

The Liturgical Year

2025-26

A document to support Diocesan schools in planning Collective Worship that has the Word of God at its heart, incorporates the Church's liturgical year, its seasons and feasts, and provides opportunities for promoting Catholic Social Teaching.



'PILGRIMAS OF HOPE' - JUBILEE YEAR -<https://www.cbcew.org.uk/jubilee-2025-letter-from-pope-francis/>

The Holy Father has decided that 2025 will be a year of Jubilee, something which happens every 25 years. The theme is “Pilgrims of Hope”, and it will be a year of hope for a world suffering the impacts of war, the ongoing effects of COVID-19 pandemic, and a climate crisis. Preparations for the 2025 Year of Jubilee will begin in Advent 2023, which will mark the start of a year of prayer. The Bishops’ Conference will be producing resources for the preparatory year of prayer, focusing on the Our Father, as well as resources about Jubilee in the Catholic Church.M

Chapel year focus & RE curriculum links:

Year group	Half term	Theme & curriculum link	Links & resources
Year 7	HT1 WK 4 & 5	<ul style="list-style-type: none"> ● Belonging to a catholic community ● Creation & covenant- WK 4 responsibility to others & our community. ● Pupils to look at what it means to be part of a Catholic community and their role in discovering their faith. Links to retreat days. 	
Year 8	HT3 WK 20 & 21	<ul style="list-style-type: none"> ● Pilgrimage ● Galilee to Jerusalem - WK 20 pilgrimage and Lourdes ● Pupils will focus on the jubilee year and what it means to be a pilgrim. They will reflect on their faith journey so far and barriers to faith. 	
Year 9	HT2 WK 10 & 11	<ul style="list-style-type: none"> ● Mary our Patron saint ● Launch of Year of Pilgrims of Hope ● Prophecy & promise - WK10 who is Mary ● Pupil will look at the importance fo Marya nd how we can live like her today. 	
Year 10	HT5 WK 30 & 31	<ul style="list-style-type: none"> ● Artefacts and faith ● Paschal candle item and reflection - WK30 ● Use or artefact and what it is use for and what it teaches us about life after death. 	
Year 11	HT4 WK 23 & 24	<ul style="list-style-type: none"> ● Forgiveness - sacrament of reconciliation ● Curriculum link -WK 24 sin & forgiveness revision ● Pupil offered the sacrament with local parish priests 	

6th form	HT6 WK 33 & 34	<ul style="list-style-type: none"> ● Stewardship and daily life ● Laudato Si - WK33 ● What can we do to make change and be stewards of the earth today? 	
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LAUDATO SI'

In May 2020 Pope Francis inaugurated “Laudato Si’ Week” at the Vatican commemorating the 5th anniversary of the publication of his eco-encyclical with the same title, opening a wider year-long commemoration of the document aimed at spurring global citizens to adopt more sustainable practices.

As communities begin to envision what a post-COVID world will look Laudato Si’ continues to provide “the moral and spiritual compass for the journey to create a more caring, fraternal, peaceful and sustainable world.” Encyclical Resources from CAFOD here - <https://cafod.org.uk/Pray/Laudato-Si-encyclical>

COMMON PRAYER FOR LAUDATO SI'

Loving God,
 Creator of heaven and earth and all that is in them,
 You created us in your image and made us stewards of all your creation, of our common home.
 You blessed us with the sun, water and bountiful land
 so that all might be nourished.

Open our minds and touch our hearts,
 so that we may attend to your gift of creation.
 Help us to be conscious that our common home belongs not only to us,
 but to all future generations, and that it is our responsibility to preserve it.
 May we help each person secure the food and resources that they need.

Be present to those in need in these trying times,
 especially the poorest and those most at risk of being left behind.
 Transform our fear, anxiety and feelings of isolation into hope
 so that we may experience a true conversion of the heart.

Help us to show creative solidarity in addressing the consequences of this global pandemic,
 Make us courageous to embrace the changes that are needed in search of the common good,
 Now more than ever may we feel that we are all interconnected,

in our efforts to lift up the cry of the earth and the cry of the poor.
We make our prayer through Christ our Lord. Amen

CATHOLIC SOCIAL TEACHING

Catholic Social Teaching (CST) is a central and essential part of our faith. It is rooted in Scripture that tells of God's special love for the poor and marginalised and calls us to be bearers of love and justice. It is teaching founded on the words and actions of Jesus who identified himself with the hungry and thirsty, the sick and the imprisoned, the naked and the stranger – the 'least of my brothers and sisters'. CST is formed by the wisdom of Church leaders and provides us with a moral compass, guiding us on how to live out our faith in the world.

SEVEN THEMES OF CATHOLIC SOCIAL TEACHING

- Human Dignity
- Rights & Responsibilities
- Concern for the Poor
- Solidarity & the Common Good
- Family
- Community & Participation
- The Dignity of Work
- Care of Creation

Throughout the liturgical year there are countless opportunities for schools to focus upon aspects of CST and bring reflections on global justice and poverty into their worship activities. Using the language of CST and drawing children and young people into a deeper understanding of its principles will inspire and empower them to respond to inequality and injustice in the modern world, leading them to seek ways to put their faith in action in school, in the local community and in the wider world. Further information and resources for CST can be found at:

- <http://www.catholicsocialteaching.org.uk/>
- <https://cafod.org.uk/Pray/Catholic-social-teaching>
- <https://missio.org.uk/catholic-social-teaching/>

CARITAS DIOCESE OF SHREWSBURY

Caritas is the social action and social justice agency of the Diocese of Shrewsbury that seeks to work with children, families and communities throughout the Diocese. They support families with a range of concerns for example mental health, addiction, domestic abuse and family breakdown. They offer practical support to those living in poverty, in partnership with SVP and local food banks. They also give support to refugees and those seeking asylum.

Each Lent school can support Caritas by fund raising for the Good Shepherd collection and Caritas offers opportunities for Caritas Ambassadors in schools. If you would like to know more see <https://www.caritasshrewsbury.org.uk/about/> or email info@caritasshrewsbury.org.uk

THE ST VINCENT DE PAUL SOCIETY

The St Vincent de Paul Society in England and Wales, through its Mini Vinnies and Youth SVP programmes, encourages children and young people to develop their faith and spirituality in order to put their faith into action; in service to the disadvantaged, vulnerable and marginalised of society. For more information see <https://www.svp.org.uk/involve-young-people>

MISSIO

Missio is the Pope's official Charity for Overseas Missions. It is the Holy Father's chosen instrument for sharing the Gospel and building the Church throughout the world. Their secondary resources encourage students to reflect on their role in building the Kingdom of God for all people and aim to help young people to: discover the world around them and reflect on their role within it; think critically, inspired by Christ's Gospel; to embrace Catholic Social Teaching and to grow in faith. Secondary schools can download their free resources to follow the Liturgical Year, including Advent and Lent. They also have a series of workshops explaining the principles of Catholic Social Teaching (CST) and <https://missio.org.uk/general-resources/> For primary schools Mission Together is the children's branch of Missio, encouraging children to pray, fundraise and become missionaries themselves – children helping children. They provide primary school resources throughout the year focused on the Gospel, liturgical seasons and on our various overseas projects including assemblies, liturgies, activities, posters and aids to prayer. All resources are available from <https://missiontogether.org.uk/teachers-resources/>

CAFOD

CAFOD is the official international development and relief agency of the Catholic Church in England and Wales and is active within the global Caritas family. CAFOD provides a wide range of resources for primary and secondary schools and has Diocesan volunteers who can help you to promote CAFOD and CST in your school. See <https://cafod.org.uk/Education/Education-resources> and <https://cafod.org.uk/Volunteer/CAFOD-in-your-area/Shrewsbury>

FAITH IN ACTION AWARD

The CYMFED Faith in Action award scheme is a great opportunity to encourage and inspire young people to get more involved in the community and in local Parishes. Open to pupils from Y6 upwards the Faith in Action award aims:

- To celebrate the faith journey of young people
- To celebrate what already happens
- To encourage tangible living faith in the 'real world'
- To strengthen links between individuals, communities and organisations
- To explore the universal call to holiness
- To work for the Good News and the common good

Schools who wish to participate must contact the Youth Office at youth@dioceseofshrewsbury.org

Shrewsbury LIT calendar - church theme and world religion holidays Gospel reading calendar - 2025 , 2026				
WEEK BEGINNING	LITURGICAL THEME & GOSPEL READING		FEAST DAYS/ SPECIAL DAYS	OPPORTUNITIES FOR PROMOTING CATHOLIC SOCIAL TEACHING
SEPTEMBER (Start Mondy 1st Septemeber 2025)				
Pope Francis' prayer intention for September				CST THEME AND LINKS
1st September	New Beginnings	<i>"The Spirit of the Lord is upon me, because he has anointed me to preach good news"</i> <i>Luke 4:16-30</i>	22 nd Sunday of Ordinary Time The Harvest, Human Work and Creation 1 st World Day of Prayer for Creation 5 th St Teresa of Calcutta	Care for creation Sunday 30 th World Day of Prayer for Creation – the start of Creation Time which runs until 5 th October, the feast of St Francis of Assisi.(Sunday) https://cafod.org.uk/Pray/Prayer-resources https://catholicclimatemovement.global/
8th September	Our core values	<i>Whoever does not bear his own cross and come after me cannot be my disciple."</i> <i>Luke 14:25-33</i>	23 rd Sunday of Ordinary Time Education Sunday	Care for creation
15th September	For God so loved the world	<i>"For God so loved the world, that he gave his only Son, that whoever believes in him should not perish but have everlasting life."</i> <i>John 3:13-17</i>	Evangelii Gaudium Sunday (Joy of the Gospel) 14 th Exaltation of the Holy Cross 21 st St Matthew 21 st International Day of Peace	Care for creation 21 st International Day of Peace https://internationaldayofpeace.org/ https://paxchristi.net/2020/07/06/catholic-nonviolence-days-of-action/
22nd September	Who do you serve?	<i>"No one can serve two masters"</i> <i>Luke 16:1-13</i>	25 th Sunday in Ordinary Time 22 September – 05 October – Fairtrade Fortnight 27 th St Vincent de Paul	Care for creation https://cafod.org.uk/Pray/Harvest-prayers 27 th Feast of St. Vincent de Paul - Mini Vinnies/Youth SVP
29th September	Sharing what we have	<i>"If they do not hear Moses and the prophets, neither will they be convinced if someone should rise from the dead."</i> <i>Luke 16:19-31</i>	26 th Sunday of Ordinary Time 1st – 2nd October – Yom Kippur 3 rd CAFOD Harvest Fast Day 4 th St Francis of Assisi	Care for creation
6th October	Faith to move mountains	<i>"If you have even the smallest measure of faith, it would be</i>	27 th Week of Ordinary Time	Preferential Option for the Poor Black history month - BHM resources

		<i>powerful enough to say to this large tree, 'My faith will pull you up by the roots and throw you into the sea,'</i> <i>Luke 17:5-10</i>	Harvest Sunday 10 th World Mental Health Day	
13 th October	Giving thanks	<i>"Has no-one come back to praise God?" - (Jesus heals ten lepers)</i> <i>Luke 17:11-19</i>	Week of Prayer for Prisoners and families 12 th St Wilfrid 18 th St Luke	Life and Dignity of the Human Person Sunday 20 th World Missions Sunday https://missio.org.uk/what-is-world-mission-sunday/
20 th October	Don't give up	<i>"Give me justice against my adversary"</i> <i>Luke 18:1-8</i>	29 th Sunday in Ordinary Time World Mission Sunday 20 th Diwali	Call to Family, Community and Participation Friday 6 th CAFOD Harvest Fast Day https://cafod.org.uk/News/Events/Harvest-Fast-Day
Half term break - Monday 27th October - Friday 31st October 2025				
3 rd November	Belonging to God's family	<i>"All those the Father gives me will come to me, and whoever comes to me I will never drive away"</i> <i>John 6: 37-40</i>	31 st Sunday of Ordinary Time 2 nd Nov - All Saints 3 rd Nov - All Souls 9 th – Dedication of the Lateran Basilica	Life and Dignity of the Human Person
10 th November	Remembrance	<i>"Destroy this temple, and in three days I will raise it up."</i> John 2:13-22	32 nd Sunday of Ordinary Time Remembrance Sunday 11 th Remembrance Day Anti-Bullying Week 10 th UN Climate Change Conference (COP30) begins	Life and Dignity of the Human Person Prisons Week https://prisonsweek.org/ Hello Yellow- https://www.youngminds.org.uk/support-us/fundraising/helloyellow/ 10 th – 14 th November Anti-Bullying Week https://www.anti-bullyingalliance.org.uk/
17 th November	Don't be afraid of hard work <i>(We have to be strong and courageous like the first Christians)</i>	<i>"When you hear of wars and insurrections, do not be terrified; for these things must take place first, but the end will not follow immediately."</i> Luke 21:5-19	33 rd Sunday in Ordinary Time 16 th World Day of Prayer for the Poor 19 th RED Wednesday –for those persecuted for their faith 20 th World Children's Day 21 st November Celebration of Pilgrims of Hope for Schools	Preferential Option for the Poor Tuesday 18 th World Toilet Day - https://www.worldtoiletday.info/ Or use CAFOD's World Toilet Day Assembly Friday 21 st - Universal Children's Day https://www.un.org/en/observances/world-childrens-day
24 th November	Christ the King	<i>"But keep your eyes open and watch! For the time is coming when</i>	Last Week of Ordinary Time – Christ the Universal King National Youth Sunday	Solidarity World youth Sunday http://www.nationalyouthsunday.org.uk/

		you must be prepared to give an account of yourself." Luke 23:35-43	30 th St Andrew	https://homemission.org.uk/home/youth/
1 st December	Stay awake, be ready	Therefore stay awake, for you do not know what day your Lord is coming." Matthew 24:37-44	1 st Sunday of Advent 3 rd Day of Prayer for Migrants and Refugees 5 th Feast of St Nicholas	Preferential Option for the Poor
8 th December	Change your ways	"Repent, for the kingdom of heaven is at hand!" Matthew 3:1-12	ICON SCHOOL VISIST- Jubilee year 2 nd Sunday of Advent 8 th Feast of the Immaculate Conception of the Virgin Mary 10 th -Human rights day	Preferential Option for the Poor Bible Sunday
15 th December	Have patience	"The blind receive sight, the lame walk, the lepers are cleansed, the deaf hear, the dead are raised, and the poor have the gospel preached to them." Matthew 11:2-11	3 rd Week of Advent – Gaudete Sunday International migrants day	Preferential Option for the Poor Saturday 13 th Day Of Prayer For All Migrants And Refugees https://cafod.org.uk/content/download/666/6022/version/8/file/Prayer_refugees_refugee-prayers.pdf https://www.caritasshrewsbury.org.uk/services/refugee-project/
End of term - Monday 22nd December 2025 - Friday 2nd January 2026				
Pope prayer intention for January 2025				
5 th January	Good news (Epiphany)	"Where is he who has been born king of the Jews? For we have seen his star in the East, and have come to worship him," Matthew 2:1-12	The Feast of the Epiphany 6 th Official end of Jubilee Year of Hope	Common Good and the Community 4 th January World Day of Peace
12 th January	We are chosen and called	"And a voice from heaven said, 'This is my Son, the Beloved, with whom I am well pleased.'" Matthew 3:13-17	8 th The Baptism of the Lord 8 th – Maximilian Kolbe – Birthday	Call to Family, Community and Participation

19 th January	Recognising Jesus	<i>"Behold, the Lamb of God, who takes away the sin of the world!"</i> John 1:29-34	2 nd Sunday in Ordinary Time Octave of Prayer for Christian Unity (18-25)	Common Good and the Community Day of special prayer for world peace https://www.paxchristi.net/
26 th January	Discipleship	<i>"Repent, for the kingdom of heaven is at hand."</i> Matthew 4:12-23	3 rd Sunday in Ordinary Time Sunday of the Word of God 27 th Holocaust Memorial Day	25 th St Angela Merici https://cafod.org.uk/content/download/12549/97594/version/5/file/St_Angela.pdf 276 th Holocaust Memorial Day 2026 Theme – https://www.hmd.org.uk/what-is-holocaust-memorial-day/this-years-theme/
2 nd February	Blessed are we	<i>"Blessed are the poor in spirit, for theirs is the kingdom of heaven."</i> - Matthew 5:1-12a (Beatitudes)	2 nd – Presentation of the Lord 4 th Sunday - Racial Justice Sunday Victims of Human Trafficking 8 th – St Josephine Bakhita Childrens Mental Health Week	Common Good and the Community
9 th February	You are the Light of the World	<i>You are the salt of the earth. You are the light of the world"</i> Matthew 5:13-16	5 th Week in Ordinary Time 11 th Our Lady of Lourdes – World day of prayer for the sick	Common Good and the Community 8 th St Josephine Bakita – Day of Prayer for Trafficked People https://cafod.org.uk/Education/Secondary-and-youth-resources/Saints-prayer-cards https://www.caritas.org/2016/02/international-day-prayer-awareness-human-trafficking/
Half term - Monday 16th - 20th February 2026				
23 rd February	Temptation	<i>"It is written, 'Man shall not live by bread alone, but by every word that proceeds from the mouth of God.'"</i> Matthew 4:1-11	1 st Sunday of Lent 17 th Shrove Tuesday -HALF TERM 18 th Ash Wednesday - HALF TERM February 23rd, 2026 to March 8th, 2026 – Fairtrade Fortnight (check this as moved in 2025) 27th - CAFOD family fast day 1 st St David's Day 17 th Start of Ramadan	Dignity & rights of workers Friday 27th International Women's Day (Sunday 1st March day of prayer https://www.internationalwomensday.com/ Fairtrade fortnight begins https://www.fairtrade.org.uk/get%20involved/Current-campaigns/Fairtrade-Fortnight
2 nd March	Transformation	<i>"This is my Son, the Beloved; with him I am well pleased; listen to him!"</i> Matthew 17:1-9	2 nd Sunday of Lent Day of Prayer for the Unemployed 5 th World Book Day 8 th International Women's Day	Preferential Option for the Poor Check out CAFOD's & Mission Lent resources

9 th March	Be seen and known by God	<i>"Jesus answered her, 'If you knew the gift of God, and who it is that is saying to you, "Give me a drink," you would have asked him, and he would have given you living water."</i> John 4:5-42	3 rd Sunday of Lent	Preferential Option for the Poor Support Caritas Shrewsbury https://www.caritasshrewsbury.org.uk/get-involved/good-shepherd-collection/ Sunday 15 th March - Mothers Day
16 th March	Working in the dark	<i>"If you were blind, you would not have sin. But now that you say, 'We see,' your sin remains."</i> John 9:1-41	4 th Sunday of Lent – Laetare Sunday The needy and hungry of the World 17 th St Patricks day 18 th Ramadan Ends 19 th St Joseph Husband of Mary 20 th Eid al Fitr	Preferential Option for the Poor 20 th International Day of Happiness https://www.dayofhappiness.net/#join 22 nd World Water Day - https://www.unwater.org/what-we-do/inspireaction/
23 rd March	Trust in Jesus	<i>"I am the resurrection and the life. Whoever believes in me will live, even though they die; and everyone who lives by believing in me will never die"</i> John 11:1-45	5 th Sunday of Lent 24 th St Oscar Romero 25 th The Annunciation of the Lord	Preferential Option for the Poor
30 th March Half term	He comes in peace	<i>"Blessed is he who comes in the name of the Lord"</i> Matthew 21:1-11	Palm Sunday	Holy week
Easter break				
13 th April	Peace	<i>John 20: 19-31</i>	2 nd Sunday of Easter	Peace and reconciliation
20 th April	Road to Emmaus	<i>"Didn't our hearts burn within us as he talked with us on the road and explained the Scriptures to us?"</i> Luke 24:13-35	3 rd Sunday of Easter 22 nd Stephen Lawrence Day 22 nd Earth Day 23 rd St George	https://www.justice-and-peace.org.uk/ 22nd Earth Day https://www.earthday.org/earthday/countdown-to-2020/
27 th April	Following you	<i>"I am the gate for the sheep."</i> John 10:1-10	4 th Sunday of Easter – Vocations Sunday Human Work 1 st May – Joseph Thursday 4 th The English Martyrs	Peace and reconciliation 1 st May St Joseph the Worker – Day of Prayer for Human Work

4 th May	Jesus is the way	<i>"Let not your heart be troubled. Believe in God, believe also in Me."</i> John 14:1-12	5 th Sunday of Easter	Peace and reconciliation
11 th May	Taking the right direction	<i>"If you love me, keep my commandments."</i> John 14:15-21	6 th Sunday of Easter	Mental health awareness week - https://www.mentalhealth.org.uk/our-work/public-engagement/mental-health-awareness-week
18 th May	I choose you	<i>"I am asking on their behalf; I am not asking on behalf of the world, but on behalf of those whom you gave me, because they are yours."</i> John 17:1-11a	7 th Sunday of Easter – World Communication Day 24 th Our Lady Help of Christians Diocesan Patron	Peace and reconciliation
Half term break - 25th - 29th May 2026				
1 st June	Love for the World	<i>"For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life."</i> John 3:16-18	Most Holy Trinity World Communications Day 5 th World Environment Day	8th World Oceans Day https://www.worldoceansday.org/ http://www.webofcreation.org/SeasonofCreation/ocean.html https://www.arocha.org/wp-content/uploads/2018/01/Prayer-for-the-Oceans.pdf
8 th June	Food for the journey	<i>"I am the living bread that came down from heaven. Whoever eats of this bread will live forever"</i> John 6:51-58	Most Holy Body and Blood of Christ 9 th Mary, Mother of the Church 12 th Jesus Christ, Eternal High Priest - Corpus Christi	Preferential Option for the Poor
15 th June	Go out to the World	<i>"When he saw the crowds, he had compassion for them, because they were harassed and helpless, like sheep without a shepherd"</i> Matthew 9:36-10:8	11 th Sunday in Ordinary Time 20 th World Refugee Day	Dignity & rights of workers
22 nd June	Courage	<i>"Don't be afraid of those who kill the body but cannot kill the soul"</i> Matthew 10:26-33	12 th Sunday in Ordinary Time 21 st Father's Day 22 nd Ss John Fisher and Thomas More A call for action 24 th Nativity of John the Baptist	World Refugee Week https://refugeeweek.org.uk/resources/education-resources/ 21st Sts Thomas More and John Fisher – Day of prayer for those who suffer persecution/oppression

29 th June	Be strong	<i>"If you refuse to take up your cross and follow me, you are not worthy of being mine."</i> Matthew 10:37-42	28th - St Peter and Paul	
6 th July	Gentleness	<i>"Come to me, all you who are weary and burdened, and I will give you rest."</i> Matthew 11:25-30	14 th Sunday in Ordinary Time	<i>Dignity & rights of workers</i>
13 th July	See the good	<i>"Behold, a sower went out to sow."</i> Matthew 13:1-23	15 th Week in Ordinary Time Sea Sunday	<i>Dignity & rights of workers</i>
20 th July	Let your faith rise	<i>"The Kingdom of Heaven may be compared to a man who sowed good seeds in his field"</i> Matthew 13:24-43	16 th Week in Ordinary Time	

The colour of the shading is indicative of the Liturgical colours used by the Church at different times or seasons of the year.

Green: 'Ordinary Time' refers to the part of the year outside the seasons of Advent-Christmas and Lent-Easter. There are 33/34 weeks of Ordinary Time. During this time the Church helps us to reflect on the life and work of Jesus. The liturgical colour for Ordinary Time is green, a colour seen everywhere in trees and plants and a symbol of life and hope.

Purple is used during Advent and Lent as a sign of penance, sacrifice and preparation. At the midpoint of both of these seasons—Gaudete Sunday (the third Sunday of Advent) and Laetare Sunday (the fourth Sunday of Lent—rose (pink) vestments are traditionally worn as a sign of joy: we rejoice at the midpoint because we are half-way through the preparation and anticipate the coming joy of Christmas or Easter.

Rose is a lighter version of purple because it signifies the penitential purple is mixed with the white of the approaching festival. In both Advent and Lent there is a moment when the atmosphere of penance is brightened by a glimpse of light from the glorious season for which we are preparing ourselves. The third Sunday of Advent tells us 'Gaudete, rejoice!' because the Lord is near and the fourth Sunday of Lent says 'Laetare, Jerusalem, be joyful, Jerusalem, and all who love her!' because she herself is loved by the Lord.

Red symbolises the shedding of blood and is therefore used on Palm Sunday (when Christ entered Jerusalem to prepare for His death), Good Friday, any other commemoration of the Lord's passion, the votive Mass of the Precious Blood, the days marking the martyrdom of the apostles (except St. John), and the feasts of other martyrs who offered their lives for the faith. However, red also signifies the burning fire of God's love. For this reason, red vestments are worn on Pentecost when the Holy Spirit descended on the apostles and tongues of fire rested on their heads and for the celebration of the Sacrament of Confirmation.

White or gold, a colour symbolising rejoicing and purity of soul, is worn during the liturgical seasons of Christmas and Easter. White vestments are also used for feasts of our Lord (except those pertaining to His passion), the Blessed Virgin Mary, the angels, and the saints who were not martyrs.