



## 7-Figure Fitness Studio Checklist

A screenshot of a video player interface. The video content shows a mind map titled '7-Figure Fitness Business Checklist' in a blue box. Five lines branch out from this central box to five black boxes on the right, each containing a topic: '7-Figure Business Mindset', 'Growth', 'Retention &amp; LTV', 'Operations', and 'Team Leadership'. Each of these five boxes has a small blue circle with the number '3' next to it. The video player has a standard interface with a progress bar at the bottom showing 00:00 to 18:54, and a small video thumbnail of a man in the bottom right corner. The top of the player shows various controls and a 'Subscribe Now' button.

If the video link doesn't work, [you can see it HERE](#) also

**BONUS: [Download the Mindmap / Checklist HERE](#) <**

This is for you if:

- You're **stuck between 10-20k/**month revenue
- You have somewhere between **50-100 members but can't grow**, no matter how hard you try
- **You lose more than 5 members every month** so you never grow your recurring revenue
- You have **very low or NO profit margin** at the end of the month
- You're **overworking and NEED staff**... but can't afford to pay them
- **You need better systems,** structure and a priority list to make the business better...

If **any** of those describes you, then you're in the right place.

And you're not alone. In fact, most gym owners get stuck at exactly this point.

I made this video to break it all down, and give you a checklist of what needs to be in place for your business to truly scale to over a million pounds / dollars per year revenue - with HIGH profit and LOW stress:

## **Stuck Below 150 Members And Ready to DOUBLE Your Revenue & Profits?**

*If so, then read on...*

**Let me ask you a question... are you growing by at least 5 new HIGH PAYING clients every single week?**

Are you making 30%+ profit margins so there's always plenty of money to pay everyone, pay yourself AND reinvest into further growth?

And is your client onboarding, fulfilment and retention systemized like clockwork? Even when you're not there?

**If NOT, then would you like to see how we're opening 2-3 fully outsourced studios - and taking them to 6-figure revenues and profit - over and over again?**

In the last few years we've really cracked the code to scaling up - we've gone from 2 studios in 2020 to now having over 20 locations.

BUT most gym owners get STUCK between 50-150 members...

- their costs are too high
- They're overworked
- There's not enough profit
- They can't find reliable team members
- Churn rate is too high
- And they're often feeling overwhelmed, directionless, and losing the passion they once had for changing lives

We made a lot of these mistakes too... until we cracked the code on the high-profit, low-stress gym model.

If you'd like me to walk you through this proven gym model, so you can plug it into your business too...

**I'd love to hop on a [quick 15-minute Laser Call](#) with you so I can solve your biggest problem in expanding your gym right now.**

I do this all day long for our 25+ locations and hundreds of gym owners around the world, so I'll definitely have 2-3 actionable steps you can take from the call THIS week.

**And by the way this is NOT a “sales call” and you won’t be pitched.**

I’ve made it a goal to hop on free helpful ‘laser consulting’ calls with at least 30 gym owners every month, to add goodwill to the market.

If our free call can generate you a few extra thousand in revenue, then you’ll probably want to ask about my paid stuff!

So if that sounds good just head to this page and find a slot for us. Come prepared with your biggest challenge so we can knock it outta the park and get your income growing again!

**Claim your 15-minute laser call [HERE](#) <**