There are many adaptive running organizations that host workouts or manage online directories where sighted guides can match with blind runners. Below is a small list, so feel free to add suggestions as comments on this doc.

International

Achilles International <u>www.achillesinternational.org/find-a-chapter</u>

SF Bay Area

Small plug for the SF Bay Area Achilles chapter since Jungyeon is a part of lnstagram, email: achillessfbayarea@gmail.com

Online

United in Stride www.unitedinstride.com/