

# Energy for Life

## KEY QUESTIONS

- What do we need energy for?
- Where does energy come from?

## Energy for life

Scientists say energy is the ability to do work. We need to understand what this means. A way to think of it is that energy can make something happen. So, let's make something happen. Follow your teacher's directions for the next part of this lesson.

The teacher will provide directions for this:

Then, answer these questions in complete sentences in your science journal.

Why do we need energy?

Where do you get your energy from?

What other things have energy? (other animals, plants, machines, houses and cars)

Where do these things get their energy from?

What would happen without these sources of energy?