

Lisa Borntrager, MSW

Richmond, VA · (813) 500-2518 · borntragerlj@vcu.edu

EDUCATION

Virginia Commonwealth University GPA: 4.0	<i>PhD in Social Work</i>	Richmond, VA August 2024- present
University of Central Florida GPA: 4.00	<i>Master of Social Work</i>	Orlando, FL August 2016- May 2018
University of Central Florida Major GPA: 3.42	<i>B.S in Psychology</i>	Orlando, FL August 2011-May 2016

RESEARCH INTERESTS

Suicidology, Suicide Prevention, Health and Mental Health Disparities, Structural Inequalities/Social Justice, Program Evaluation, Macro Factors Related to Mental Health (policies, public health, cultural/societal, systemic), LGBTQ+ Population, Mental Health Diagnoses/Evidenced-Based Practices/Interventions, Trauma (Violence Against Women, Trauma Related to War/Conflict/Oppression)

EXPERIENCE

RESEARCH EXPERIENCE

Virginia Commonwealth University, School of Social Work <i>Graduate Research Assistant, PhD Program</i>	Richmond, VA August 2024- Present
---	--------------------------------------

Florida Launch Engage Activate Departments and Systems for Zero Suicide (FL LEADS Project) University of Central Florida <i>The FL LEADS Project is a five year, \$3.5-Million grant funded by the U.S. Substance Abuse and Mental Health Services Administration (SAMHSA) seeking to transform and improve suicide care practices, standards, and outcomes in through evidenced-based training and Mobile Response Team Care Coordination throughout rural and urban counties in northeast, northwest, central, and west Florida.</i>	Orlando, FL
---	-------------

<i>Research Associate</i>	August 2024- February 2025
● Wrote scholarly papers/abstracts for publication/presentations and contributes to grant writing and the application process	

<i>Research Project Manager</i>	April 2021- August 2024
● Monitored and recorded project progress on programmatic and evaluation goals/objectives (including reporting partnership site activities and goal progress) via data entry/management of project indicators (using SPARS, excel, and SPSS) to ensure project activities are implemented with quality assurance and fidelity ● Prepared timely federal reports (quarterly and annually) in accordance with industry standards to highlight the project's progress to funding sources	

- Networked and coordinated communication with research and programmatic teams at designated sites, including scheduling stakeholder meetings/site visits; attending and participating in regular meetings with partners; creating meeting minutes, disseminating appropriately, and providing partners with follow-up contact
- Recruited, trained, supervised, and mentored part-time research staff and 16 active student research assistants in a variety of grant activities, such as entering data, performing analysis, and writing for publications, ensuring project goals are met
- Developed evaluation codebooks and SPSS shells for data entry and analysis
- Created evaluations and other programmatic documents to aid data collection efforts
- Assisted in program and training creation in line with project goals and evaluation efforts
- Entered collected surveys/patient information into IBM SPSS Statistics for timely data analysis
- Co-led focus groups with community stakeholders, mental health professionals, and community members at risk of suicide to develop a social marketing campaign aimed to help reduce rates of suicide and promote help-seeking in Florida
- Entered, cleaned, managed, and analyzed data to evaluate workshops, trainers, and knowledge/skill change in participants
- Conducted literature reviews, created annotated summaries, and organized online data libraries/management system across all programmatic aims
- Wrote scholarly papers/abstracts for publication/presentations and contributed to grant writing and the application process

Center for Behavioral Health Research and Training

Orlando, FL

Program Coordinator

December 2021- August 2024

University of Central Florida- School of Social Work

The Center for Behavioral Health Research and Training aims to expand expertise and scientific discovery in evidence-based prevention programs and strategies, with the goal of improving clinical practices and behavioral health outcomes for local, national, and global communities.

- Works closely with Center Director(s) to coordinate research projects and support/manage day to day center operations/promote center goals/vision across the department/community.
- Recruits, trains, supervises, and mentors center staff, graduate research assistants, and undergraduate research assistants, while organizing and facilitating lab meetings, center schedules, research software availability, and other personnel needs as needed.
- Attends department faculty and staff meetings; serving as a member on the social work LGBTQ+ committee; participation in various department, college, and university-level events/meetings

Florida Implementation of the National Strategy for Suicide Prevention (FINS Project)

Orlando, FL

Research Project Manager

February 2020- September 2021

University of Central Florida

The FINS Project is a three year, \$1.4-Million grant funded by the U.S. Substance Abuse and Mental Health Services Administration (SAMHSA) that aims to develop and expand suicide prevention through training and care coordination in the healthcare system for adults in Central Florida.

- Monitored and recorded project progress on programmatic goals/objectives (including reporting partnership site activities and monthly training numbers) via data entry/management of project indicators (using federal databases, excel, and SPSS) to ensure project activities are implemented with quality and fidelity
- Redesigned and maintained the project's implementation and quality assurance tracking database to become more efficient and reduce human workload by 50%, decreasing chances for human error and ensuring accuracy of reporting
- Prepared timely federal reports (quarterly and annually) in accordance with industry standards to showcase the project's progress to funding sources
- Coordinated communication with research and programmatic teams at designated sites, including scheduling stakeholder meetings/site visits; attending and participating in regular meetings with partners; creating meeting minutes, disseminating appropriately, and providing partners with follow-up contact
- Recruited, trained, supervised, and mentored part-time research staff and 14 student research assistants in a variety of grant activities, such as entering data, performing analysis, and writing for publications
- Developed evaluation codebooks and SPSS shells to for data entry and analysis
- Created survey evaluations and other programmatic documents to aid data collection efforts
- Entered collected surveys/patient information into IBM SPSS Statistics for timely data analysis
- Analyzed data to evaluate workshops, trainers, and knowledge/skill change in participants
- Conducted literature reviews, creates annotated summaries, and organizes online data libraries/management system across all programmatic aims
- Wrote scholarly papers/abstracts for publication/presentations and contributes to grant writing and the application process

Care Coordination Specialist

December 2018- September 2021

- Advised 5 care coordinators (along with 3 MSW interns) on programmatic and clinical aspects of a suicide prevention program within a hospital emergency department setting aimed at reducing suicidal risk and symptoms of mental illness/substance abuse
- Developed process flow maps for program formulation and sustainability
- Devised program procedures, pathways for care, and program forms with hospital management and grant staff
- Led biweekly collaborative meetings with care coordinators, ED administration, and grant staff to solve possible programmatic or clinical barriers to program implementation and data collection
- Managed client data for the purposes of clinical analysis of suicidal risk reduction and program productivity

Research Associate

June 2018- February 2020

- Developed evaluation codebooks and shells for data entry and analysis
- Invented grant tools and visual documents to aid in facilitating partnerships and promoting Zero Suicide initiatives in the community
- Created evaluations and other programmatic documents to aid data collection efforts

- Entered collected data into IBM SPSS Statistics for timely data analysis
- Analyzed data to evaluate workshops, trainers, and knowledge/skill change in participants
- Conducted literature reviews, created annotated summaries, and organized online data libraries/management system across all programmatic aims
- Wrote scholarly papers/abstracts for publication/presentations
- Contributed to grant writing and the application process
- Assisted in workshop and training coordination efforts with community partners

E-Health Intervention for Youth Suicide Prevention

Orlando, FL

Research Associate

July 2020- August 2021

University of Central Florida

A multidisciplinary project through the Colleges of Medicine, Engineering and Computer Science, and Health Professions and Sciences at the University of Central Florida aimed to develop a patient-informed safety planning app for youth and determine clinical utility in improving youth suicide-related outcomes.

- Consulted in app development and design, ensuring that the app is reflective of evidenced-based strategies for suicide prevention and safety planning in youth
- Provided any support needed for focus groups with at-risk youth and clinicians working in the field to ensure that the app design is functional, relevant, and useful for the population

Florida Linking Individuals Needing Care (FL LINC Project)

Orlando, FL

Research Associate, Interim Project Manager

October 2018- October 2019

University of Central Florida

The FL LINC Project is a \$3.68-Million grant funded by the U.S. Substance Abuse and Mental Health Services Administration (SAMHSA) that aims to expand suicide-prevention services for youth and young adults ages 10-24 in the state of Florida.

- Coordinated data collection from project participants and organized files across grant aims/activities for the purposes of data entry and analysis, in accordance with IRB standards
- Entered collected data into IBM SPSS Statistics for timely data analysis
- Analyzed data to investigate project outcomes associated with grant goals
- Wrote scholarly papers for publication/presentations to be published in scholarly journals or presented at conferences related to behavioral health/suicide prevention

Other Research Project Contributions

Research Associate

2021-present

University of Central Florida

- Project SMARTS: a 5-year innovative prevention model that will facilitate youth suicide prevention and early intervention strategies through a multi-system and interconnected approach across multiple delivery systems of care including middle and high schools and community behavioral health agencies aimed to reduce suicide rate, decrease mental health risk, and build sustainable prevention services to ultimately improve equity in access to high quality behavioral healthcare in schools in Florida.

- CA-LINC: an NIH-funded project aimed at culturally adapting care coordination suicide detection and intervention models for Black youth through focus groups, and pilot program implementation in Charlotte, North Carolina.

PUBLICATIONS/PRESENTATIONS

Manuscripts:

- Hussain, F.Z., **Borntrager, L.J.**, Lindsey, M., Karimi-Dehkordi, D., Matha, S., Hughes, T., Karver, M.S., Gryglewicz, K. (2025). Examining racial and ethnic disparities in the effectiveness of Question, Persuade, Refer (QPR) suicide prevention training among Black, Hispanic, and White community helpers. *Journal of Racial and Ethnic Health Disparities*. <https://doi.org/10.1007/s40615-025-02571-x>
- Vance, M., Gryglewicz, K., Nam, E., Richardson, S., **Borntrager, L.**, & Karver, M.S. (2022). Exploring service use disparities among suicidal Black youth in a suicide prevention care coordination intervention. *Journal of Racial and Ethnic Health Disparities*. <https://doi.org/10.1007/s40615-022-01402-7>
- Bender, A., Wilson, R., **Borntrager, L.**, Gryglewicz, K., & Karver, M.S. (2022). Evaluating Dialectical Behavior Therapy training with mental health providers. *Journal of Personality Disorders*.
- Gryglewicz, K., Nam, E., Karver, M.S., Vance, M., & **Borntrager, L.** (2021). Caring transitions: An examination of mental health, suicide-related outcomes, and service use patterns among at-risk youth discharged from crisis stabilization units. *Crisis: The Journal of Crisis Intervention and Suicide Prevention*. <https://doi.org/10.1027/0227-5910/a000795>
- Bender, A., Dennis, S., **Borntrager, L.J.**, Schuck, A., & Karver, M.S. (manuscript submitted/under review in Motivation and Emotion). *Perfectionism and Experimentally Manipulated Performance Feedback: Effects on Demoralization Through Appraisal*
- Gryglewicz, K., Orr, V.L., Jahan, I., **Borntrager, L.J.**, Whalen, A., Bielski, A., & Duffy, T.L. (manuscript submitted/under review in the American Journal of Public Health) *The Zero Suicide Model in Healthcare Settings: A Scoping Review of Implementation Processes and Outcomes*
- Borntrager, L.J.**, Matijczak, A., Fuller, M., & Goffnett, J. (submitted/under review in Psychology of Sexual Orientation and Gender Diversity). *One more time with feeling: Interrogating identity-related shame in minority stress and suicidal ideation for LGB+ adolescents*

Presentations (National/Peer Review):

- Borntrager, L.J.**, Matijczak, A., Goffnett, J., Fuller, M. (2026). *Interrogating identity-related shame in minority stress and suicidality trajectories for LGB+ adolescents*. Paper presentation to be presented at the Suicide Research Symposium Fifth Annual Conference, Virtual.
- Borntrager, L.J.**, Gryglewicz, K. (2026). *Does trauma type matter? The link between type of trauma experienced and adult suicidality*. Poster presentation to be presented at the Suicide Research Symposium Fifth Annual Conference, Virtual.
- Hildebrand, L., Gryglewicz, K., **Borntrager, L.J.**, Browne, N., Nandwani, A., & Karver, M.S. (2026). *Care transitions: A longitudinal evaluation of a suicide care coordination*

- intervention in emergency departments*. Poster presentation to be presented at the Suicide Research Symposium Fifth Annual Conference, Virtual.
- Hussain, F.Z., **Borntrager, L.**, Lindsey, M., Karimi-Dehkordi, D., Matha, S., Hughes, T., Karver, M.S., Gryglewicz, K. (2025). *Racial and ethnic disparities in the effectiveness of the Question, Persuade, Refer (QPR) suicide prevention training*. Paper presentation presented at the Suicide Research Symposium Fourth Annual Conference, Virtual.
- Evans, L.W., Dennis, S., Le, K., **Borntrager, L.**, Gryglewicz, K., & Karver, M. S. (2024, October). How does this work? Changing suicide risk assessment behaviors in mental health professionals through training. Presentation to International Association of Suicide Prevention (IASP) Pan-American Conference. Minneapolis, MN.
- Hughes, T., Ayala, C., **Borntrager, L.**, & Gryglewicz, K. (2024). *Evaluating the cultural effectiveness of Question, Persuade, Refer suicide prevention trainings*. Paper presentation presented at the Suicide Research Symposium Third Annual Conference, Virtual.
- Cao, E., Diaz, E., Javanjavidan, V., Finotti, K., Webster, A., Gryglewicz, K., **Borntrager, L.**, Bender, A., & Karver, M.S. (2024). *DBT clinician training for suicide prevention: Don't be a potato!* Paper presentation presented at the Suicide Research Symposium Third Annual Conference, Virtual.
- Javanjavidan, V., Cao, E., Diaz, E., Finotti, K., Webster, A., Gryglewicz, K., **Borntrager, L.**, Bender, A., & Karver, M.S. (2024). *DBT clinician training for suicide prevention: Don't be a potato!* Paper presentation presented at the Suicide Research Symposium Third Annual Conference, Virtual.
- Borntrager, L.**, Le, K., Kneusel, J., Gryglewicz, K. (2023). *Suicide prevention training implementation in healthcare settings*. As part of a symposium/workshop titled *Innovative Approaches to the Evaluation of Suicide Prevention across Service Sectors* presented at Suicide Research Symposium Second Annual Conference, Virtual.
- Hussain, F., **Borntrager, L.**, Gryglewicz, K. (2023). *Discussing suicide with family and friends: Do gatekeeper trainings affect perceived social norms?* Paper presentation presented at Suicide Research Symposium Second Annual Conference, Virtual.
- Orr, V.L., **Borntrager, L.**, & Gryglewicz, K. (2023). *Why race matters: An analysis of risk factors, warning signs, and protective factors in those at risk of suicide*. Paper presentation presented at the Suicide Research Symposium Second Annual Conference, virtual.
- Sistovaris, R., **Borntrager, L.**, Orr, V., & Gryglewicz, K. (2023). *Is the PHQ-9 an effective tool for determining necessity of involuntary hospitalization?* Research poster presented at Suicide Research Symposium, Virtual.
- Rusch, J., **Borntrager, L.**, Orr, V.L., Mason, A., Gryglewicz, K. (2023). *Examining distinct suicidal crisis triggers in individuals who struggle with substance misuse*. Research poster presented at Suicide Research Symposium, Virtual.
- Orr, V.L., **Borntrager, L.**, & Gryglewicz, K. (2023). *Gender Differences in Suicide Screening Measures: Is Changed Needed?* Research poster presented at the American Psychological Association (APA), Division 12 - Society of Clinical Psychology, virtual.
- Orr, V., **Borntrager, L.**, Gryglewicz, K. (2023). *Complex Trauma in Suicidal Adults: Do Cumulative Traumatic Experiences Affect Suicide Risk, Warning, and Protective Factors?*

Paper presentation accepted for the 56th Annual Conference of the American Association of Suicidology, Portland, OR.

Carmody, J., **Borntrager, L.**, Gryglewicz, K. (2022). *Suicide Prevention Implementation in Hospital Emergency Department Settings: Implications and Lessons Learned*. Poster presentation for The National Association of Social Workers (FL) Annual Conference, Orlando, FL.

Borntrager, L., Gryglewicz, K., Vance, M., Nam, E., & Karver, M.S. (2022). *Exploring Barriers and Facilitators to Service Engagement and Utilization Among Black Youth at High-Risk for Suicide*. Oral session presented at the Society for Social Work and Research 26th Annual Conference, Washington, DC.

Borntrager, L., Gryglewicz, K. (2021). *Suicide Screening in Emergency Departments: Does the Patient Health Questionnaire- 3 detect suicidal ideation?* Presentation accepted but not presented (was unable to attend conference) for the IASR/AFSP International Summit on Suicide Research.

Borntrager, L., Vance, M., Gryglewicz, K., Nam, E., & Karver, M.S. (2021). *Examining barriers to service engagement and utilization among Black youth at high-risk for suicide*. Oral session presented at the 54th Annual Conference of the American Association of Suicidology, Orlando, FL.

Borntrager, L., Peterson, A., Gryglewicz, K., Karver, M.S., & Kersey, S. (2019). *Implementing suicide prevention training in a healthcare setting: Can we change provider attitudes and perceptions?* Poster session presented at the IASR/AFSP International Summit on Suicide Research, Miami, FL.

Borntrager, L., Gryglewicz, K., Karver, M.S., & Kersey, S. (2019). *Building a 'safety net' of community providers: Utilizing the systems of care framework for developing a community resource asset map for suicide prevention within a healthcare setting*. Poster session presented at the IASR/AFSP International Summit on Suicide Research, Miami, FL.

Presentations (Local/Mentorship):

Borntrager, L.J (2025). *Complex trauma, internalized homophobia and suicide in sexual minority adults: Does level of outness and sexual identity centrality matter?* Poster Presentation presented at the 29th Annual Graduate Research Symposium at Virginia Commonwealth University, Richmond, VA.

Borntrager, L.J., & Gryglewicz, K. (2025). *Does trauma type matter when evaluating adult suicide risk level?* Poster Presentation presented at the 28th Annual Graduate Research Symposium at Virginia Commonwealth University, Richmond, VA.

Matha, S., Bielski, A., **Borntrager, L.**, & Gryglewicz, K. (2024). *Examining the effectiveness of DBT training on changing trainee's attitudes and assumptions of suicide*. Poster Presentation presented at the UCF Student Scholar Symposium, Orlando, FL.

Bielski, A., Matha, S., **Borntrager, L.**, & Gryglewicz, K. (2024). *The great family debate: How family discussions about suicide have evolved over the last decade*. Poster Presentation presented at the UCF Student Scholar Symposium, Orlando, FL.

Robertson, O., Hughes, T., **Borntrager, L.**, & Gryglewicz, K. (2024). *The relationship between age and perceived behavioral control when discussing suicide*. Poster Presentation presented at the UCF Student Scholar Symposium, Orlando, FL.

- Rusch, J., **Borntrager, L.**, Orr, V.L., Mason, A., Gryglewicz, K. (2023). *Examining distinct suicidal crisis triggers in individuals who struggle with substance misuse*. Research poster presented at the National Conference on Undergraduate Research, Eau Claire, Wisconsin.
- Mason, A., **Borntrager, L.**, Orr, V., Rusch, J., Gryglewicz, K. (2023). *Examining a relationship between sexual assault and triggers of suicidal ideation*. Research poster presented at Student Scholar Symposium (SSS) at the University of Central Florida, Orlando, FL
- Rusch, J., **Borntrager, L.**, Orr, V.L., Mason, A., Gryglewicz, K. (2023). *Examining distinct suicidal crisis triggers in individuals who struggle with substance misuse*. Research poster presented at Student Scholar Symposium (SSS) at the University of Central Florida, Orlando, FL
- Ravikumar, S., **Borntrager, L.**, Gryglewicz, K. (2023). *Exploring suicidality and depression: Does type of trauma affect risk levels?* Poster session presented at the Student Scholar Symposium at the University of Central Florida, Orlando, FL.
- Rusch, J., **Borntrager, L.**, Orr, V.L., Mason, A., Gryglewicz, K. (2023). *Examining distinct suicidal crisis triggers in individuals who struggle with substance misuse*. Research poster presented at Florida Undergraduate Research Conference (FURC), Miami, FL
- Orr, V., Griemert, S., **Borntrager, L.**, Gryglewicz, K. (2022). *Do Individuals with Trauma Have More Difficulty Concentrating Than Those Without Trauma?* Poster session presented at the University of Central Florida Research Symposium, Orlando, FL.
- Griemert, S., Orr, V., **Borntrager, L.**, Gryglewicz, K. (2022). *Homelessness and Retention in a Suicide Prevention Program*. Poster session presented at the University of Central Florida Research Symposium, Orlando, FL.
- Anjum, R., Santaliz, A., **Borntrager, L.**, Gryglewicz, K. (2022). *Prevalence of Risk Factors and Protective Factors for Suicide in Adults Before and During the Start of the COVID-19 Pandemic*. Poster session presented at the University of Central Florida Research Symposium, Orlando, FL.
- Hussain, F., **Borntrager, L.**, Gryglewicz, K. (2022). *Perceived Encouragement to Ask About Suicidal Thoughts Based on Work Role*. Poster session presented at the University of Central Florida Research Symposium, Orlando, FL.
- Borntrager, L.**, Carmody, J., Gryglewicz, K. (2022). *Suicide Prevention and Care Coordination in Hospital Settings: Implications and Lessons Learned*. Oral presentation for The Florida Suicide Prevention Coalition Conference, Tampa, FL.
- Orr, V., **Borntrager, L.**, Gryglewicz, K. (2022). *Assessing the Relationship Between Disturbed Sleeping Patterns and Trauma in Individuals that Screen Positive for Suicide in the Emergency Department*. Poster session presented at the Florida Undergraduate Research Conference, Orlando, FL.
- Cieplensky, A., **Borntrager, L.**, & Gryglewicz, K. (2021). *Associations Between Adverse Childhood Experiences (ACEs) and Suicide Risk Factors and Warning Signs*. Poster session presented at the University of Central Florida Showcase of Research Excellence, Orlando, FL.
- Cosare, M., **Borntrager, L.**, & Gryglewicz, K. (2021). *Comparing risk factors, warning signs, and protective factors among races and between youth and adult populations*. Poster session

presented at the University of Central Florida Showcase of Research Excellence, Orlando, FL.

Hussain, F., **Borntrager, L.**, & Gryglewicz, K. (2021). *Awareness of Suicide Risk Factors and Warning Signs Differ Based on Demographics*. Poster session presented at the University of Central Florida Showcase of Research Excellence, Orlando, FL.

Fernandes, T., **Borntrager, L.**, & Gryglewicz, K. (2021). *Examining Mental Health Symptoms among English and Spanish-Speaking Populations*. Poster session presented at the University of Central Florida Showcase of Research Excellence, Orlando, FL.

Hussain, F., **Borntrager, L.**, & Gryglewicz, K. (2021). *The Effect of Question, Persuade, and Refer (QPR) Training on Suicide Gatekeepers' Referral Behavior*. Poster session presented at the Florida Undergraduate Research Conference, Fort Myers, FL.

Fernandes, T., **Borntrager, L.**, Gryglewicz, K., & Karver, M.S. (2021). *Impact of PHQ-9 symptoms on activities of daily living*. Poster session presented at the Florida Undergraduate Research Conference, Fort Myers, FL.

Cosare, M., **Borntrager, L.**, Gryglewicz, K., & Karver, M.S. (2020). *Assessing risk factors, warning signs, and protective factors among suicidal youth by race*. Poster session presented at the University of Central Florida Showcase of Undergraduate Research Excellence, Orlando, FL.

Poonai, A., **Borntrager, L.**, Gryglewicz, K., & Karver, M.S. (2020). *An analysis on the length of time in training and the retention of knowledge in the QPR suicide prevention program*. Poster session presented at the University of Central Florida Showcase of Undergraduate Research Excellence, Orlando, FL.

Fernandes, T., **Borntrager, L.**, Gryglewicz, K., & Karver, M.S. (2020). *Impact of PHQ-9 symptoms on activities of daily living*. Poster session presented at the University of Central Florida Showcase of Undergraduate Research Excellence, Orlando, FL.

Technical Reports:

Gryglewicz, K., **Borntrager, L.**, Jahan, I., Whalen, A., Hughes, T., Nandwani, A., Ayala, C., Brener, L., Dennis, S., Le, K., Webster, A., & Karver, M. S. (2024). *Florida Launch Engage Activate Departments and Systems for Zero Suicide (FL LEADS) Project 2024 Year 3 Annual Report*. The Substance Abuse and Mental Health Services Administration.

Gryglewicz, K., **Borntrager, L.**, Kneusel, J., Carmody, J., Whalen, A., Hussian, F., Ayala, C., Dennis, S., Le, K., Webster, A., & Karver, M. S. (2023). *Florida Launch Engage Activate Departments and Systems for Zero Suicide (FL LEADS) Project 2023 Year 2 Annual Report*. The Substance Abuse and Mental Health Services Administration.

Gryglewicz, K., **Borntrager, L.**, Kneusel, J., Carmody, J., Taylor, L., Dennis, S., Le, K., Webster, A., & Karver, M. S. (2022). *Florida Launch Engage Activate Departments and Systems for Zero Suicide (FL LEADS) Project 2022 Year 1 Annual Report*. The Substance Abuse and Mental Health Services Administration.

Borntrager, L., Kersey, S., Smith, M., Cosare, M., Rosler, M. A., Bender, A. M., Le, K., Miller, R. H., Salach, J., Orlowski, E. W., Persaud, K., Peterson, A. L., Gryglewicz, K., & Karver, M. S. (2020). *The Florida Implementation of the National Strategy for Suicide Prevention*

- (FINS) Project 2021 final report. The Substance Abuse and Mental Health Services Administration.
- Schuck, A., Peterson, A. L., Monahan, M. F., Bender, A. M., Rice, A., Le, K., Miller, R. H., Salach, J., Orlowski, E. W., Persaud, K., Ruiz, M., McNeil, M., **Borntrager, L.**, Cosare, M., Rosler, M. A., Wilson, R., Brennan, R., Sullivan, B., Gaudette, S., Shukla, Y., Hangartner, R., Gryglewicz, K., & Karver, M. S. (2020). *The Florida Linking Individuals Needing Care (FL LINC) project 2020 final report*. The Substance Abuse and Mental Health Services Administration.
- Peterson, A. L., Le, K., Wilson, R., Persaud, K., Gryglewicz, K., & Karver, M. S. (2020). Gatekeeper training. In Schuck, A., Peterson, A. L., Monahan, M. F., Bender, A. M., Rice, A., Le, K., Miller, R. H., Salach, J., Orlowski, E. W., Persaud, K., Ruiz, M., McNeil, M., **Borntrager, L.**, Cosare, M., Rosler, M. A., Wilson, R., Brennan, R., Sullivan, B., Gaudette, S., Shukla, Y., Hangartner, R., Gryglewicz, K., & Karver, M. S. (Eds.), *The Florida Linking Individuals Needing Care (FL LINC) project 2020 final report* (pp. 3-34). The Substance Abuse and Mental Health Services Administration.
- Schuck, A., McNeil, M., Gryglewicz, K., Bender, A. M., Cosare, M., Rosler, M. A., & Karver, M. S. (2020). It's time to talk about it: An in-person family training for youth suicide prevention. In Schuck, A., Peterson, A. L., Monahan, M. F., Bender, A. M., Rice, A., Le, K., Miller, R. H., Salach, J., Orlowski, E. W., Persaud, K., Ruiz, M., McNeil, M., **Borntrager, L.**, Cosare, M., Rosler, M. A., Wilson, R., Brennan, R., Sullivan, B., Gaudette, S., Shukla, Y., Hangartner, R., Gryglewicz, K., & Karver, M. S. (Eds.), *The Florida Linking Individuals Needing Care (FL LINC) project 2020 final report* (pp. 35-61). The Substance Abuse and Mental Health Services Administration.
- Miller, R. H., Orlowski, E. W., Peterson, A. L., Sullivan, B., Gaudette, S., Persaud, K., Salach, J., Rosler, M. A., Brennan, R., Gryglewicz, K., & Karver, M. S. (2020). Upstream youth suicide prevention. In Schuck, A., Peterson, A. L., Monahan, M. F., Bender, A. M., Rice, A., Le, K., Miller, R. H., Salach, J., Orlowski, E. W., Persaud, K., Ruiz, M., McNeil, M., **Borntrager, L.**, Cosare, M., Rosler, M. A., Wilson, R., Brennan, R., Sullivan, B., Gaudette, S., Shukla, Y., Hangartner, R., Gryglewicz, K., & Karver, M. S. (Eds.), *The Florida Linking Individuals Needing Care (FL LINC) project 2020 final report* (pp. 62-103). The Substance Abuse and Mental Health Services Administration.
- Schuck, A., Bender, A. M., Gryglewicz, K., Hangartner, R., & Karver, M. S. (2020). Postvention. In Schuck, A., Peterson, A. L., Monahan, M. F., Bender, A. M., Rice, A., Le, K., Miller, R. H., Salach, J., Orlowski, E. W., Persaud, K., Ruiz, M., McNeil, M., **Borntrager, L.**, Cosare, M., Rosler, M. A., Wilson, R., Brennan, R., Sullivan, B., Gaudette, S., Shukla, Y., Hangartner, R., Gryglewicz, K., & Karver, M. S. (Eds.), *The Florida Linking Individuals Needing Care (FL LINC) project 2020 final report* (pp. 143-167). The Substance Abuse and Mental Health Services Administration.
- Schuck, A., Ruiz, M., Rice, A., Rosler, M. A., Shukla, Y., Persaud, K., Karver, M. S. & Gryglewicz, K. (2020). 211 Brevard's BeThe1To campaign: An automated crisis text messaging service. In Schuck, A., Peterson, A. L., Monahan, M. F., Bender, A. M., Rice, A., Le, K., Miller, R. H., Salach, J., Orlowski, E. W., Persaud, K., Ruiz, M., McNeil, M., **Borntrager, L.**, Cosare, M., Rosler, M. A., Wilson, R., Brennan, R., Sullivan, B., Gaudette, S., Shukla, Y., Hangartner, R., Gryglewicz, K., & Karver, M. S. (Eds.), *The Florida Linking*

Individuals Needing Care (FL LINC) project 2020 final report (pp. 168-207). The Substance Abuse and Mental Health Services Administration.

Monahan, M. F., Orlowski, E. W., Bender, A. M., Le, K., Salach, J., Rosler, M. A., Gryglewicz, K., & Karver, M. S. (2020). Training mental health professionals. In Schuck, A., Peterson, A. L., Monahan, M. F., Bender, A. M., Rice, A., Le, K., Miller, R. H., Salach, J., Orlowski, E. W., Persaud, K., Ruiz, M., McNeil, M., **Borntrager, L.**, Cosare, M., Rosler, M. A., Wilson, R., Brennan, R., Sullivan, B., Gaudette, S., Shukla, Y., Hangartner, R., Gryglewicz, K., & Karver, M. S. (Eds.), *The Florida Linking Individuals Needing Care (FL LINC) project 2020 final report* (pp. 208-245). The Substance Abuse and Mental Health Services Administration.

Peterson, A. L., Rice, A., McNeil, M., Cosare, M., **Borntrager, L.**, Persaud, K., Salach, J., Rosler, M. A., Gryglewicz, K., & Karver, M. S. (2020). Development and evaluation of the LINC training program and care coordination intervention. In Schuck, A., Peterson, A. L., Monahan, M. F., Bender, A. M., Rice, A., Le, K., Miller, R. H., Salach, J., Orlowski, E. W., Persaud, K., Ruiz, M., McNeil, M., **Borntrager, L.**, Cosare, M., Rosler, M. A., Wilson, R., Brennan, R., Sullivan, B., Gaudette, S., Shukla, Y., Hangartner, R., Gryglewicz, K., & Karver, M. S. (Eds.), *The Florida Linking Individuals Needing Care (FL LINC) project 2020 final report* (pp. 246-279). The Substance Abuse and Mental Health Services Administration.

CLINICAL EXPERIENCE

Kinder Konsulting & Parents Too

Orlando, FL

Psychotherapist

January 2020- July 2020

- Counseled children/families based on individual needs and presenting problems, using play/talk therapy to reduce symptoms of mental illness and improve capacity for coping (using mainly CBT/DBT)
- Educated families on the topics of mental health diagnoses, symptoms, child development, treatment modalities, and steps parents/guardians could take to aid in the growth and treatment of their child

Central Florida Behavioral Hospital

Orlando, FL

Therapist

July 2018- January 2020

- Conducted in-depth biopsychosocial assessments with new patients, analyzing factors that contribute to mental illness and assessing for suicide risk and protective factors, to provide superior individualized treatment during inpatient stay
- Developed individualized treatment plans with patients that emphasizes strengths and development of positive coping skills, contributing to a reduction in suicidal thoughts and improvement in mental health
- Facilitated group therapy sessions utilizing various clinical modalities (CBT/DBT mostly) to improve patient's mood and symptoms while promoting positive peer support
- Counseled patients based on individual needs and presenting problems to reduce symptoms of mental illness and relieve stress for those who are in crisis
- Educated patients and their families on the topics of mental health systems/laws, diagnoses, suicide risk, treatment, and community resources to enhance utilization of appropriate community resources, reducing unnecessary inpatient recidivism

University Behavioral Center

Orlando, FL

Inpatient Therapist Intern

January 2018- May 2018

- Conducted in-depth biopsychosocial assessments with new patients, analyzing factors that contribute to mental illness and assessing for risk and protective factors, to provide superior individualized treatment during inpatient stay
- Developed individualized treatment plans with patients that emphasized strengths and development of new positive coping skills, aiding in the reduction of suicidal thoughts and mental illness symptoms
- Facilitated group therapy sessions utilizing Dialectical Behavior Therapy, an evidenced-based treatment proven to assist in the reduction of mental health symptoms in patients with suicidal ideation

PHP/IOP Therapist Intern

August 2017- December 2018

- Developed individualized treatment plans with patients that emphasized strengths and development of new positive coping skills, aiding in the reduction of suicidal thoughts and mental illness symptoms,
- Facilitated up to four group therapy sessions daily utilizing Dialectical Behavior Therapy, an evidenced-based treatment proven to assist in the reduction of mental health symptoms in patients with suicidal ideation

Kids House of Seminole County

Sanford, FL

Child Advocate Intern

August 2016- May 2017

- Performed crisis interventions with children and their families that experienced abuse in a child friendly environment, reducing the trauma traditionally associated with law enforcement facilities
- Partnered with law enforcement agencies, the state attorney's office, medical personnel, child protection professionals, social workers, and licensed mental health counselors to provide best care for children in crisis
- Assessed for safety by analyzing individual risk and protective factors for children experiencing crisis and advocated for the rights of child victims in the child welfare and justice systems
- Outperformed previous interns by having the highest individual caseload

TEACHING EXPERIENCE

University of Central Florida, School of Social Work

2020-present

Courses Taught:

- SOW 4343 Macro-Level Roles & Interventions in Social Work (F2F/Virtual, Undergraduate)
- SOW 3620 Culturally Competent Social Work Practice (F2F, Undergraduate)
- SOW 6433 Clinical Evaluation in Social Work Practice (Virtual, Graduate)

Teaching Assistant:

- SOW 4912 Suicide Prevention Research (F2F, Undergraduate)
- SOW 5917 Suicide Prevention Research (F2F, Graduate)

- SOW 4903 Honors Directed Readings I (F2F, Undergraduate)

Virginia Commonwealth University, School of Social Work

2025

Teaching Assistant:

- SWKD 702 Introduction to Quantitative Data Analysis (F2F, PhD)

SKILLS

Clinical Assessments: Patient Health Questionnaire-9 (PHQ-9), Patient Health Questionnaire- 2 (PHQ-2), Columbia-Suicide Severity Rating Scale (C-SSRS), Trauma Symptom Checklist for Children (TSCC), HITS Domestic Violence Screening Tool, Household Food Insecurity Access Scale (HFIAS), Suicide Risk Assessment

Clinical Modalities: Dialectical Behavior Therapy, Cognitive Behavioral Therapy, Trauma-Focused Cognitive Behavioral Therapy, Play Therapy, Art Therapy, Crisis Intervention, SBIRT

Computer Programs & Software: IBM SPSS Analytics & Statistics, Mplus, REDCap, Microsoft Office Suite, Qualtrics Survey Software, Survey Monkey, Adobe Creative Suite, Canvas for Higher Ed (Instructure), PeopleSoft, Huron Grant Management, Cobblestone, Workday, Canva

General Skills: Digital design (marketing materials/timelines/flowcharts/infographics), Professional manual/guide design & writing

PROFESSIONAL DEVELOPMENT

CERTIFICATIONS/WORKSHOPS/TRAININGS

AFSP Research Connection, *Suicide Risk and Persons with Psychosis: Affective and Neural Factors* 12/2023

988 Formative Research, *Messaging and Communications about 988 to People at Higher Risk for or Disproportionately Impacted by Suicide* 11/2023

American Psychological Association, *Science Training Sessions (multiple webinars)* 2-10/2023

Tampa Bay Center for Cognitive Behavioral Therapy, *Dialectical Behavior Therapy Advanced Training (2 days)* 2/2023

Annenberg Inclusion Initiative, *A Conversation on Mental Health in Entertainment* 5/2022

Tampa Bay Center for Cognitive Behavioral Therapy, *Dialectical Behavior Therapy Core Training (Part 2, 3 days)* 5/2022

Tampa Bay Center for Cognitive Behavioral Therapy, *Dialectical Behavior Therapy Core Training (Part 1, 3 days)* 3/2022

CAMS- Care, *Why do Black Males Consider Suicide?* 3/2022

Suicide Prevention Resource Center (SPRC), *Lived Experience Leadership and Peer Support Services* 8/2021

International Academy of Suicide Research/American Foundation for Suicide Prevention, <i>Research Training Series: Implementation Science</i>	7/2021
Jaspr Health, <i>What Makes Suicide Crisis Coping Plans Effective? Science and Expert Opinion</i>	6/2021
TBD Solutions, <i>MythBusters: Uncovering Truths About Behavioral Health Crisis Care</i>	5/2021
Substance Abuse and Mental Health Services Administration, <i>Planning for Care Transitions: Using Best Practices to Improve Care for Individuals with Suicide Risk Webinar</i>	5/2021
Substance Abuse and Mental Health Services Administration, <i>Jumpstarting Your Zero Suicide Grant (cohort 4)</i>	5/2021
Substance Abuse and Mental Health Services Administration, <i>SPARS Training</i>	5/2021
Collaborative Institutional Training Initiative, <i>Human Subjects Research Basic Course (renewal)</i>	5/2021
CDC/American Foundation for Suicide Prevention, <i>Public Health Grand Rounds: Suicide Prevention During COVID and Beyond Webinar</i>	3/2021
CAMS-Care, <i>404 ERROR: Mistakes We Need to Stop Making in Suicidology Webinar</i>	3/2021
American Foundation for Suicide Prevention, <i>Suicide Prevention in Healthcare Settings Webinar</i>	2/2021
Crisis Residential Association, <i>Is it Worth it? Framing Return on Investment in Crisis Services Webinar</i>	1/2021
BSAS Statewide Virtual Substance Use Prevention Conference, <i>Acknowledging the Impact of Racism on Community Health and Prevention: Making Our Work More Restorative</i>	12/2020
CAMS-Care, <i>Adolescent Suicide Prevention Webinar</i>	11/2020
International Academy of Suicide Research/American Foundation for Suicide Prevention, <i>Suicide Prevention Research Methods Training Series for Early Career Researchers</i>	10/2020
DBT Institute of Michigan, <i>5-Day Comprehensive DBT Training</i>	07/2019
National Council for Behavioral Health, <i>Youth Mental Health First Aid Training</i>	04/2019
Suicide Prevention Resource Center (SPRC), <i>Counseling on Access to Lethal Means (CALM) Suicide Prevention Training</i>	02/2019
Florida Implementation of the National Strategy for Suicide Prevention, <i>LINC Care Coordination Training</i>	01/2019
QPR Institute, <i>Question, Persuade, Refer, Treat (QPR-T) Training</i>	01/2019
QPR Institute, <i>Question, Persuade, Refer (QPR) Training</i>	12/2018

Florida Implementation of the National Strategy for Suicide Prevention, <i>LINC to Life (L2L) Safety Planning Workshop</i>	08/2018
National Child Traumatic Stress Network, <i>Supporting Military Children with Traumatic Grief</i>	04/2018
National Child Traumatic Stress Network, <i>Poly-victimization & Sexual Exploitation of Young Boys & Men</i>	02/2018
National Child Traumatic Stress Network, <i>Traumatic Separation in Children & Adolescents</i>	02/2018
National Child Traumatic Stress Network, <i>12 Core Concepts for Understanding Traumatic Stress Responses in Children & Adolescents</i>	01/2018
Zero Suicide Institute, <i>Assessing and Managing Suicide Risk (AMSR) Training</i>	07/2018
National Crime Victims Research and Treatment Center, <i>TF-CBT Web</i>	12/2017
Collaborative Institutional Training Initiative, <i>Human Subjects Research Basic Course</i>	09/2016

PROFESSIONAL EVENTS/CONFERENCES

Suicide Research Symposium (SRS) 5th Annual Conference - Presented research findings - Attended online workshops and symposiums on emerging research in the study of suicidality	Virtual	April 2026
Society for Social Work and Research 30th Annual Conference Attended online workshops and symposiums on emerging social work research	Washington, DC	January 2026
Suicide Research Symposium (SRS) 4th Annual Conference - Presented grant research findings. - Attended online workshops and symposiums on emerging research in the study of suicidality	Virtual	April 2025
Society for Social Work and Research 29th Annual Conference Attended online workshops and symposiums on emerging social work research	Seattle, WA	January 2025
Suicide Research Symposium (SRS) 3rd Annual Conference - Presented grant research findings. - Attended online workshops and symposiums on emerging research in the study of suicidality	Virtual	April 2024

Florida Behavioral Health Conference Orlando, FL August 2023

- Promoted the FL LEADS project by tabling and networking with behavioral health professionals to build partnership and strengthen interagency connections
- Attended workshops and symposiums on emerging behavioral health initiatives and theories, leading to a greater understanding of competent practice/care

Suicide Research Symposium (SRS) Virtual June 2023
2nd Annual Conference

- Presented grant research findings on the topic of suicide gatekeeper training impact on social norms and different work roles.
- Attended online workshops and symposiums on emerging research in the study of suicidality, leading to a greater understanding of competent practice/care and inspiration for future research

Suicide Research Symposium (SRS) Virtual June 2022
Inaugural Conference

- Attended online workshops and symposiums on emerging research in the study of suicidality, leading to a greater understanding of competent practice/care and inspiration for future research

National Association of Social Workers (FL) Orlando, FL June 2022
Annual Conference

- Presented grant research findings on the topic of Care Coordination/suicide prevention program outcomes
- Attended workshops and symposiums on emerging research in the study of social work practice, leading to a greater understanding of competent practice/care and inspiration for future research

The Florida Suicide Prevention Tampa, FL February 2022
Coalition Conference

- Presented grant research findings on the topic of Care Coordination/suicide prevention
- Attended workshops and symposiums on emerging research in the study of suicidality, leading to a greater understanding of competent practice/care and inspiration for future research

Society for Social Work and Research Washington, DC January 2022
26th Annual Conference

- Presented grant research findings on the topic of Black youth suicide/suicide prevention
- Attended workshops and symposiums on emerging mental health research, leading to a greater understanding of competent practice/care and inspiration for future research

Florida Behavioral Health Conference Orlando, FL August 2021

- Promoted the FL LEADS project by tabling and networking with behavioral health professionals to build partnership and strengthen interagency connections
- Attended workshops and symposiums on emerging behavioral health initiatives and theories, leading to a greater understanding of competent practice/care

- | | | |
|--|------------------------|---------------|
| American Association of Suicidology Conference (AAS21) | Orlando, FL | April 2021 |
| <ul style="list-style-type: none">● Presented grant research findings on the topic of Black youth suicide/suicide prevention● Attended workshops and symposiums on emerging research in the study of suicidality, leading to a greater understanding of competent practice/care and inspiration for future research | | |
| IASR/AFSP International Summit on Suicide Research | Miami, FL | October 2019 |
| <ul style="list-style-type: none">● Presented on grant research findings on the topic of suicide prevention● Attended workshops and symposiums on emerging research in the study of suicidality, leading to a greater understanding of competent practice/care and inspiration for future research | | |
| Florida Medical-Legal Partnership Summit | Orlando, FL | June 2019 |
| <ul style="list-style-type: none">● Represented the FINS project in networking and establishing partnerships in the community● Collaborated with other attendees on problem-solving activities meant to foster greater interdisciplinary partnerships between agencies that care for individuals with social welfare needs | | |
| Mental Health Awareness: Understanding Suicide | Altamonte, FL | October 2018 |
| <ul style="list-style-type: none">● Supported grant staff in the participation of a panel discussion on the topic of childhood suicidality● Networked with local agencies from a variety of public sectors (e.g., healthcare, criminal justice, behavioral health) to establish community partnerships for the FINS project | | |
| Florida Behavioral Health Conference | Orlando, FL | August 2018 |
| <ul style="list-style-type: none">● Contributed to the organization of a conference workshop on the topic of suicide prevention● Attended workshops and symposiums on emerging behavioral health initiatives and theories, leading to a greater understanding of competent practice/care | | |
| Field Study: Social Work Perspectives of Sexuality Abroad | Amsterdam, Netherlands | June 2017 |
| <ul style="list-style-type: none">● Examined the perceptions, definitions, and experiences of sexuality in society within the U.S. and abroad.● Explored the biopsychosocialspiritual perspectives of human sexuality by critically examining the role, value, and variations of human relationships● Investigated the extent to which a culture's structures and values may oppress, marginalize, alienate, or create privilege and power | | |
| Interpersonal Education (IPE) Events | Orlando, FL | February 2017 |

- Assessed psychosocial factors related to presenting illnesses in a Simulated Patient Team with the UCF College of Medicine and University of Florida's College of Pharmacy
- Advocated for the importance of examining social factors in patients presenting with medical illnesses

PROFESSIONAL ACTIVITIES AND SERVICE

Doctoral Student Association President 2026-2027, *Virginia Commonwealth University, School of Social Work*

Radical Alliance for Anti-Racism, Change and Equity (RAACE) Co-Chair 2025-2026, *Virginia Commonwealth University, School of Social Work*

School of Social Work Governance and Ordinance (G&O) Committee Member 2025-2026, *Virginia Commonwealth University, School of Social Work*

School of Social Work Doctoral Program Committee Member 2025-2026, *Virginia Commonwealth University, School of Social Work*

Doctoral Student Association Vice President 2025-2026, *Virginia Commonwealth University, School of Social Work*

Mental Health Respite Center Fundraising Committee Member/Volunteer 2023-2024, *Peer Support Space/Ava's Casita Peer Respite Center*

School of Social Work LGBTQ+ Committee Member 2023-2024, *University of Central Florida, School of Social Work*

Project BEST (Building Exemplary Scholars for Tomorrow) Mentor 2021-2022, *University of Central Florida*

AFSP Field Advocate 2020-present, *American Foundation for Suicide Prevention (AFSP)*

Seeking Educational Equity and Diversity (SEED) 2019-2020 Cohort Member, *University of Central Florida*

Sustainability Community of Practice 2019 Member, *Suicide Prevention Resource Center*

Master of Social Work Student Association at UCF 2017-2018 Board Member, *University of Central Florida*

AWARDS/HONORS

May 2026: School of Social Work Service and Leadership Award, *Virginia Commonwealth University*

April 2025: 1st place winner in Social Sciences, Business, and Education (Does trauma type matter when evaluating adult suicide risk level?), *The 28th Annual Graduate Research Symposium at Virginia Commonwealth University*

March 2023: Judges' Choice Award (Examining distinct suicidal crisis triggers in individuals who struggle with substance misuse), *University of Central Florida Student Scholar Symposium (Mentor of Rusch, J./Co-author)*

May 2022: 30 Under 30 Award Winner, *University of Central Florida Alumni Association*

March 2022: Judges' Choice Award (Prevalence of Risk Factors and Protective Factors for Suicide in Adults Before and During the Start of the COVID-19 Pandemic), *University of Central Florida Student Scholar Symposium* (Mentor of Anjum, R., Santaliz, A./Co-author)

March 2021: Exemplary distinction (Associations Between Adverse Childhood Experiences and Suicide Risk Factors and Warning Signs), *University of Central Florida Student Scholar Symposium* (Mentor of Cieplensky, A./Co-author)