

FLATBUSH UNITED RESOURCE LIST
(Short link: <https://bit.ly/flatbushmutualaid>)

This is an extended version of the resource list that appears in the “Announcement” section of the [Flatbush United Mutual Aid Facebook Group](#). Get regular updates on the latest developments regarding coronavirus (COVID-19) in NYC: text COVID to 692-692, or for updates in Spanish, text COVIDESP to 692-692.

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TO REQUEST ASSISTANCE:

- Post directly to the [Flatbush United Mutual Aid Facebook Group](#) or the [Kensington Mutual Aid Facebook Group](#).
- Fill out the request form for People in Need, a local non-profit run by Nowshin Ali of Jalsa Grill & Gravy that buying groceries and cooking meals for neighbors in need: <https://bit.ly/2U0Jcfu> or email peopleinneednyc@gmail.com
- **Contact Equality for Flatbush:** text, call, or email E4F at:
 - English: (646) 820-6039 + (929) 277-1490 or bkshowslove@equalityforflatbush.org + b4g@equalityforflatbush.org
 - French: enfrancais@equalityforflatbush.org or (929) 314-0222
 - Kreyol: EnKreyol@equalityforflatbush.org or (646) 801-3032
 - Mandarin: mandarin@equalityforflatbush.org or (929) 314-1292
 - Spanish: EnSPA@equalityforflatbush.org or (862) 438-5060

TO OFFER ASSISTANCE:

- Post to the above Facebook groups
- Volunteer with People In Need, a local non-profit run by Nowshin Ali of Jalsa Grill & Gravy that buying groceries and cooking meals for neighbors in need: <https://bit.ly/2U0Jcfu>
 - To donate to People in Need, visit: <https://bit.ly/38ZWGfW>
- Volunteer with Equality for Flatbush:
 - To volunteer visit: <http://bit.ly/bkshowslovevolunteer>
 - To contribute to E4F's fund for hourly workers: <http://bit.ly/BKshowsLoveGOFUND>
- Volunteer with Thai Farm Kitchen - Church and E 5th) is doing free deliveries of free lunches to elderly, disabled, and immunocompromised within a one mile radius of their restaurant. Email ThaiFarmKitchen@gmail.com
- To offer phone assistance to public school families that need help setting up and navigating online learning platforms, please email PS217parents@gmail.com or pa@ps139.org.

TO ORGANIZE A MUTUAL AID POD ON YOUR BLOCK OR IN YOUR BUILDING:

- Start a neighborhood mutual assistance pod on your block or in your building: <https://bit.ly/2xaiMPk>
- Access sample forms to help with neighborhood pod-building: <https://bit.ly/2vwVfaX> and <https://bit.ly/3dfkPII>

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- NOTE: If you start a building or neighborhood pod, and want to connect your pod to a larger network, you can submit your group to mutualaid.nyc here:
<http://mutualaid.nyc/neighborhood-group-submission/>

ADDITIONAL FOOD RESOURCES

SIGN UP FOR FOOD PICKUP AT YOUR LOCAL FOOD PANTRY - Text "FOOD" to 726879

The city has plenty of food available; you just have to RSVP to pick it up at your local pantry. It takes 2 minutes to sign up via chatbot and you can go pick up a bag of groceries at a pantry within walking distance of your house, no questions asked. The app is in 9 languages and includes 170 pantries across all 5 boroughs.

You can find the food pantry closest to you here: <https://www.foodbanknyc.org/get-help>

Here are some local pantries - please call first:

- COPO Halal Pantry 1077 Coney Island Ave P: 718-434-3266 Fridays 1:30-4:30pm; 10:30am-12:30pm for Seniors only
- HOLY INNOCENTS pantry
- GOKE pantry 622 Cortelyou Road P: 718-808-5620 Tuesday and Thursday: 10:00am-4pm
*Call first for appointment – 718-808-5620
- FLATBUSH SEVENTH DAY ADVENTIST 261 EAST 21 STREET, P: 347-279-8181 Monday: 11:00AM-1:00PM
- CAMBA 21 Snyder Avenue. P:718-282-3082 Tue: 10AM-1PM | Thu: 10:00AM-1PM

CITY OF NEW YORK COVID-19 MEAL DELIVERY:

The City of New York is now providing assistance to New Yorkers during the COVID-19 crisis by delivering meals to those who cannot access food themselves.

<https://bit.ly/NYCgetfood>

This service is intended for individuals and families who meet all of the following criteria as a result of the COVID-19 emergency:

- No members of the household can go out and get food because they are at increased medical risk or homebound
- No neighbors or family members can go out and get food for you
- Do not receive meal assistance from other providers (incl. Meals on Wheels or God's Love We Deliver); and
- You are unable to afford meal delivery or grocery delivery

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Households that qualify may place an order once every two days. Each order will contain two days of meals (4 meals per person in the household, but no household will receive more than 8 meals per delivery).

SNAP/Food Stamps/EBT You may be eligible for up to \$250/month in food assistance. You can enroll online at www.nyc.gov/accessnyc Get help at Hunger Free NYC 646-836-9177 & 646-350-1104

Shop for Groceries Online with your SNAP Benefits: <https://on.nyc.gov/2K0tQSh>

MEAL DELIVERY FOR SENIORS

- Adults 60 years old and older can sign up for a 5-meal package once per week and will be notified of delivery by phone call. Call 212-244-2429

More NYC food resources available here:

<https://www1.nyc.gov/assets/dsny/contact/services/COVID-19FoodAssistance.shtml>

FOOD RESOURCES FOR FAMILIES (NOW FOR ALL)

Grab and Go Food at NYC Public Schools

- Meals can be picked up at all Meal Hubs 7:30 am to 1:30 pm, Monday through Friday
- Meals Hubs will operate for children and families from 7:30 am to 11:30 am, and for adults from 11:30 am to 1:30 pm
- No one will be turned away at any time
- All adults and children can pick up three meals at one time
- Vegetarian and halal options available at all sites
- No dining space is available, so meals must be eaten off premises
- Parents and guardians may pick up meals for their children
- No registration or ID required

Note: Local schools PS 139, 193, 217, and 245 are all Meal Hubs

To find a free meal location near you, text “NYCFOOD” or “COMIDA” to 877-877 or visit:

<https://www.opt-osfns.org/schoolfoodny/meals/default.aspx>

HUNTER COLLEGE NYC FOOD POLICY CENTER NEIGHBORHOOD FOOD GUIDE

- Available here: <https://www.nycfoodpolicy.org/coronavirus-nyc-food-reports/>

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MORE FOOD DELIVERY OPTIONS:

- [Thai Farm Kitchen](#) (Church and E 5th) is doing free deliveries of free lunches to elderly, disabled, and immunocompromised within a one mile radius of their restaurant.
- [Meals on Wheels](#) - In response to the coronavirus crisis, this program is giving home-delivered meals to the elderly. The meals are nutritious and shelf stable.
- [Corona Couriers](#) - a volunteer-run group of cyclists providing free-of-charge deliveries during these tough times. Can do no contact deliveries of food, medications, or other supplies for those who are self-quarantined, elderly, disabled.
Email: coronacourier@protonmail.com
Call: (929) 320-0660
- **Chabad of Central Brooklyn** has put together a Local Corona Response initiative. Their website says “we are a bunch of volunteers ready and willing to help people of any creed get the supplies they need without leaving their homes.” Visit <https://www.reliefbk.org/> or text 646-481-2522 for assistance.
- [Food Hub NYC - Restaurants Donating Food for Families](#) For restaurants offering free or reduced priced food for families of public school students
- [Food Bank NYC](#)- Free meals provided at various soup kitchens and food pantries. Click [here](#) to find the nearest open site.
- [Invisible Hands](#) assists with safe, free deliveries for NYC’s most at-risk citizens facing COVID-19
- [Local Roots](#) - Free local vegetable boxes to restaurant workers and healthcare providers, email info@localroots.nyc
- [The Okra Project](#) - deliveries of free food and supply kits to Black Trans/GNC people in NYC
- [Soup Kitchens/Food Pantries Master List](#), organized by borough
- [NYC Shut It Down](#) - providing FREE Home cooked meals and groceries to Black, Brown and Indigenous people in need for the duration of the COVID 19 crisis.

LISTS OF OPEN NEIGHBORHOOD BUSINESSES

- Visit Flatbush Avenue Business Directory here:
<https://docs.google.com/spreadsheets/u/0/d/1ahdmNgBjLAvYnQ6NWyYLDtgRwPxV2CSeeFKswBu9rJA/htmlview>

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- **Visit Church Avenue Business directory here:**
https://docs.google.com/spreadsheets/u/0/d/1PMdPqQZMHBtlmBTu6scfE7mVu44skrXYBqAUe_tMVAA/htmlview
- **Visit Flatbush Business Corridor Directory here:**
https://docs.google.com/spreadsheets/u/0/d/1sBG1XabfhNGT-2LohQI91_BQU8Rsm9H0M7_tmzw2RLs/htmlview
- **Visit PLG-Windgate Open Business Spreadsheet here:**
https://docs.google.com/spreadsheets/d/1f6feqM1TA9lZXtH7AS8aVVyVMGHURWZYklzimVr_dMA/edit#gid=0

APPLY FOR UNEMPLOYMENT ASSISTANCE

- *COVID-19 Update: NYS is waiving the 7-Day waiting period for Unemployment Insurance benefits for people who are out of work due to Coronavirus (COVID-19) closures or quarantines.* <https://www.ny.gov/services/get-unemployment-assistance>
- If you are filing a new Unemployment Insurance claim, the day you should apply is based on the first letter of your last name: A-F file on Monday; G-N file on Tuesday; O-Z file on Wednesday; and if you missed your day, file on Thursday, Friday, or Saturday. Any claim you file will be backdated to the date you became unemployed. If you are eligible, you will be paid for all benefits due. Visit the [NYS Department of Labor website](#) for more information.

TENANT RESOURCES FROM FLATBUSH TENANT COALITION (FTC)

- **Tenant groups across NY State are fighting to #CancelRent.** More than 40% of NY tenant families were not able to pay rent today. Governor Cuomo has the power to do this, and he's done a weak version of it for homeowners already. Please [sign this petition](#) demanding that he #CancelRent, #CancelMortgages, #HouseTheHomeless
- **Please spread the word that there is [an eviction moratorium right now for 90 days](#)** (for now, ending 6/20/20) - no one can be evicted for any reason. Also, housing courts are closed. Landlords cannot start any new housing court cases for eviction! Tenants can still start court cases for emergency repairs and if they are illegally locked out.
- Anyone with knowledge of City Marshals' attempting to execute on warrants of eviction can report this activity by calling DOI's Bureau of City Marshals at (212)-825-5953.
- **Flatbush Tenant Coalition has a new Rent Strike Toolkit** available at bit.ly/rentstriketoolkit
- On April 2, 2020, FTC did a **Virtual Tenant Town Hall**. You access it here: www.facebook.com/rtny

HOMEOWNER RESOURCES

- On 3/20/20, Governor Cuomo announced a 90-day suspension on mortgage payments (based on financial hardship) and foreclosures. [Read more here.](#)

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- For homeowners who are having challenges paying their property taxes, the Department of Finance offers several programs to assist with hardship including exemption programs as well as a new Property Tax and Interest Deferral (PT AID) program, for those who qualify. [More info here.](#)

HEALTH RESOURCES

TO GET TESTED FOR COVID-19

- Testing is available at the Sears Parking Lot in Flatbush at 2307 Beverly Road. Residents who would like to get tested at this facility must make an appointment by calling 888-364-3065

TO REACH THE NYC COVID WORKER CARE NETWORK (A volunteer network of therapists, counselors, life coaches and more - connecting all essential workers with mental wellness support)

- Go to nycovidcare.org
- On Twitter and Instagram @nycovidcare

NYC COVID-19 MENTAL HEALTH RESOURCES

- Available here:
<https://nycwell.cityofnewyork.us/en/covid-19-digital-mental-health-resources>

FREE GUIDED MEDITATION FOR NEW YORKERS

- Headspace, the meditation app, is providing free guided meditations for New Yorkers:
<https://bit.ly/headspaceNYC>

Department of Health Testing Hotline for NYC residents (844-692-4692).

FREE INTERNET SERVICES

- Charter is offering free spectrum broadband and WiFi access for 60 days to household with K-12 and/or college students who do not already have Spectrum broadband subscription. To enroll, call 844-488-8395.
- Until further notice, all Xfinity WiFi Public Hotspots are now open to everyone on the "xfinitywifi" SSID. For more information visit [here](#).

MORE WAYS TO VOLUNTEER/CONTRIBUTE:

To donate to a gofundme campaign supporting local restaurants AND providing meals to first responders in East Flatbush

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- <https://www.gofundme.com/f/meals-for-east-flatbush-first-responders>

To donate a bicycle to an essential worker (or to get a bike if you need one):

- https://docs.google.com/forms/d/e/1FAIpQLSfVT_3C2fXGwG286jckm4OuTSTGTGy0p_iJWUXRWPKs6-Pgng/viewform

To make masks for NYC healthcare workers:

- <https://bit.ly/SewnMasksNYC>

To volunteer to be a penpal to seniors:

- https://docs.google.com/forms/d/e/1FAIpQLSe4YybL87U0kg_SNDFqXq0Eex1x_MsQzqQxc-DF15uzEKYqYg/viewform

If you have left NYC, and want to let essential healthcare workers use your empty home to self-quarantine:

- <https://bit.ly/2wwwLeq>

To volunteer to support the elderly and immunocompromised across Brooklyn:

- Add your name to this spreadsheet: <https://bit.ly/2J69TJi>

To donate protective gear (masks, gloves, gowns) to NYC Hospitals:

- <https://ppetonyc.wixsite.com/nycppe/>

To donate to a gofundme for street vendors:

- <https://charity.gofundme.com/o/en/campaign/nyc-street-vendor-covid-19-emergency-fund>

MORE COLLECTIVES/ORGANIZATIONS OFFERING AID/RESOURCES:

- [Bartender Emergency Assistance Fund](#)
- [Brooklyn Community Foundation COVID-19 Relief](#) - Grants for **front-line service organizations** that provide lifelines for vulnerable populations, meal delivery and daily living needs for homebound neighbors, support for low-wage workers who may experience food insecurity, loss of wages, and limited access to healthcare and paid sick leave, as well as other emerging needs
- [BYP100 Black NYC COVID-19 Need Form](#)
- [COVID Worker Care Network NYC](#) - Mental health/spiritual support for frontline COVID-19 workers and first responders
- Emergency Fund for Undocumented Youth and Families - for all of NY State, to apply email info@nysylc.org

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- [Financial Solidarity for Formerly Incarcerated People and Their Families \(NYC\) Need Form](#)
- [Freelance Artist Resource COVID-19](#) - Provides an array of aid options including mental healthcare, emergency funds, anti-racism guides, and quantifying the impact of cancelled work
- [Harriet's Tracks resource guide](#) - updated NY-based calls to action, health tips, funds, parenting tips

[Low-Income NYC Artist/Freelancer Relief Fund organized by Shawn Escarciga](#)

- [The Creator Fund COVID-19](#) - For creatives whose income has been cut by the COVID crisis.
- [Relief Fund for LGBTQ+ BIPOC Folks COVID-19](#) - Nationwide fund
- [Relief for Sex Workers in New York COVID-19](#)
- [Restaurant Workers COVID19 Crisis Relief Fund](#)

MORE COVID-19 RESOURCE LISTS/FACEBOOK GROUPS:

Equality 4 Flatbush Resource List

- Available here: bit.ly/BKShowsLoveResourceList

The End Is Queer, an LGBTQ+ Mutual Aid

- Facebook group: <https://www.facebook.com/groups/218921919226857/>

NYC United Against the Coronavirus

- Resource list: <https://bit.ly/2xbfX0l>
- Facebook group: <https://www.facebook.com/groups/nycoronavirus/members/>

Brooklyn Coronavirus

- Facebook group: <https://www.facebook.com/groups/BrooklynCoronavirus/>

City Limits NYC Coronavirus Crisis: Resources for You

- Available here: <https://citylimits.org/nyc-coronavirus-crisis-resources-for-you/>

A list of COVID-19 resources for the undocumented:

- Available here: <https://bit.ly/2UuXZhz>

Another great and growing list of NYC-Mutual Aid resources:

- Available here: <https://bit.ly/2WF7PAa>

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NYC.gov Resource List

- Available here: <https://www1.nyc.gov/site/helpnyc/get-help/individuals.page>

Fifth Avenue Committee's Covid Resource Guide

- Available here: <https://bit.ly/3dSL6Xy>

Resource List from the New York State Youth Leadership Council (includes resources for the undocumented)

- Available here:
<https://docs.google.com/document/d/1qilwSmaqELoyPc9-a1ka82aXAq3HDIWvbYEzwsKNNL0>