



Medical and Inclement Weather Plan

Event Managers are required to communicate the following plan to team contacts prior to the event and have a copy available on site at the medical area.

If a player is injured during this event requiring being sent to ER or Urgent Care, please submit an injury claim through [USA Ultimate Incident Report form](#) to start the process for a medical insurance claim.

Nearest Hospital

Name:

Address:

Phone Number:

Map Link:

Medical Services provided at tournament

Non-participant emergency contact who can do basic athletic training like taping ankles, giving ice, and first aid.

Where will the medical staff be at the event

Tournament central

How can teams contact the medical staff (phone, radio)

Go to tc or call 952-200-3523



How will event staff communicate weather, emergency & schedule changes to teams

Via tournament captain's groupme

Any other relevant information specific to your tournament, if applicable (Facility specific weather policies)

Inside so no weather concerns

USA Ultimate Weather Policy (Facility may have their own policy)

You can find more details and information here: [Health, safety, and liability Requirements](#)

For Lightning:

If you hear thunder OR your computer or app shows that lightning has struck within ten miles, suspend activity. If you do not have access to a computer or app that shows the proximity of lightning strikes, suspend play if lightning is seen even if you cannot hear thunder.

For Extreme Heat and Cold:

Refer to [Medical Staff Requirements](#). When the Heat Index reaches 105 F (see [NOAA/National Weather Service Heat Index Chart](#)), play must be suspended. In colder temperatures and/or wetter conditions, it is important to be cognizant of conditions conducive to hypothermia.