Keep your eyes on Jesus **Matthew 14:22-33, Philippians 4:13**

Read

Matthew 14:22-33 New International Version

Jesus Walks on the Water(A)(B)

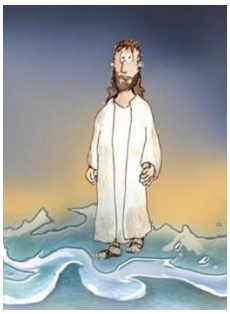


25 Shortly before dawn Jesus went out to them, walking on the lake. 26 When the disciples saw him walking on the lake, they were terrified. "It's a ghost," (D) they said, and cried out in fear.27 But Jesus immediately said to them: "Take courage!(E) It is I. Don't be afraid." (F)28 "Lord, if it's you," Peter replied, "tell me to come to you on the water." 29 "Come," he said. Then Peter got down out of the boat, walked on the water and came toward Jesus. 30 But when he saw the wind, he was afraid and, beginning to sink, cried out, "Lord, save me!" 31 Immediately Jesus reached out his hand and caught him. "You of little faith," (G) he said, "why did you doubt?" 32 And when they climbed into the boat, the wind died down. 33 Then those who were in the boat worshiped him, saying, "Truly you are the Son of God." (H)

Introduction

Take a broomstick and balance it on your hand. Ask one of the learners to do this. Blindfold the learner and ask him to balance the stick. It is only possible to balance the stick if you look at the tip of the stick.

Walk on water



We can apply this principle in our lives. If we keep our eyes fixed on Jesus, we will stand.

In the passage we read, Jesus walked on water. His disciples saw him and were very afraid. Jesus told them not to be afraid and to have courage. Peter then asked Jesus to command him to come to Him. Jesus then said, "come". Peter got out of the boat and walked up to him on the water. When he saw the big waves, he got scared and started sinking. Peter asks, "Lord save me". Jesus held out his hand and saved Peter.



Peter did the impossible and walked on water. However, when Peter took his eyes off Jesus, he became afraid he began to sink.



With our eyes fixed on Jesus, we are capable of anything. With our eyes fixed on Jesus, we can face the onslaughts of life. With our eyes fixed on Jesus, we are capable of the impossible.

Even if we sometimes look away from Jesus and start to sink, Jesus is always there to help us.

Philippians 4:13New King James Version
I can do all things through Christ who strengthens me.

Prayer

Thank you, Jesus, for always being there to help us when we sink. Let us remember to keep our eyes on You. Thank You for all that we receive undeservedly from You. Please forgive all our sins.

Amen

Hou jou oë gerig op Jesus **Mt. 14:24-31 Afr53,** Filippense 4:13

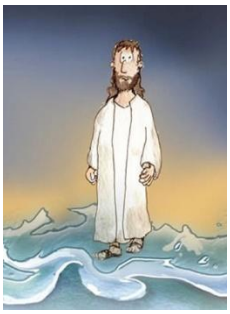
Mt. 14:24-31 AFR53



En die skuit was al in die middel van die see, geteister deur die golwe; want die wind was teen hulle. Maar in die vierde nagwaak het Jesus na hulle gekom, al wandelende op die see. En toe die dissipels Hom op die see sien loop, word hulle ontsteld en sê: Dit is 'n spook! En hulle het geskreeu van vrees. Maar Jesus het dadelik met hulle gespreek en gesê: Hou goeie moed, dit is Ek! Moenie vrees nie. En Petrus antwoord Hom en sê: Here, as dit U is, beveel my om op die water na U te kom. En Hy sê: Kom! Petrus klim toe van die skuit af en loop op die water om na Jesus te gaan. Maar toe hy die sterk wind sien, het hy bang geword; en toe hy begin sink, roep hy uit en sê: Here, red my! En Jesus het dadelik sy hand uitgesteek en hom gegryp en vir hom gesê: Kleingelowige, waarom het jy getwyfel?

Inleiding

Neem 'n besemstok en balanseer dit op jou hand. Vra een van die leerlinge om dit te doen. Blinddoek die leerder en vra hom om die stok te balanseer. Dit is net moontlik om die stok te balanseer indien jy na die punt van die stok lyk.



Loop op water

Ons kan nie beginsel toepas in ons lewens. As ons ons oë op Jesus gerig hou sal ons staande bly.

In die gedeelte wat ons gelees het Jesus op water geloop. Sy dissipels het hom gesien en was baie bang. Jesus het aan hulle gesê om nie bang te wees nie en moed te hou. Petrus vra toe vir Jesus om hom te beveel om na Hom toe te kom. Jesus sê toe" kom". Petrus het uit die skuit geklim en na hom toe gestap op die water. Toe hy die groot golwe sien het hy



bang geword en begin sink. Petrus vra “Here red my”. Jesus het sy hand uitgesteek en vir Petrus gered.

Petrus het die onmoontlike reggekry en op water geloop. Toe Petrus sy oë egter van Jesus af wegneem het hy bang geword en het hy begin sink.



Met ons oë op Jesus gerig is ons tot enigiets in staat. Met ons oë op Jesus gerig is ons tot die onmoontlike in staat. Met ons oë Jesus gerig kan ons die aanslae van die lewe trotseer.

Ons moet onthou, al kyk ons partykeer weg van Jesus af en ons begin sink, is Jesus altyd daar om ons op te help.

FILIPPENSE 4:13 AFR83

Ek is tot alles in staat deur Hom wat my krag gee.

Gebed

Baie dankie Jesus dat u altyd daar is om ons te help wanneer ons sink. Laat ons onthou om altyd ons oë op U gerig te hou. Baie dankie vir alles wat ons onverdiend van U ontvang. Vergewe asseblief al ons sondes.

Amen