



## HEALTHY ONLINE PLATFORMS FOR EVERYONE GENERAL COALITION

HOPE is a statewide coalition organizing to engage the larger online community in promoting age-appropriate, transparent, and youth-led messages. HOPE builds media literacy amongst youth to assess how harmful messages impact youth's mental health and advance policies to enforce stronger protections on online platforms.

**General Coalition Meeting Date:** Sep 10, 2024

To register for the meeting, click the link [here](#).

**Passcode:** HOPE

*THIS MEETING IS BY ZOOM/TELECONFERENCE ONLY*

**Facilitators:** Erika & Andrea, Youth Leadership Institute

### Agenda

| TIME          | ACTIVITY                                                                                                                          |
|---------------|-----------------------------------------------------------------------------------------------------------------------------------|
| 4:00pm-4:10pm | <b>Welcome, Introductions, Coalition Grounding</b><br>Check-in Question: What is one fun fact about you and/or your organization? |
| 4:10pm-4:20pm | <b>General Coalition:</b><br>Our approach and reflection on '23-'24 milestones.                                                   |
| 4:20pm-4:30pm | <b>Community Talks:</b> If you could advise schools on the phone ban/phone access, what changes would you like to see?            |
| 4:30pm-4:45pm | <b>Jim Kooler, Consultant - California Department of Public Health</b><br>Guest Speaker                                           |
| 4:45pm-5:00pm | <b>Trending Topics &amp; Announcements</b><br>Featured Story: Aileth's Journey to Social Media                                    |
| 5:00pm-5:30pm | <b>Get Involved</b><br>Next Steps + Closing                                                                                       |





## Minutes

- I. Meeting Began at 4:05pm
- II. Community Talks: If you could advise schools on the phone ban/phone access, what changes would you like to see?
  - A. Review activity  HOPE General Coalition 09.10.24 - Breakout Activity
- III. Managing Phone Use and Social Media Impact in Educational Settings - Jim Kooler, CADPH (Guest Speaker)
  - A. **Youth Involvement in Decision-Making:** Young people should be included in decision-making from start to finish and students to lead discussions on phone use policies given that it directly impacts their lives.
  - B. **Phone Use in Classrooms:** Mixed opinions on banning phones; some suggested integrating them into classroom activities for educational purposes, like social media literacy; folks should continue to examine existing school policies on phone. Educators may want to consider embedding or incorporating phones into curriculum for real-time conversations and critical thinking.
  - C. **Balancing Phone Use and Screen Time:** Suggestions from participants included setting screen time limits and finding alternative activities to engage students.
  - D. **Alternative Activities:** Participants highlighted the importance of providing alternatives to social media, such as social-emotional learning and social media healing circles. HOPE Youth Coalition emphasized the need for activities that build community and address students' emotional needs.
- IV. Trending Topics & Announcements
  - A. AB 3216: California's AB 3216, led by Assemblymember Josh Hoover, would limit student smartphone use during the school day to help reduce distractions, anxiety, and mental health issues like depression and cyberbullying. Bill is currently in the second chamber  
[https://digitaldemocracy.calmatters.org/bills/ca\\_202320240ab3216](https://digitaldemocracy.calmatters.org/bills/ca_202320240ab3216)
- V. Get Involved & Next Steps
  - A. Invitation to learn more about HOPE's offerings and provide input on upcoming topics/themes.
  - B. Explore holding a webinar to summarize discussions and share insights from school phone ban/access.
- VI. Meeting Adjourned at 5:10pm



Feedback

| +                                                 | △                                                                                                                              |
|---------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------|
| <ul style="list-style-type: none"><li>•</li></ul> | <ul style="list-style-type: none"><li>• Announcements for the end - call in on partners to share → Sign up</li><li>•</li></ul> |