

Nurses International

Clinical Skills

Name of the Procedure/Rubric/*Rationale*: Donning and Doffing Sterile Gloves

Step	Procedure	Yes	No	Remarks
Donning of Sterile Gloves				
1.	Wash hands and collect sterile gloves. Confirm the correct size, and type of glove material (note latex allergy)			
2.	Inspect hands for cuts, lesions, or abrasions. Examine the gloves package for the expiration date, wetness, torn areas, or discoloration.			
3.	Wash hands thoroughly.			
4.	Note the marked area on the packet for tearing, or remove the outer glove package wrapper by carefully separating and peeling apart.			
5.	Grasp the inner package and lay it on a clean, flat surface just above waist level. Open package, keeping gloves on the inside surface of the wrapper.			
6.	Identify the right and left gloves. Each glove has a cuff approximately 5 cm wide. Glove dominant hand first.			
7.	With the thumb and first two fingers of the non-dominant hand, grasp the edge of the cuff of the gloves for the dominant hand. Touch the only glove's inside surface.			
8.	Carefully pull the glove over the dominant hand, leaving a cuff and being sure the cuff does not roll up the wrist. Be sure your thumb and fingers are in the proper spaces.			
9.	With a gloved dominant hand, slip fingers underneath the second glove's cuff.			
10.	Carefully pull the second glove over the non-dominant hand. Do not allow fingers and the thumb of the gloved dominant hand to touch any part of the exposed non-dominant hand. Keep the thumb of the dominant hand abducted.			
11.	After the second glove is on, interlock hands. Cuffs usually fall down after application. Touch only the sterile portion.			
Doffing of Sterile Gloves				
12.	Grasp glove on the outside about 1/2 inch below the cuff (edge of the glove opening). Do not touch the wrist with the other			

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	hand.			
13.	Pull down the glove, turning it inside out. Hold the inside-out glove in the gloved hand.			
14.	Gather the inside-out glove in the gloved hand.			
15.	Insert finger of the bare hand under the cuff of the gloved hand.			
16.	Pull down the glove until it is inside out, drawing it over the first glove.			
17.	Discard gloves.			
18.	Perform hand hygiene.			

Reference:

Doyle. G. R., McCutcheon. J. A. (2015). *Clinical Procedures for Safer Patient Care*. (Ch 1.7 Checklist 13). BCcampus. <https://opentextbc.ca/clinicalskills/>