

Building Relational Capacity Lessons/Activities

Three About Me

- Materials needed: index cards or small pieces of paper

Ball Name Toss

- Materials needed: a ball to pass around

Alliterative Awesomeness

- Materials needed: NONE

Vote With Your Feet

- Materials needed: NONE

Four Corners - Failure

- Materials needed: paper for quickwrite

Visual Name Tents

- Materials needed: Have students submit digitally to you in a Canvas message

Numbers Field

- Materials needed: Numbers 1-30 written down and cut out in small (2 inch) squares

Head, Shoulders, Knees, Toes, Cups

- Materials Needed: Plastic cups - enough for 1 per student

Speed Conversations

- Materials Needed: NONE

Dice Breakers

- Materials Needed: Dice (or have students use a digital dice roller by simply looking one up online)

Partner Drawing Activity

- Materials Needed: Mini whiteboards/markers/erasers OR paper

Bio Poem

- Materials Needed: Paper for each student

Brain Teasers

- Materials Needed: NONE