

Ecuador San Pedro Retreat

San Pedro Retreat in Ecuador

Our Ecuador San Pedro retreats, led by our team of experienced San Pedro shamans, intertwine the power of the powerful tall cactus with ancient ceremonies to take you on a spiritual journey of self-growth and healing.

Our mission is to lead you through your journey of self-discovery by helping you connect deeply with yourself, letting go of your past traumas and inspiring in you the need to flourish. The herbal medicine combined with our sacred chants, instruments, and deep personal discussions will dive deep into your life's direction.

Our shamans will give you their blessings, protect you while you commence through your personal journey, grow your connection with nature, and open your awareness.

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Why Casa Del Sol?

There are numerous San Pedro retreats in South America, but what makes Casa Del Sol different?

First, Casa Del Sol has lived in the sacred San Pedro Valley for over 17 years. We provide a truly authentic San Pedro experience. Our history on the lands has given us familiarity with the plants and experience with San Pedro ceremonies. Our sacred ceremonies are hosted on an area devised for spiritual learning, exploration, and growth.

Casa Del Sol has been running ceremonies for _____ years and we understand how to handle any blips or inconveniences that may arise from the ceremony. Our shamans will be your experienced lifeguards as you dive and swim into your spiritual journey. We can assure you a safe experience as you commence into your spiritual journey of healing.

Also, unlike most retreat centers for San Pedro, our retreats are capped at 10 people. We truly believe in giving you a personalized retreat experience where we can dedicate our time and

attention to helping you achieve your intention items. Each individual will be given specialized attention to help them sift and sort through whatever problems or issues they face in their lives.

You can contact us today to inquire about our retreat availability and to answer any of your questions. Retreat seats are limited to 10 participants so we recommend you reserve your spot ahead of time to guarantee your participation in the ceremony.

[You can get in touch with us here.](#)

What is Included in the San Pedro Retreats

The retreat's activities vary depending on the length of the retreat. A typical full 12-day retreat includes:

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Retreat Prices

We offer San Pedro retreats that vary in time. We have San Pedro retreats that span from 4 days, 8 days, and 12 days. Here are the prices of the retreats listed below.

4 Day Retreat

\$500 - Shared Occupancy

\$700 - Private Occupancy

8 Day Retreat

\$1,200 Private Occupancy

\$1000 - Shared Occupancy

12 Day Retreat

\$1,700 - Private Occupancy

\$1,500 - Shared Occupancy

You can learn more about the [schedule, availability and pricing for our San Pedro retreats here.](#)

The Effects of San Pedro

San Pedro's juice contains mescaline, a hallucinogenic and intoxicating compound, so mild psychoactive experiences do occur. With higher dosages, the cactus juice can produce similar effects of other psychedelics such as psilocybin and LSD.

Common effects include:

- Closed and open-eyed visuals
- Alterations in one's perception of time
- Profound spiritual and psychological experiences
- Deep changes to one's consciousness and cognition

The San Pedro juice concoction is known to have a bitter and unsavory taste. Because of this and the ingredients contained in the cactus juice itself, it is common that the people who ingest the drink to become nauseous or even vomit.

Unfavorable experiences with anxiety may occur when ingesting the cactus juice. However, it should be noted that these feelings of worry, nervousness, or unease happen less frequently with San Pedro than other plants and substances.

The Benefits of San Pedro

San Pedro is an ancient, powerful herbal medicine that treats a large breadth of mental, physical and emotional disorders.

San Pedro has been seen to have immense therapeutic benefits. Ceremonies have resulted in sexual abuse victims and post-traumatic stress disorder (PTSD) people overcome their past traumas. Sexual abuse victims claim to have overcome their shame or guilt after going through a San Pedro ceremony. PTSD victims have announced that their symptoms have diminished or even completely healed after partaking in a ceremony as well.

The trauma experienced, which was an extremely negative experience, was replaced with a new optimistic, positive outlook on their life. These therapeutic benefits are common amongst people who ingest the sacred San Pedro cactus.

San Pedro has a long history of treating other addictions, sicknesses, and ailments as well. The cactus has been noted to treat illnesses such as diabetes, fevers, hepatitis, drug addiction, alcoholism, high blood pressure, issues with joints and various other detrimental conditions.

The San Pedro plant heals, cleans, and purifies your mind, akin to a mental detox. Our team of [San Pedro shamans](#) has assisted countless people to overcome depression, addiction, suicidality, anxiety, shame, and guilt. We have witnessed rape victims make peace with their past and violent people alter themselves to become calm and tender after participating in these ceremonies.

Aside from these therapeutic benefits, San Pedro has been known to help people do some intense spiritual work. [Past participants in our ceremonies](#) have declared to have a clearer life purpose and a better connection to their own heart's true desires.

These vast substantial benefits have caused the plant to be called a “miracle medicine”.

History of San Pedro

San Pedro is a traditional Andean medicine that has been used for over 300 centuries. The name San Pedro is derived from Christian mythology: Saint Peter was said to hold the keys to the gates of heaven, and in the ancient traditions of the Andes, the San Pedro cactus is said to hold the key to heavenly gates.

In South America, San Pedro is also known as Huachuma and is drunk as a sacred medicine to cure emotional, spiritual, physical and mental conditions, including addiction. San Pedro grows throughout Argentina, Bolivia, Chile, Ecuador and Peru. It is considered a highly sacred plant along with tobacco, Ayahuasca, and coca leaves, all of which are protected by the government.

San Pedro is said to have a Grandfather-like spirit, and is a teacher of great compassion and understanding. It shows us how to live in balance and harmony; how to love, respect, and honor all living beings. It connects us to the natural energies of Pachamama (mother earth) and opens up and clears our chakras, especially our heart. It is common for participants drinking to report seeing the life energy in the form of luminous fibers emanating from mountains, fingertips and people alike. It is a window into the spiritual dimensions that normally go unnoticed in our day-to-day lives and it is a place where you can draw meaning from the invisible world, a world the shamans have been pointing us to since humans had a relationship with the natural world. San Pedro teaches us the correct attitude, a moderate approach, and a harmonious relationship to the physical and spiritual worlds.

San Pedro can produce powerful visions and induce a rich tapestry of beautiful colorful images. Often these visions are accompanied by an inner knowing and direct spiritual guidance to the questions you are seeking answers to. San Pedro can also make you purge if you are working through energetic blocks or any undigested emotions that you have held onto over the years. You will usually feel a great sense of relief and healing after you get it out, you should always allow it and never fight it, it is all part of the healing process working with San Pedro.

An interesting note: According to the Andean shamans, San Pedro creates a portal of the un-manifested possibilities and it is the shaman's work to find the best possibilities in each individual or situation, then speak to that possibility, in this way the best version of that person or situation is supported by the shaman's prayers and intentions, and then ushered in to the present matrix reality. It is also why shamans spend a great deal of time praying with tobacco in ceremonies and making offerings. It is a time of new possibilities that transcend the fabric of time and space.

So it is with this understanding that the shamans offer their prayers, promoting beautiful ideas

and intentions of healing into the universal consciousness. When a shaman has this relationship with San Pedro, connecting him deeply with his intentions and with the spirit world, unexplained and spontaneous healing happens.