

Moon water Study guide:

What is Moon Water?

Moon water 💧 is simply water that has been exposed to the moonlight and charged with a Magical intention. The water will now embody the properties and energy of that moon phase so we can use it whenever we need it in our craft.



How to Prepare Moon Water

We can use this water when for any reason we can't work during the best Moon phase for a spell. Instead, by charging regular drinking water with the energy of the moon, we preserve that energy until a later time.

HOW TO PREPARE MOON WATER

- Pour water in the bowl. If it's your first time, use 3 cups of water. Otherwise, feel free to experiment with the amounts.
- Put the bowl in a place where it will be lit by the moonlight, preferably outside, but it could be near a window inside your home. It's a good idea to use a glass bowl or a transparent bottle to allow the light to reach the water without obstructions. It doesn't matter if it's cloudy outside, since moonlight, just like sunlight, can pierce through the clouds easily.
- As you place the water in the moonlight, consecrate it by saying out loud

“ Dear Moon, thanks for this Sacred Water, which is already helping me with (say your intention here)”

- Your intention/petition could be attracting more money to your life, healing a part of your body, fixing a relationship, or anything else where you want to focus this sacred energy.
- You don't need to leave the water outside all night. A few hours is enough, but make sure to collect it before dawn, before the sunlight touches it.
- Filter out any insects that might have landed on the water and pour it in a bottle or jar. Store it in a dark place such as a kitchen cabinet or refrigerator until you use it.

Tips for Collecting Moon Water

To make a very powerful Moon Water, start the first night of the lunar phase you chose (for example, the first night of the Full Moon), and charge the water outside for 3 consecutive nights. This can be done not just during the Full Moon phase, but during any lunar phase. Each has its own Magical properties as we will see below. I recommend to make sure to do so on the full moon and the new moon.

How to Use Moon Water in your Rituals

1. Enhance your Meditations

The first step towards strengthening your intuition is to recognize its existence. Being aware of your powers is key in realizing full potential while meditating.



1. Light a blue or purple candle on your altar. You can also use white as a staple.
2. Apply a drop of Moon Water to your Third Eye chakra (between the eyebrows) to open yourself to divine wisdom and revelation.
3. Follow a guided meditation to awaken your inner knowledge and listen to your intuition.
4. Find a place of peace within you, allowing the visions to come to you with ease. Don't be disappointed if you don't have any visions at first, practice makes perfect.

5. Keep a bottle or jar of Moon Water near your altar to keep working on your abilities.

2. Add Moon Water to your Baths 💧

1. Fill your bathtub as you normally do, and pour some Moon water that you've previously prepared. Get in the tub and pour the rest of the water on yourself.
2. Follow a Spiritual Bath Recipe for more ideas. If you need to cleanse any specific part of your body, focus on that area. Visualize everything that no longer serves you being released from your body and aura.
3. If you've charged your Moon Water with a specific intention, focus on absorbing the light of that intent, while promoting intense peace and relaxation. Wash your hair with Moon water to encourage growth with a divine glow.

3. Bless your finances with Moon Water



To make your money flow easily, Water is the perfect Element. Have confidence that nothing can stop the flow of money in your life.

1. Bless your money by sprinkling just a few drops of Moon Water on your purse or wallet.
2. Visualize the possibilities and the outcome you expect.
3. On the Full Moon, you can cast this Silver Moon Spell for Money manifestations.

4. Purify and cleanse your home with Moon Water

Cleansing your sacred space is very important. No spiritual work can be done in an environment full of stagnant energy.

1. Make sure to clean your house physically with a mop/sponge as you normally would and add some Moon Water to your bucket.
2. You can also just sprinkle the water with your fingers or a spray bottle wherever you want to clean and bless the space.
3. Optionally, combine this water with herbs or essential oils to spread more positive energies

5. Consecrate your crystals with Moon Water



Gemstones and crystals are powerful tools that we use to store, absorb, or amplify energy.

Charging your crystals implies establishing your intention and purpose. When you charge them under the Moon, they are infused with the deep symbolism of Lunar Magic (intuition, protection, and mystery).

1. Place your stones outside to bathe under the Moon
2. Put a bowl with water next to them.
3. Make sure it's safe to wash your stones with water, and physically clean them with Moon Water.

*make sure that specific crystal can be exposed to the element of water first



6. Water your plants with Moon Water

Consecration passes an intention or specific energy from your spirit onto the plant. There are many ways to bless a plant: This is a simple method which can be adapted to any practice.

1. During the day, take the plant with both hands. If the plant is on the ground, place your palms near it.
2. Visualize and feel a Magical energy flowing around the plant, fueled by your own heat and energy.
3. Say the following spell:
*"Sacred Nature, bless my plant.
Moonlight gives you a healthy life.
My Magic is your power,
To grow and protect me.
So mote it be!"*
4. Water your plant with Moon Water, or spray its leaves with it.

7. Charge your water with the energies of the Zodiac

Each day, the Moon is passing through a zodiac sign. Do this if you want to invoke a specific trait of a zodiac sign, for example, during a future ritual or spell.

1. Place a bowl of water by the window where the moonlight will touch it. You can also do this outside.
2. Visit Today's Lunar spell and follow the guided meditation for the current zodiac sign.
3. Once you're done, store the Moon water in a bottle or jar.
4. Use the water in your ritual by simply placing a bowl of Moon Water on your altar as you call upon the Element Water, or sprinkle some water on your tools.

How to use your moon water



CRYSTALS

cleanse your crystals by rinsing them with your moon water



PLANTS

water your plants with the magical benefits of moon water



BATHE

add your moon water to salt bath for added healing

CONSUME
you can drink your moon water – brew in a nice tea or use it in your cooking



CLEARING

mix with essential oils to make aura cleansing spray

Channeling the Energy of Each Phase

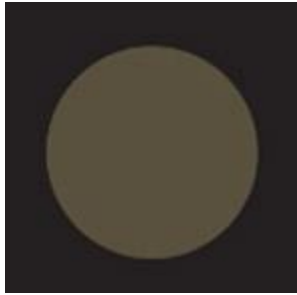
Beginner Witches often ask: *Can you make moon water without a full moon?* The answer is Yes! You can prepare Moon Water any night, even on a New Moon (it's dark but it's still there!)

The New Moon and all other lunar phases have energies of their own. Let's see when to make Moon Water according to the spells you are going to cast.



Remember: There are 8 lunar phases and we can group them into 4 stages: New Moon, Waxing Moon, Full Moon, and Waning Moon.

New Moon Water



Charge your water under the New Moon and use this water as a booster for spells of new beginnings. If you are looking to:

- Start a new job or business
- Open your heart to a new relationship
- Move into a new place

Sprinkle your altar, your home or workspace with some New Moon Water! If you are planting seeds, water them with some of this moon water to promote a healthy start.

Waxing Moon Water



The benefits of this lunar phase are associated to growth, evolution and development in both the spiritual and material realms. If you are casting:

- Spells for Money and Success
- Good Luck Rituals and Spells

This phase is all about manifestation, attraction and moving forward. Invite the power of Water to your life by placing a cup of Moon Water on your altar.

Full Moon Water



The energy of the full moon can help you reinforce any kind of Witchcraft spells:

- Love and Beauty Spells
- Spiritual and Psychic Protection Spells
- Meditations for Growth and Wisdom
- Visit our Collection of Full Moon Spells 🌕

Divinations and any ritual practice in which you need to strengthen your spiritual powers will see benefits. Just place a cup of Moon Water on your altar as you cast it.

Waning Moon Water



Enhance the power of Banishing spells by using this blessed water in your ritual.

If you want to get rid of a problem, a person or a situation, cast a banishing or a freezing spell and add a cup of Waning Moon Water to the list of ingredients.

Can I drink Moon Water?

If you are using clean drinking water, there's no risk! You can drink a few sips before starting your ritual to energize your body with the energy of the moon, or make a tea with it!

What else can I do with Moon Water?

There are plenty of things you can do with it, such as taking a bath, washing your hands or face, carrying it with you as an amulet, or even cooking and cleaning your home with it!

But its true Power lies in that you treat it as the sacred tool that it is. It's not just tap water anymore. It's now been consecrated and charged with your intentions, so don't waste it or play with it. Be thankful because water is an essential element for life and all living things.

Can you make Moon Water on a cloudy night?

Yes! The energies of the Moon are always present, even when it's cloudy outside. Just like the sun rays, moonlight is potent enough to travel through the atmosphere, clouds, and even through the pollution of big cities.



Crystal Infused Water

ABOUT CRYSTAL INFUSED WATER

Crystal infused water, also called gem water is simply water that has been infused with the vibrational frequency of a specific crystal. The water is often charged with moon or sunlight and is thought to promote certain health benefits.

Making crystal infused waters is a fun, witchy weekend activity and as a bonus, you'll eventually have a pretty line up of hand labelled bottles to decorate your altar or bathroom cabinet with. Crystal infused water can be used in a number of different ways. You can place a few drops onto your wrists or pulse points, place a couple of drops undiluted under the tongue, add a few drops to your bathwater or lace your drinking water with a few drops.



CRYSTAL AFFIRMATION

"My MIND, BODY, AND SOUL ARE ENERGISED - I AM STRONGER AND WILL SUCCEED."



Instructions

Crystal Infused Water Recipe

You will need:

- A small bowl
- A cleansed crystal of your choosing (make sure that the crystal you use can be placed in water! Some crystals will disintegrate if they come into contact with water)
- Water (I prefer mineral water which I bless and thank before using)
- A dark glass or spray bottle
- Labels for your bottles

1 - Pick a light source with which you will charge your infusion - Remedies made using sunlight will need a minimum of 3 hours to infuse. Remedies made with moonlight should be done on a new or full moon. Please note: that some crystals do not tolerate direct sunlight, if you are unsure work with moonlight, which is safe for all crystals.

2 - Charge the crystal - position it within the bowl and cover it with the mineral or spring water. Place the bowl so that it catches the sun or moon's light. Leave until sunrise if using moonlight or for 3 hours if using sunlight.

3 - Bottle the water - decant into your glass bottle of choice. You can place the actual crystal used into the jar to make it more potent if you like.

4 - Label your infusion - Label your water noting the intention you used, when it was made, the crystal used and whether you worked with moon or sunlight. Note also what the remedy is for. You can store the crystal-infused water in a dark place for a number of years if you made sure that the equipment used was sterile.

Note: please ensure that the crystals you are working with will not be damaged by contact with water

