# Spirit Warriors Volleyball Program

# Spring Volleyball

Practices begin on **Thursday or Friday Sept 17/18 3:00– 4:30 pm** at Momentous Sports Center located at 14522 Myford Rd, Irvine, CA 92606. These practices will run every Monday and Friday 3:00– 4:30 PM until November 5 2020.

League play begins the first week of October and runs through the first week of November. Matches are typically on Saturdays; however, there is the possibility of one or two matches to be played on a weeknight. We never play on Sundays. We will provide a season schedule as soon as the details are finalized. The season will conclude with the California Homeschool Volleyball Championship on **November 6 or 13, 2020.** 

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Cost for the season: \$450 for Spirit students and \$550 for non-Spirit students. We offer multi-player 'family' discounts with the second player from a family getting \$25 off, the third player \$50 off, and 4 or more players are free! Payments may be made online with a credit card. The bulk of the fees pay for gym rentals, tournament fees, and officials fees. The balance pays for equipment and administration.

A note about our fees: Our fees are designed to pay our expenses and we work to keep them as low as possible. Unfortunately, we are unable to offer any scholarships this season. However, we encourage you to take advantage of our fundraising opportunities.

### All fees need to be paid in full by Oct 23, 2020.

Coaching staff:

Volleyball Administrator: Sharon Marino <u>marinobunch@sbcglobal.net</u> 714-330-7468 Head Coach: TBD Assistant: Coach: Arianna Goulding

## IMPORTANT COVID PROTOCOLS AND GUIDELINES: LINK HERE

Please select the link and read through each document. We are committed to providing sports for our student athletes which align with all state and local guidelines. Additionally, each facility may have their own guidelines.

## **Expectations for Players and Parents**

Thank you for participating in our sports program. We ask that all players and parents read through the expectations, and agree to abide by them for the entire season.

## Dress Code

The following Dress Code is applicable at all Spirit Academy Athletics Functions and Events including, but not limited, to practices, games, ceremonies, meetings, etc. We appreciate your respect for Spirit Academy Athletics, and adherence to these rules.

- 1. Modest attire at all times, please. No undergarments showing, i.e. boxers, briefs or braziers.
- 2. Athletic attire is required at all practices, including proper shoes (no vans, converse, etc.) Shorts should be mid-thigh, not excessively short. The coach has the final say.

**<u>Practice and Games</u>**: Commit to being at all scheduled practices and games.

*Show up on time for every practice.* Practice is twice a week and fixed for the season. Every minute of practice time is planned and valuable to the individual player and the team as a whole. We cannot stress enough the impact on the player and the team continuity that happens when a player misses practice. Plays and drills are taught at each practice and if a player misses practice, they generally have a gap in their understanding of what is going on. Plan your time properly to be there. Academics are paramount, but the character trait of keeping your commitments is just as important. Please DO NOT schedule doctors or other appointments during practice times. Practice times are fixed for the season so you should be able to work those other appointments around the practices.

*Please be prompt to pick up your player.* Practices and games end promptly at the fixed time. for safety reasons, we cannot leave the premises until all the players have been picked up. Life happens and there are times when you will need to miss a practice/match due to illness or some other valid reason. Please inform your coach (es) when you will be missing a practice or game. Coaches generally do not answer their cell phone or respond to texts during practices or games. Please be sure to contact them outside of the practice/game times if possible.

*Be sure to clear your schedules for the matches.* You will be given a skeleton schedule as soon as the dates are finalized for the matches. Please make every effort to be at all matches As mentioned above, life happens and if you know you will be missing a game, be sure to give your coach at least a few days notice (preferably a week) as game preparations generally involve resetting line-ups and game strategy based on the personnel available. Parents are needed to help provide various non-coaching duties necessary at a match. You will be receiving an email asking for specific volunteers for the matches soon.

### Game/Match Etiquette

During the games, please be sure to keep your cheering 'encouraging' to all players, coaches and referees. Passions do rise during the heat of competition. However, please remember that we represent Christ, and we strive to be a good example for players, fans, and officials. Do not harass the game officials or make negative comments about them. They are human and are subject to making mistakes and not seeing things.

Let the coaches coach, the players play, and the parents cheer. Our coaches are amazing and they have dedicated hundreds of hours to learn their craft and build team strategy. They have poured into your player and know the strengths and weaknesses of each player on their team. They also know the role of each player and what is best for the entire team. Please refrain from any instruction or 'coaching' from the stands as it will only serve to distract and confuse them as they need to be listening to their coach. "Nice Dig!" "Great Hustle!" "Great Set!" "Nice Pass!" "Way to Go! are great encouraging phrases. Encourage players and parents from the opposing team. Refrain from making distracting noises when they are serving and never engage a player or fan in negative banter. The last thing we want is for Spirit to get the reputation of having hostile/impolite fans. If you bring guests to a game, please be sure that they abide by the guidelines listed above. Above all else, please remember that this is a game and everyone should be having fun participating in the activities.

Should you need to discuss with the coach items related to your player, please do so outside of the context of a practice or game. Coaches generally have many things going on during the practices and games and need a clear mind to hear what you are saying and respond properly. Please go to your coach directly first with any concerns and if you do not get resolution there, then you can come to the Athletic Director.

## Code of Conduct:

Spirit Academy has a NO TOLERANCE policy regarding the consumption of alcohol, illegal drugs, or any other 'controlled substance'. Players that are found to have participated in activities where these substances were used or consumed are subject to disciplinary actions that can range up to immediate and permanent dismissal from the team. Any players who are disciplined for these actions will not have any portion of their season fees refunded.

Besides character, academics are the highest priority for us. As such, players must maintain a minimum 2.5 GPA and not be failing any individual class in order to have academic eligibility for Spirit Academy Athletics. Students who are not academically eligible will not be able to participate in any practices or games until they have brought their GPA up to at least 2.5 and are no longer failing any individual class. Parents may be asked to provide evidence of academic eligibility.

Spirit Academy has a NO TOLERANCE policy regarding sexual harassment. Players that are found to have engaged in sexual harassment activities are subject to disciplinary actions that can range up to immediate and permanent dismissal from the team. Any players who are disciplined for these actions will not have any portion of their season fees refunded.

Spirit Academy Athletics volleyball program is part of a Christian sports league and as such there will be prayer before every practice and every game. All players are encouraged to participate to help maintain team unity. We realize that some players are still learning and growing, and may not have made a profession of faith. Therefore, we ask that players be respectful and refrain from interrupting or challenging any prayers. Our Statement of Faith can be found at www.spiritacademy.org/sof. <u>All</u> <u>participants are expected to read this statement of faith.</u>

I have read all the expectations for players and parents and agree to abide by them.