Your Relationship Is Important.

If It Ceases To Grow, You Won't Be Happy Together.

All relationships must be reinvented from time to time, and this is your time to focus back on the person you committed your life to. **Relationship training is not taught anywhere. Until now.** We aren't shown how to properly listen to each other and don't understand why we become so frustrated and go in circles with the same arguments.



Time alone does not heal how and why you hurt each other's feelings. You must learn something different. What to do now, in the moment.



All relationship counseling studies confirm that only an emotionally focused strategy on the signals you send each other works long-term for relationship success.



Derek's live video coaching and relationship tools will stop your disconnect in its tracks, and you will no longer have to figure this out by yourselves.



Attachment University is for coaches, therapists, and practitioners to learn how to nurture couples from distress back to connection.



Private sessions with Derek will show you the fastest path to rebuilding the love you once had for each other. In just a few short sessions you will become closer.



The Relationship Lab is a way to work with Derek in groups, online and in person, to be a part of a rich community supporting each other in vulnerability.

Schedule your call

Re-Learn How To Be Close Again



Discover what the "signal" is, why it's the most significant cause of arguments, and how to repair it.



Learn why the negotiation of your differences is the least effective method of solving problems.



Find out why patience, tolerance, and acceptance are the least effective methods to restore your connection.



Understand the contract that must be signed for both people to reconnect.



Recognize why your defensiveness and criticism of each other are the greatest indicators of your love for each other.



Download my eBook now!



PLAY VIDEO

Renew your relationship, **create** a new version of love that is stronger than before, and **know** every step of the way how to **deepen** instead of disconnect.

Schedule your call



What It Was Like and What It's Like Now

Join our worldwide community of couples who are reinventing their love.