

Grow fruits

The Connection

Fruit trees are a favorite for both humans and wildlife with plums, persimmons, blueberries, and beautyberries being some wildlife favorites. These fruits are benefited by having their seeds spread where they can grow a new tree. Plus, you can enjoy some tasty fruit yourself! By adding fruiting plants you gain wildlife-watching opportunities (and new fruit for yourself or others).

Take Action

Plant a fruit tree or three fruit shrubs and earn 1 acorn.

Acorns



Tracks



Instructions

- ☐ Must complete (1) of the following
 - ☐ Plant (1) fruit-bearing tree from the plant list
 - ☐ Plant at least (3) fruit-bearing shrubs from the plant list

Our main webpage provides quick links to some suggested plants, planting sources, and planting instructions.

From Our Partner: Concrete Jungle

“Concrete Jungle transforms overlooked and underutilized fruit trees and land into a healthy food source for communities in need.

The U.S. Department of Agriculture (USDA) defines food insecurity as a lack of consistent access to enough food for an active, healthy life. One in eight Georgians is food insecure, lacking reliable access to affordable, nutritious food, thus contributing to negative health outcomes. Food-insecure individuals are 2-3 times more likely to have diet-related chronic diseases such as diabetes, heart disease, and hypertension. At the same time, food loss and waste in the US are higher than in any other country. Concrete Jungle exists in the gap between food insecurity and food waste.”

You can get involved at Concrete Jungle by

- **Fruit Picking:** “Experience Georgia’s urban and rural bounty and help harvest fresh produce for our neighbors in need. During the high season, we have at least one event happening per week.
- **Adventure Pick:** “Farmers often have extra produce they leave in the field! Join us for a day in the country where we harvest THOUSANDS of pounds of produce and then have a fun adventure such as swimming in swimmin’ holes, hiking, or visiting a local brewery.”
- **DogHead Farm Workdays:** “...a great opportunity to get your sweat on, learn about growing food, and meet new people all while helping us to cultivate more food for Atlanta’s homeless and hungry.”

You can learn more about Concrete Jungle and explore their volunteer opportunities here:

- **Website:** www.concrete-jungle.org/
- **Email:** info@concrete-jungle.org

- **Phone number:** (404) 835-4443

References

N/A