

Clinic Outreach Handout

Services and Policies at {{INSERT CLINIC NAME}}

Thank you for taking some time to learn more about our clinic! This handout helps ensure that the agencies and people who refer patients to our clinic have up-to-date information on the services we offer and know some of the important policies under which we operate.

Services we primarily offer: {{Customize based on your clinic's capability}}

- Psychiatric medication management
- Large range of group psychotherapy options across different days and times
- Short term psychotherapy: 6-18 sessions, with most patients seeing symptom relief after 8 sessions
- A small number of long-term psychotherapy slots {{if clinic has a carve out for this}}

Services we are not able to offer: {{Customize based on your clinic's capability}}

- Long-term psychotherapy: After 20 sessions, a patient's care undergoes a thorough review and a determination of whether further care is warranted.
- Neuropsychological testing: This service must be referred out into the network.
- Biofeedback: This service must be referred out into the network.

Information about our clinic policies: {{Customize based on your clinic's capability}}

- Group therapy is a primary modality of care within our clinic. Nearly all patients with a depressive or anxiety disorder are expected to attend one or more types of group classes when they start with the clinic. We offer many evidence-based psychotherapy groups, as well as interpersonal/support groups.
- We have an on-call provider assigned each day. If a crisis occurs and a patient requires an unscheduled walk-in, then the on-call provider will see them that day, as the primary provider will likely be booked with other patients.

Please see our "Clinic Services Handout" for information on the specific groups we offer. Also, we encourage you to provide a copy to the patient when making a referral.