

AUGUST 2025

VARNADO JR./SR. HIGH SCHOOL

Monday
Tuesday
Wednesday
Thursday
Friday
1
NO SCHOOL
NO SCHOOL
4
NO SCHOOL
5
NO SCHOOL
6

Chicken Sausage Jambalaya
Garden Green Salad
Green Beans
WG Roll
Grapes
Milk Choice

7

Spaghetti/Meat Sauce
Steamed Broccoli Spears
Celery/Carrot Sticks
WG Texas Toast
Nectarines
Milk Choice

8

Popcorn Chicken
Creamed Potatoes/Gravy
English Peas & Carrots
WG Roll
Peaches
Milk Choice

11

Salisbury Steak
Brown Rice/Gravy
Green Beans
WG Roll
Mixed Fruit
Milk Choice

12

Chicken Fajita Soft Tacos
Lettuce/Tomato/
Salsa/Cheese
Refried Beans
Fresh Oranges
Milk Choice

13

Sliced Ham/WG Roll
Macaroni & Cheese
Steamed Spinach
Sweet Potato Yams
Strawberries
Milk Choice

14

Pepperoni Pizza
Whole Kernel Corn
Garden Green Salad
Apple Slices
Milk Choice

15

Red Beans/Brown Rice
Sausage Mustard Greens
Yellow Squash
WG Cornbread
Pears
Milk Choice

18

Breaded Chicken Patty
Dirty Rice
Green Beans
WG Roll
Mixed Fruit
Milk Choice

19

Frito Pie/Chili
Cheese Cup
Baby Carrots
Whole Kernel Corn
Apples
Milk Choice

20

Corn Dogs
Broccoli Florets/Dip
Garden Green Salad
Peaches
Milk Choice

21

Hamburger/WG Bun
Relish Cup
Waffle Fries
Grapes
Milk Choice

22

BBQ Chicken Pieces
Baked Beans
Corn on the Cob
WG Roll
Mixed Fruit
Milk Choice

25

Meatloaf/Ketchup
Mashed Potatoes
Steamed Broccoli
WG Roll
Peaches
Milk Choice

26

Pizza Calzones
Whole Kernel Corn
Garden Green Salad
Fresh Oranges
Milk Choice

27

Chicken Nuggets
Carrot Sticks
Green Beans
WG Roll
Fresh Apple
Milk Choice

28

Fish on Bun
Cole Slaw
Baked French Fries
Nectarines
Milk Choice

29

WE ARE SO HAPPY TO SEE ALL OF YOU AT LUNCH! BE SURE TO PICK UP A FRUIT OR VEGETABLE.
MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE.
THIS INSTITUTION IS AN EQUAL OPPORTUNITY EMPLOYER.