



All Hands and Hearts



NEPAL EARTHQUAKE RECOVERY

Directions to Base: Nepal Hariharpurgadhi Program

Updated on Nov 1st, 2022

The All Hands and Hearts Nepal Relief Program is located in Hariharpurgadhi in the Sindhuli District of Nepal. Nepal is bordered by India and Tibet and Sindhuli is in the central south of the country.

We recommend all volunteers fly into [Tribhuvan International Airport](#) in Kathmandu on the Monday prior to your arrival and stay overnight in Thamel, a popular tourist area with lots of accommodations in Kathmandu. On Tuesday morning, proceed to the Koteshwor bus stop and travel to Hariharpurgadhi in the Sindhuli District. You can find more detailed information below, but please do not hesitate to reach out with any questions!

Please be aware that we require all volunteers to be fully vaccinated against COVID-19. The term fully vaccinated refers to In addition to the vaccination, we ask all volunteers to take an antigen test 72 hours before traveling to the program. However, if you're traveling internationally you must also ensure you have familiarized yourself with the test you require for entry to the country, this could be different to the All Hands and Hearts requirements.

SAFETY RECOMMENDATIONS

There is always a risk associated with traveling. We urge you to undertake your own research and ensure you take appropriate precautions. Below are some common precautions you may consider, although this is certainly not an exhaustive list:

- Avoid traveling after dark
- Travel in groups when possible
- Pre-plan your travel, book in advance when possible
- Do not carry large amounts of money, or show examples of wealth
- Let someone know where you are, where you are going and when you expect to arrive
- Learn some common phrases if you do not speak the language
- Research the culture of your destination and ensure you comply with social norms

FLYING TO NEPAL

Tribhuvan International Airport (KTM) is the largest international airport in Nepal and located in the capital city of Kathmandu. **We recommend all volunteers fly into Kathmandu on the Monday prior to your scheduled arrival date** and then arrange ground transportation to our base in Hariharpurgadhi Rural Municipality in the Sindhuli District the following day (Tuesday).

We recommend you make overnight accommodations in Thamel, which is Kathmandu's most popular tourist area. There are a variety of options based on a range of budget and comfort levels.

Please communicate to our VRC, Mederic, through whatsapp or email that you have arrived in Kathmandu and you're expected arrival time the following day.

CURRENCY IN NEPAL

Buses and taxis will only accept Nepali Rupees (NPR), so make sure you withdraw or exchange money before you begin traveling. We recommend withdrawing or exchanging money at the money exchange right next to the visa line at the airport. There is also an ATM at the airport at the corner of the main entrance once you exit the airport. It is not uncommon for ATM's not to work in Nepal, so do not panic if this happens. You can ask your taxi driver to take you to one of the many ATMs in Thamel which will provide Nepali Rupees (NPR).

PURCHASING A LOCAL SIM/DATA PLAN

We recommend you always travel with an unlocked smartphone and working SIM card so you are able to contact us at any time. NCELL and NTC are the two data plan options for Hariharpurgadhi, however during the first few days team realized that NCELL doesn't work well near the school and base area so it's better to get NTC sim card rather than NCELL. It is strongly recommended you pick up a Nepal SIM card in Kathmandu prior to joining the program. You can find an NTC stand near the exit of the airport. Data top ups can be purchased in local shops as needed.

TRAVELING THROUGHOUT KATHMANDU

Thamel is approximately 6km (3.7 miles) west of the Kathmandu airport. You can travel there by taxi or using the public transportation system in Nepal, [Saiha Yatavat](#) is one of the public transportation here. However, the public transport takes ages to reach different destinations, so we would recommend you to take a Taxi instead of public transport. Taxis can be booked through the app [Pathao](#). Both taxis and buses are easily accessible at the airport to go to the different areas of Thamel. The fair may fluctuate from 600-800 NPR.

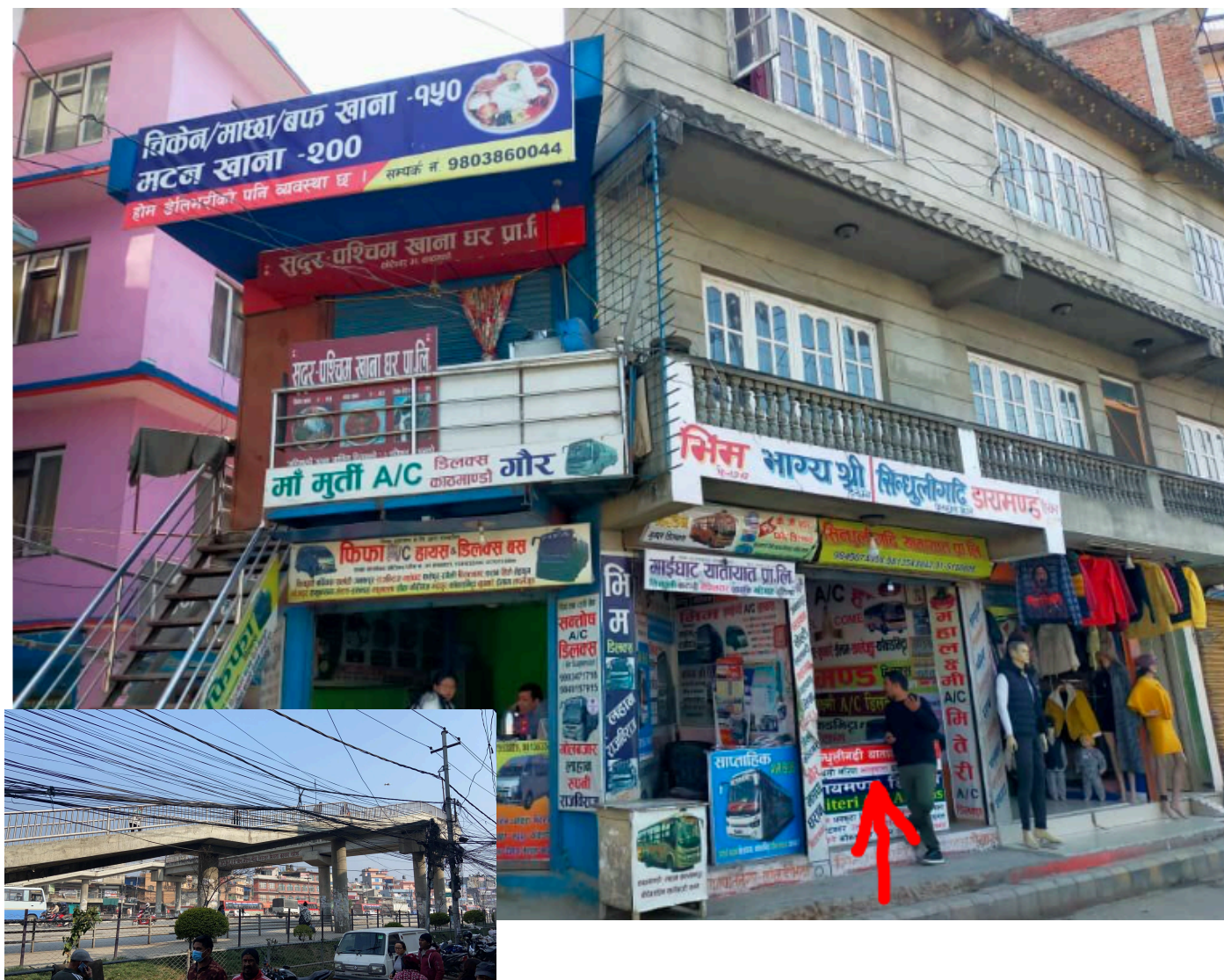
KOTESHWOR BUS STOP

Depending on your time and location, if you are in Thamel or Airport from both the locations it is easy to get a taxi to the Koteshwor Bus Stop. The Koteshwor Bus Stop address is at Ring Road, Kathmandu, and the coordinates for the place is $\text{27° 40' 39.2059" N 85° 20' 50.7102" E}$. From Thamel to this bus stop the fair must be in the range of 600-800, however depending on the timing(i.e. early morning or evening) the fair may rise also.

Once you are in the Koteshwor bus stop, you need to look for the counter location that is adjacent to the overhead bridge. Here is a short text in Nepali that you can show at the ticket office:

म हरिहरपुरगढी गाउँपालिका- ०२, चैनपुर- सिन्धुली, जान लागेको । कृपया मलाई त्यो स्थान सम्म जाने यात्रुबाहक जीप / बसको टिकट काट्न सहयोग गर्नुहोस । धन्यवाद ।।

(I am going to Hariharpurgadhi Rural Municipality-2, Chainpur-Sindhuli. Please help me to book tickets for passenger jeeps/buses going to that place. Thank you.)



The best option is:

- 11 seater Electric vehicle (jeep)
- Price range: NPR 1200-1500 (it may vary according the number of passengers)
- Estimated travel time is 8 hrs
- Departure: Will leave between 5:30 AM -2 PM, anytime depending on the numbers of passengers available. You must be there at 6 AM in order to secure a spot in the vehicle.

The journey may take around 8 hours, for both options. If everything goes well you will be able to reach the base location around 2pm in the day time.

Hariharpurgadhi BUS STOP

There is no specific “stop” for Hariharpurgadhi, so you’ll need to inform the driver you need to stop at the Hariharpurgadhi Rural Municipality Office and our base is right next to the municipality office. The coordinates for the municipality are [27.233617, 85.498089](#). Make sure you save the coordinates in your map app. You can show the following pictures at the ticket office.



In **blue** is the police guard post.
50m further, in **black**, is the municipality.
50m further, in **red**, is the base.
Ask to stop here.

GETTING TO BASE

Once you get down at the Rural Municipality office, our base is on the same side of the road where the Municipality office is, the coordinates for our base is [27.233608, 85.497170](#). Please make sure to mention the Hariharpurgadhi Rural Municipality to the bus staff as our base is in the periphery of 50 meters from the municipality office. It is recommended to download the offline map of Sindhuli District to track your own location where you have reached.

You will see an AHAH sign at the entrance of base



IF SOMETHING GOES WRONG

Take a deep breath. It's not unusual for something to go wrong. That's part of the fun, right? Patience and a smile go a long way in a stressful situation. If you need assistance, reach out to the Volunteer Engagement & Relations Coordinator, Médéric, at **+977 9808525787**.