

Regents Rank One Athletic Forms

DUE JULY 18, 2025

All incoming 7th-12th grade students that will be participating in a Regents sport during the 25-26 school year must complete Rank One athletic forms before the first day of practice. No student may participate in any sport without having completed all required forms. Athletic physicals are valid for one year and must remain current through May 22, 2026. **Your student's physical must be dated between May 22, 2025 and July 18, 2025. All Fall/Winter/Spring athletes must have a physical between these dates.**

Required Steps for Students to be Eligible to Participate in Athletics

ALL of the following online forms must be completed electronically.

Paper or emailed copies of physicals will **NOT be accepted. You need to upload your forms to your Rank One account. [Click Here to access Rank One Website](#) **check link****

Your student athlete will need to be present when you complete these forms.

Location:	Form:	Who completes the form:	Links and Information:
Rank One	Medical History/ Physical form	Filled out by physician and uploaded to Rank One by parent	FORM LINK
Rank One	Sports Medicine Policies	Filled out by parent and student	Injury Protocol concussion protocol Doctor's clearance note
Rank One	Sway Test	Completed by Sports Medicine Staff on campus. Your child will be contacted at the beginning of their season to complete the test.	Note: Your student-athlete's Rank One account will say "ineligible" until the Sports Medicine team performs the baseline "SWAY" concussion testing prior to the first day of practice.

Frequently Missed Steps:

- Be sure you have at least one sport selected for your child.
- Before uploading your medical history/physical form, double check the following for accuracy
 - Does it have your student's full name
 - Have you and your child signed the bottom left hand corner
 - Is it dated
 - Is the clearance status checked
- If your upload is denied, it is most likely you have uploaded the documents twice. You will get a personal email if we need any additional information for your child.

For any questions please email @ sportsmedicine@regentsaustin.org