.
- Resolution of Academic-Related Student Concerns. The student has an obligation to attempt to resolve all academic-related concerns with the instructor. If a suitable solution cannot be reached, then the student should consult the [Department of Psychology Procedure for the Resolution of Student Academic-Related Concerns](#).

Additional Course & University Policies

- [Academic Conduct Policy](#): All members of the academic community at Oakland University are expected to practice and uphold standards of academic integrity and honesty. Academic integrity means representing oneself and one's work honestly. This includes plagiarizing the work of others, unauthorized collaboration, and cheating on exams. Any student suspected of misconduct will be reported to the Dean of Students and, thereafter, to the Academic Conduct Committee for adjudication. Anyone found guilty of academic misconduct in this course may receive a course grade of 0.0, in addition to any penalty assigned by the Academic Conduct Committee.
- [Student Code of Conduct](#): Students are expected to embrace standards of integrity, community, respect and responsibility. Student success in this course relies on a safe and positive learning environment where students feel free to share ideas and opinions. OU strongly adheres to policies regarding harassment, hazing, and sexual misconduct.

- Faculty and staff are responsible for creating a safe learning environment for our students, and that includes a mandatory reporting responsibility if students share information regarding sexual misconduct/harassment, relationship violence, or information about a crime that may have occurred on campus. In such cases, I am required to report information to the campus' Title IX Coordinator. If needed, confidential help is available:
 - [OU Counseling Center](#) at 248-370-3465
 - Off campus: Haven at 248-334-1274
- [Student Preferred Names Policy](#): You can change your name in several OU databases. If your name or pronouns are different from OU records, please let me know.
- [Diversity, Equity, and Inclusion](#): Oakland University is an inclusive and diverse community that respects the rights, viewpoints and lifestyles of all of our community members. We strive to maintain a learning and working environment free from discrimination and harassment on any basis and to create an environment where students feel respected and included. Discrimination is differential treatment, or unfair treatment, towards an individual or group, because of one's identity. Harassment includes actions that create an offensive, demeaning, intimidating or hostile environment. Students experiencing or witnessing discrimination from a fellow student can reach out to the professor for resolving the matter. If students prefer not to reach out to their professor or are experiencing discrimination not related to a class, reach out to your academic adviser or the Dean of Students.] If you are experiencing discrimination from a faculty or staff member, you can contact the Dean of Students Office directly at (248) 370-3352. These offices are available to provide additional support:
 - [Center for Multicultural Initiatives](#) (CMI)
 - [Gender and Sexuality Center](#) (GSC)
 - [Disability Support Services](#) (DSS)
 - [Veteran Support Services](#) (VSS)
 - [Oakland University Counseling Center](#) (OUCC)
- University policy gives you the responsibility to add and drop courses. Put in your calendar [deadline dates for dropping courses](#) and consult the [Drop, Withdraw, Repeat Guide](#).
- In the event of an emergency arising on campus, it is the responsibility of each student to understand the [evacuation and "lockdown" guidelines](#). OU uses an emergency notification system through text, email, and landline. [Register for these notifications](#).
- If an emergency arises on campus, call the OUPD at 248-370-3331. Save this number in your phone, and put it in an easy-to-find spot in your contacts.
- Expectations of proper "Netiquette": A positive community of learners is essential for success. Online communications, including email and forum responses must be respectful, honest, and understanding. I will enforce these core rules to ensure a positive learning environment for all. You are expected to be familiar with, and abide by [these guidelines](#).
- Syllabus details may change and you will be informed of any changes.
- Course syllabi, assignments, assessments and other digital content provided in this course by the faculty are to be considered master, final course documents. Edits to or distribution of digital content of any kind are prohibited unless otherwise noted.

Schedule

WEEK	DATES	MODULE	TOPIC/ASSESSMENT
Week 1	May 6-10	0.1 1 2	Course and Waymaker Introduction Psychological Foundations Psychological Research
	Due May 10	Succeeding With Waymaker Resources Homework: Module 1 OR 2 Concept Map Quizzes: Modules 1-2	
Week 2	May 13-17	3	Biopsychology
	Due May 17	Homework: Module 3 Concept Map Quiz: Module 3 Study Plans: Modules 1-3	
	May 17-19	EXAM 1: Modules 1-3	
Week 3	May 20-24	4	Learning
	Due May 24	Homework: Module 4 Concept Map Quiz: Module 4	
Week 4	May 27-31	5	Memory
	Due May 31	Homework: Module 5 Concept Map Quiz: Module 5 Study Plans: Modules 4-5	
	May 31-June 2	EXAM 2: Modules 4-5	
Week 5	June 3-7	6 7	Lifespan Development Personality
	Due June 7	Homework: Module 6 OR 7 Concept Map Quizzes: Modules 6-7 Study Plans: Modules 6-7	
	June 7-9	EXAM 3: Modules 6-7	
Week 6	June 10-14	8	Social Psychology
	Due June 14	Homework: Module 8 Concept Map Quiz: Module 8	

Week 7	June 17-21	9	Psychological Disorders
	Due June 21	Homework: Module 9 Concept Map Quiz: Module 9 Study Plans: Modules 8-9	
Week 8	June 24-26	Final Exam: Part 1 (Modules 8-9) Part 2 (Cumulative)	