From the Office of the School Nurse

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Dear Parents/Guardians of current fifth grade students:

In September, when your child enters sixth grade or turns eleven years old, you will be required to show proof of one dose of the meningococcal conjugate vaccine and one dose of Tdap (tetanus, diphtheria and pertussis). For more information regarding these vaccines please go to the CDC website, http://www.cdc.gov/vaccines/

In addition to the state mandated vaccines, it is recommended that all children in grades 6 have a well child physical. You can use either your doctor's universal physical form or for those interested in trying out for a school sport team, a sports physical form (available on the website). Your physician can do this for you at the time of your child's checkup. Physical Exams are valid for 365 days from the day of the exam. For further information, please refer to the Garwood Schools website under Procedures for Sport Examinations.

Once these vaccinations are administered, or if your child has already had these immunizations, you may send the proper documentation to the health office as soon as possible. All documentation is required by the <u>first day</u> of school or the day after your child's eleventh birthday in September.

Low cost sports physicals can be obtained at many of the free-standing urgent care facilities in the area. Please feel free to call me with any questions. Thank you

Sincerely,

Karen Lukacovic, RN, CSN

C: M. Emmons/Principal